

Dress "Nahla"

Model 221-34

Size 98-122



PRINT THE CUT

1. Open the pattern PDF and set the control square to Page 1 with the setting "Original size" on DIN Print A4 paper (US-Letter). (Do not click on "Adjustment to page size"!))
2. Check the square – if it is 10×10 cm, print out the whole cut sheet.
3. Place all pages next to each other as indicated by the arrows and adhere them row by row along the boundary lines, then glue the rows together.
4. Compare the body measurements with the table measurements and cut out the cut parts in the appropriate size. (The overview of the cut parts is on the pattern sheet.)

Important: Instructions do not include seam allowances, unless otherwise indicated!

SUPPLIES

- 0.8–0.9 m cotton fabric "Ida", 140 cm wide
- Woven interlining G 785
- 1 button, 12 mm in diameter

OPTIONAL ACCESSORIES

- BERNINA Embroidery machine
- [Free embroidery file](#)
- Tear-away stabiliser
- Spray glue
- [Jumbo embroidery hoop](#) or [Maxi Hoop](#)
- BERNINA Overlocker
- [Edgestitch Foot #10](#)
- Remnants of organza in different colours
- [Echo Quilting & CutWork Foot #44C](#)

CUTTING

- 1 1× front part on the fold
- 2 1× front part facing on the fold
- 3 2× back part
- 4 2× rear facing

Hem frill 140×16 cm, final width 8 cm. Loop 3.5×2 cm, final width 0.5 cm.

INSTRUCTIONS

1. Hoop the stabiliser in the embroidery hoop and fix the front part with spray glue. Embroider the motif, or, alternatively, copy the cutting piece 5 from the sheet and create the leaves and the stems in free-motion embroidery.
2. Close the shoulder seams and the seams of the frilled sleeves. Sew on the seam allowance of the inner frilled sleeve parts with long straight stitches. Fit the sleeves to the width of the armhole length. Sew in the frilled sleeves right side on right side in the same way like sewing a dart.
3. Close the dividing seam in the rear centre up to the slit marking and iron the seam allowances apart. Sew the loop and pin it to one side slightly beneath the rear centre so that the button will fit through later. Close the shoulder seams on the facings. Sew the facing right side on right side along the neckline and the slit edges. Clip the allowances in the curves and fold the facing inwards. Narrow-topstitch the neckline and the slit. Sew on the button.



INSTRUCTIONS

4. Finish the edges of the frilled sleeves with the rolled hem up to approx. 2 cm beneath the marking on the side seam. Finish the remaining side seam as usual and close the side seams up to the marking.
5. Close the hem frill right side on right side to form a ring and iron the long edges wrong side on wrong side along the fold. Fit the upper edge to the hem width within the seam allowance. Sew the frill right side on right side on the hem of the dress.
6. How to sew on the blossoms: For the organza blossoms, cut circles in various colours and diameters (approx. 3 up to 5 cm). "Neaten" the edges with a lighter. Place about 3–5 layers of organza on top of each other per blossom, fold the circles in half and then again in quarters. Fix the blossoms at the stems with pins. Attach the Echoquilt and CutWork Foot or any other Open Embroidery Foot and lower the feed dog. Sew on the organza blossoms in a cup-like way in free-motion embroidery technique.



made to create **BERNINA**