

BERNINA
Just SEW IT!

Guest Towels

Created by Catherine Gross

Brighten up your powder room with these cheerful guest towels.



A simple name or monogram with a colorful coordinating ribbon border make these towels easy to make and great for gifts!

Supplies

Machine & Accessories

- BERNINA embroidery machine
- Medium or Large Hoop
- Any BERNINA sewing machine
- Edgestitch Foot #10/10C/10D

Fabric & Notions

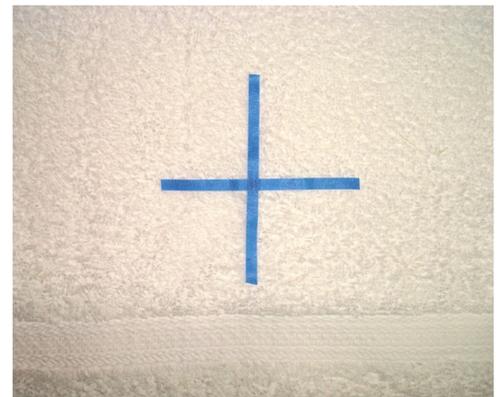
- White hand towel with woven band
- Striped ribbon wide enough to cover the band
- OESD Tear-Away stabilizer
- OESD AquaFilm topping
- 505 Temporary spray adhesive
- Isacord embroidery thread in a color that coordinates with the ribbon
- Low adhesive tape such as painter's tape or drafting tape
- Wonder 2-sided tape

Hooping the Towels

Using the temporary spray adhesive, bond one to two layers of the stabilizer to the wrong side of the towel.

Mark the center of the towel as desired above the woven band. *Note: Fabric marker or chalk does not work with the looped pile of terrycloth. Use narrow strips of tape to mark the desired location of the center of the design. After attaching the hoop and getting the towel positioned for stitching, **remove the tape before beginning to stitch.***

Position the design above the band as desired, centered from side to side



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Loosen the set screw on the hoop. Position the stabilized towel over the outer hoop and lay the towel over it, positioning the marked center in the center of the hoop. Push the inner ring all the way down into the outer ring. Tighten the set screw.

Alternative “Hooping” Method

Hooping the towel and stabilizer as one is the best method for preparing the towel for embroidery. This ensures that the monogram and/or design stitches properly. However, if the towel is too thick to fit between the inner and outer hoop, this alternative preparation method can be used.



Place inner hoop on stabilizer. Pick up and insert both into the outer hoop.



Put the inner hoop into the outer hoop, “walking” your fingers around the edges to make sure it is completely in place.



Once the stabilizer is in the hoop, tighten the set screw.



Spray the area inside the hoop with temporary spray adhesive. *Tip: Cover the hoop edges with a strip of aluminum foil to protect it from the spray*

Once the stabilizer is hooped and sprayed, attach it to the machine.

Smooth the towel over the stabilizer, positioning the marked center in the center of the hoop.

Stitching the Monogram or Words

Select the letter(s) of your choice; arrange them on the screen of your embroidery machine as desired.

Once you confirm that the design/letter center is aligned with the marked center on the towel, (use the hoop template and the Trace or Check feature of your machine), remove the tape.

Cut a piece of AquaFilm Topping large enough to fit over the design/monogram area. Secure it by pinning or stitching along the inside edge of the hoop (use the Basting Box feature of your machine if available). Note: You can also moisten the corners of the topping to make it sticky and adhere it to the towel.

Stitch the design or monogram on the towel.

Remove the hoop from the machine and remove the towel from the hoop. Gently tear away the excess stabilizer from the back of towel. Also tear or cut away the excess topping from the front of the towel. Dampen or rinse the towel to completely remove the remainder of the topping.

Ribbon Trim

Position the ribbon over the woven band of the towel. *Tip: Use Wonder double-stick tape on the wrong side of the edges of the ribbon to hold it in place. Fold the short ends under.*



Using Edgestitch Foot #10/10C/10D, stitch ribbon to the towel