

Beginning Ruler Work Pot Holders

Supplies

3 Fat Quarters for 2 Blocks
1 Fat Quarter for Binding
1/3 yd 45" Warm and Natural
1/3 yd 45" Pellon 975 Insul Fleece
Interfacing*
Patchwork Foot #37, #37D, #57,
#57D, #97, #97D
Ruler Work Foot #72

Open Embroidery Foot #20, #20C
#20D
Reverse Pattern Foot with Clear Sole
#34/#34C
#90 Jeans Needle
Thread



Cutting

Center Nine Patch

Cut a strip from 2 Fat Quarters 2 x 22"
Cut 9 squares 2" X 2" from each strip

Borders

Cut 3 strips 2 1/2" X 22" from the third Fat Quarter
Cut 4-- 5" Lengths
Cut 4--9" Lengths

Backing and Batting

Cut 10" Squares (1 Warm and Natural and 2 Insul Fleece) for
each Pot Holder.
Cut 2--10" Squares from any of the fat quarters for backing



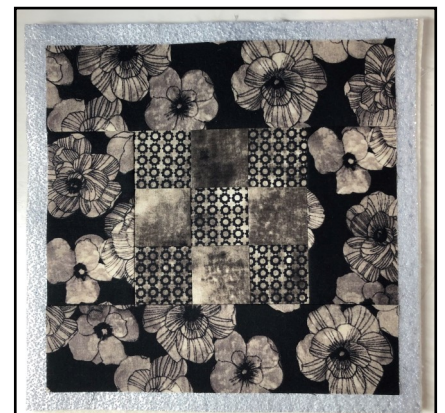
Binding

Cut 4 strips 2 1/4" X 22"

Construction

Attach the Patchwork Foot of choice and seam 2 nine patch
blocks. The placement of fabric will be opposite in the 2 blocks.
Add the Border strips to each nine patch for a 9" Block.

Layer the backing (wrong side up), 1 square of Insul Fleece
with the shiny side facing the backing, 1 Warm and Natural
and 1 square of Insul Fleece with shiny side up. Center the
block on top.

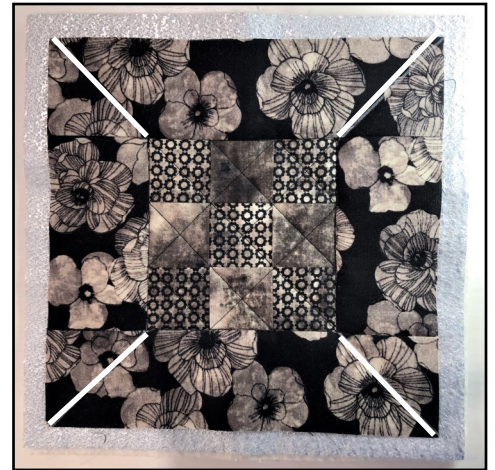


Quilting

Attach the Ruler Work foot to the machine.

Using a straight edge ruler, grid quilt the center nine patch.

Draw lines from each corner of the nine patch to the outside corner of the block.



Continue using the straight edge ruler. Begin stitching at an outside corner of the nine patch. Stitch a line to the outside edge of the block in the seam of the border as shown in Red . Continue across the border, spacing the lines 1/2" apart and stopping at the next corner of the nine patch. Quilt all four sides of the block, leaving the corners unquilted.



To quilt the corner, continue with 1/2" spacing. When you get to the diagonal line, stop with needle down. Pivot and stitch a line at 90 degrees. This line should end up 1/2" from the end line on the adjacent border. Continue until the corner is quilted.

Square the completed square to 8 1/2".



After squaring the block, stitch an off the edge zig zag around the block securing all the layers together. Do this by attaching Foot # 34/#34C to the machine and selecting the Zig Zag stitch. Lengthen the stitch to 2.5 and widen to 5. Place the edge of the fabric even with the red line in the center of the foot. Stitch round the block.

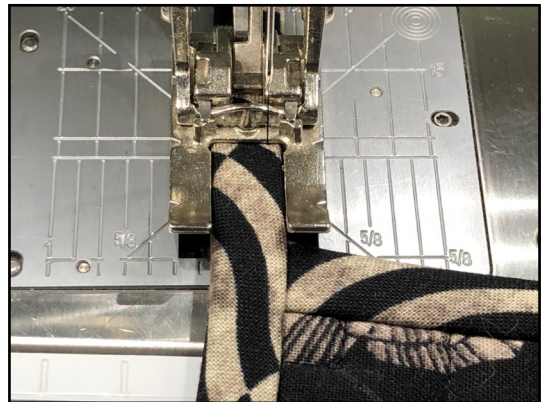


Stitch 2 binding strips together and press in half lengthwise.

Beginning at one corner, stitch the binding to the Pot Holder with a 1/4" seam. Trim the beginning end of the binding even with the Pot Holder. Fold this beginning end around to the back and pin in place. Stitch all the way around, crossing over the beginning, stitching a 3 1/2" tail of binding. Fold all the binding to the back. I like to hold in place with 1/4" Stitch Witchery. Continue the fold along the binding tail, folding in thirds.



Attach the Open Embroidery Foot #20. Place the binding tail under the foot. Move the needle to the right and close the binding tail with a straight stitch. Select a stitch to hold the binding in place, such as the zig zag stitch or the blanket stitch. Move the needle to a far left position. Adjust the length and width of the stitch to your liking. Beginning in one corner, stitch allowing the needle to fall off the edge of the binding on the left side. Fold the binding tail to form a loop and secure.



* Other insulating products may be used, however the Pellon 975 Insul fleece Interfacing is the only one I tested for heat.

