

# Shirt "Maïke"

## Modell 220-18

### Sizes 36-48



#### PRINT THE CUT

1. Open the pattern PDF and set the control square to Page 1 with the setting "Original size" on DIN Print A4 paper (US-Letter) (do not click on "Adjustment to page size"!)
2. Check the square – if it is 10x10 cm, print out the whole cut sheet.
3. Place all pages next to each other as indicated by the arrows and adhere them row by row along the boundary lines, then glue the rows together.
4. Compare the body measurements with the table measurements and cut out the cut parts in the appropriate size (the overview of the cut parts is on the pattern sheet). **Important:** Instructions do not include seam allowances, unless otherwise indicated.

#### SUPPLIES

- 1.1 – 1.2 m bamboo or cotton jersey, 145 cm wide
- Fabric lining G 710 (Vlieseline)
- 0.7 – 0.9 m ribbed tape with stripes
- 0.8 – 0.9 m plain ribbed tape
- 2 metal cord endings
- 2 eyelets, 8 mm in diameter (Prym)

Optional BERNINA accessories

- [Walking foot 50](#)
- Overlocker
- Coverstitch machine

#### CUTTING

- 1 1 × front part on the fold
- 2 1 × back part on the fold
- 3 2 × sleeve

Collar 44.6/46.2/46.8/47.4/48/48.8/49.6 × 6 cm, final width 3 cm.

#### INSTRUCTIONS

1. Sew the striped ribbed tape along the centre of the sleeves. Hem the sleeves with the coverstitch machine.
2. Sew the front edge of the sleeve right side on right side on the front part with a 4-thread overlock with integrated safety seam, making the markings meet. Sew the rear seam of the sleeve on the back part.
3. Iron an 8 cm-wide piece of fabric lining on the front centre of the outer edge of the collar. Punch holes at a distance of 3 cm each to the front centre; if necessary, reinforce the holes by sewing straight stitches around. Attach the eyelets. Close the collar to a ring. Place the long edges on top of each other, pin them on the T-shirt and sew them together with the overlocker, making use of the Height compensation tool in the area of the eyelets.
4. Continuously close the sleeve and the side seams. Hem the T-shirt with the coverstitch machine, alternatively, hem it with the double needle or the superstretch stitch of the sewing machine.
5. Insert the plain ribbed tape into the eyelets, fold the ends twice and topstitch them. Stick the metal cord endings over the tape ends and press them together, resp. cover the metal with fabric and jam it with a hammer blow.



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