Shorts "Nia"

Model 223-26

Size 36–48

PRINT THE CUT

1. Open the pattern PDF and set the control square to Page 1 with the setting "Original size" on DIN Print A4 paper (US-Letter). (Do not click on "Adjustment to page size"!)
2. Check the square – if it is 10×10 cm, print out the whole cut sheet.
3. Place all pages next to each other as indicated by the arrows and adhere them row by row along the boundary lines, then glue the rows together.
4. Compare the body measurements with the table measurements and cut out the cut parts in the appropriate size. (The overview of the cut parts is on the pattern sheet.)
   Important: Instructions do not include seam allowances, unless otherwise indicated!

SUPPLIES

- 0.4–0.5 m modal sweatshirt fabric, 155 cm wide
- 0.7–1.0 m elastic band, 20 mm wide
- Bulky yarn SERAFLOCK (Mettler)
- BERNINA Overlocker L 890

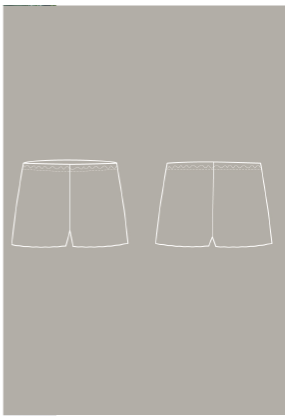
CUTTING

1 2× front part
2 2× back part

INSTRUCTIONS

1. Thread the overlocker for a 4-thread overlock or a 3-thread super stretch stitch.

2. Close the front centre seam and the side seams. Close the rear centre seam, leaving an opening for the elastic on one side of the inner waistband above the fold. Close the inner leg seams.

3. Finish the cut waistband and iron it to the wrong side along the fold, then topstitch it in place. Cut the elastic to comfort width, feed it into the waistband and close it to form a ring. Stitch the elastic along the side seams, the centre back and the centre front right through the waistband.

4. Hem the trouser legs by preparing the overlocker for a 3-thread rolled hem, thread the bulky yarn into the upper looper and reduce the tension. Test the settings on a fabric remnant. **Tip:** The more the fabric is stretched while sewing, the more the hem becomes puckered.