

BINDINGS


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BERNINA of America



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Bindings

 **b:** a narrow fabric used to finish raw edges

Today's Lesson

- How to do a Basic Binding
- Tips and Tricks to Perfect your Bindings
- Decorative Stitched Binding
- Bias Binder
 - Also Decorative Stitched




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Bindings

Things to think about when doing Bindings

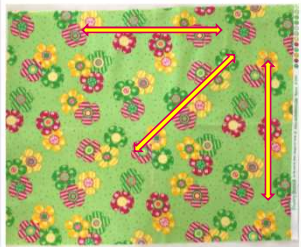
- Straight or Bias?
 - Your decision
- How wide do I cut it?
 - Your decision
- How much do I need?
 - All 4 sides plus 24" (45+45+60+60+24=234")
 - 234 divided by 42 = 5.5 rounded up to 6 strips X 2.5 = 15" of fabric
- How do I join the ends?



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Straight of Grain
Lengthwise Grain
(Length of Fabric)

Straight of Grain
Crosswise Grain
(Width of Fabric)

Bias

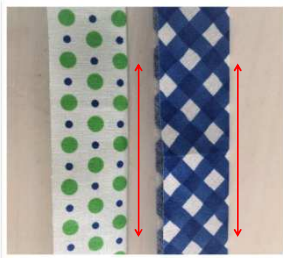


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Straight Cut
Binding will wear
along 1 thread on
the fold.



Bias Cut Binding
will wear along
many threads on
the fold.



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→ Fold into triangle with selvedge
edge even with cut edge



→ Fold up lower right point so that
you are folding the triangle in
half. Two folded edges are
together



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→ Trim off folds



→ Turn board to orientate fabric
→ Cut strips



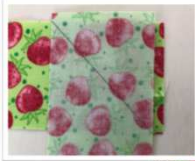
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Common Widths—2 1/2" or 2 1/4"



Seam strips with a mitered seam



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→ Trim Seam to 1/4"



→ Press seam open



→ Press Binding in half lengthwise



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→ Clean finish quilt edge if necessary

→ Narrow 3-Thread serged finish



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Checking the Seam Allowance



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Bindings

Fold binding at 45 degree angle—raw edges even

Fold binding back down so fold of binding is even with cut edge

Begin stitching at corner

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Stop about 12" from beginning

Pin in place, pinch together where ends meet

Make a snip on the underside

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Bindings

- Pivot fabric forming a square corner
- Make sure folds are perpendicular to each other
- Mark line from one valley to the other

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Stitch seam and trim to 1/4"



Finish stitching seam



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- Turn the binding to the back
- Secure with pins or binding clips



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- Manipulate a miter in the corner
- Fold the binding on one side to the back
- The end of the folded over binding will be a 45 degree angle
- Fold adjacent side to form the miter on the back



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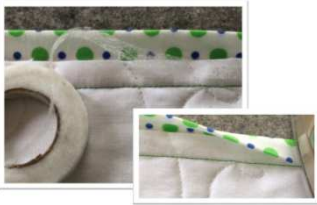
→ Attach Edgestitch Foot #10/#10C/#10D
→ Place guide in the ditch of the binding

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A Decorative Stitch Binding may be a little wider—cut 2 3/4" to 3 inches

Fuse binding on back side to stitching line

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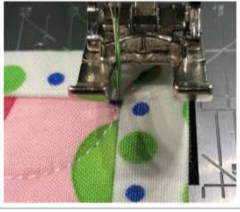
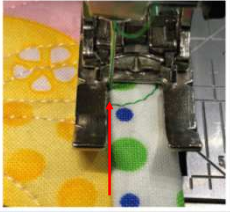
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→ Attach Open Embroidery Foot #20/#20C/#20D

→ Begin in a corner with needle far left

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→ Use Pattern End when close to corner

→ Turn Corner and use Pattern Begin

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Bindings

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Bindings

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Binder Attachment #88 and Binder Foot #95/95C

→ 28mm, 32mm, and 38mm
→ 1/4", 3/8" and 1/2" wide

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Bindings

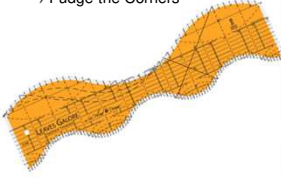
<https://youtu.be/WR1YWB35EAO>

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- Draw scallop on the quilt
- Fudge the Corners



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Clear Foot #34/#34C

- Straight Stitch
- Default Setting
- Place drawn line in center of the foot.
- Trim Quilt very close to stitching

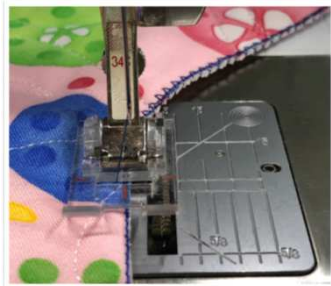


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- Select Zig Zag Stitch
- Default Width
- Lengthen to 2.5
- Line up cut edge with center of foot so the zigzag stitch falls off the edge



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Bindings with Binder Attachment #88



- Set up Binder on Machine
- Swing out Binder and begin loading
- Start with angled strip
- Use opening in binder to help move the fabric



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- Pull through first part where edges are turned in
- Pull completely through where the binding is folded in half

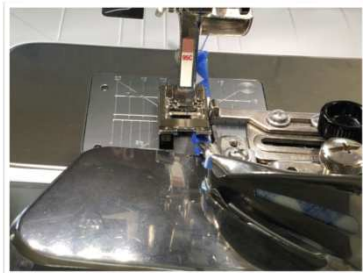


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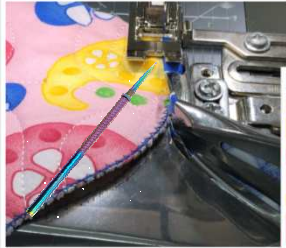
- Pull binding under foot
- Lower foot to hold in place
- Move needle position to the right to where it will catch both edges
- Stitch out several inches before adding quilt



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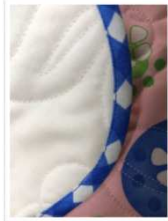
- Insert fabric edge into the binder
- Use stiletto if necessary



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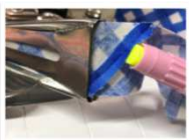


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Tips and Tricks



How to end when
back to the
beginning

- Spray starch fabric before cutting binding
- 1/8" Seams pressed open
- Glue down if necessary



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Trim 5" from Needle

Fold a 1/4" hem and glue in place

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Bindings

→ Invisible Applique Stitch 

→ Mirror Image 

→ Shorten length and narrow width as need be

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Cut width of binding	Bias Cut Binding*		
	0 to 200"	200 - 350"	350 - 500"
1"	1/2 yd	5/8 yd	3/4 yd
1 1/2"	5/8	3/4	7/8
2"	5/8	7/8	1
2 1/2"	3/4	7/8	1 1/8
3"	3/4	1	1 1/8
3 1/2"	7/8	1	1 1/4
4"	7/8	1 1/8	1 3/8
4 1/2"	7/8	1 1/8	1 3/8
5"	1	1 1/4	1 1/2

*The mathematical formula for this is: Multiply the number of inches around the quilt (the perimeter) by the width of your bias binding strips. Take the square root of that answer and add two inches. This is the size of the square you need to cut for bias binding.

<https://phoebemoon.com/tutorials/binding>

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