

Create 15 Beautiful Trapunto Designs with Dimensional Stitching

The look of traditional Trapunto can be achieved entirely on the embroidery machine in just two simple steps! Layers of embroidery thread create dimension instead of the traditional stuffing or batting, and the results are quick and beautiful.

The embroidery pattern is first stitched onto water-soluble stabilizer, then a top and bottom layer of fabric are added before the final outline is stitched. Wash away the stabilizer and you have a 3D design ready to be finished into a work of art!

Embroidery Formats Included:

.ART, .EXP, .DST, .HUS, .PCS, .PES, .SEW, .XXX

Supplies:

- 50-60 weight cotton thread, or 40-60 weight embroidery thread depending on the fabric and desired effect
- 1 top layer of fabric
- 1 bottom layer of fabric
- Wooly nylon thread in the bobbin
- 2 layers of water-soluble stabilizer (such as OESD AquaMesh Wash-Away)
- BERNINA Echo Quilting and CutWork Foot #44C

Creating the Trapunto Embroidery:

- Hoop 2 layers of water-soluble stabilizer
- Thread the machine with the desired thread, and attach presser foot #44C
- Select the motif, then start the machine (A)
- After completion of the stitching, remove the hoop from the machine but DO NOT unhoop the embroidery
- Spray a light layer of temporary spray adhesive onto the embroidery (face side up), to fix the top fabric to the raised embroidery pattern
- Repeat on the wrong side of the design with the bottom layer of fabric
- Re-attach hoop to the embroidery module
- Stitch the second step of the Trapunto design, the outline stitching (B)
- After completion of the stitching, unhoop the project and cut away the excess stabilizer close to the embroidery (C)
- Rinse stabilizer away with lukewarm water, and let the fabric dry well
- Rinse multiple times for a softer feel

