

Quilt for All Deurstikwerk vir Alma

POSTCARD TECHNIQUE QUILT

COMPILED BY LINDA VENTER FOR BERNINA RSA 2022

This challenge is an individual project, and all participants will be required to do 2 x postcard blocks per month. Each month's blocks will have an easy patchwork background with various decorative machine techniques on the background as per the monthly challenges. Each block must be quilted according to the month's challenge, and finished off with binding.

Required fabrics for the 12 x Postcard blocks:

You can use small off-cut pieces for most of the patchwork techniques, but should you need to purchase fabric, we would suggest that you get the following:

- 3 x fat quarters in 3 different colours for the patchwork
- 1m fabric for bias binding, should you want to do all the binding of the blocks in the same colour.
- 30cm Backing fabric 274cm wide.

PLEASE READ THE INSTRUCTIONS CAREFULLY AND DO WHAT IS REQUIRED FOR THE CHALLENGE!!

Challenge # 6 Raw Edge Reverse Appliqué

Make 2 x postcard blocks (8" x 10") following the instructions of each specific block.

You do not have to copy our designs, as long as you do the techniques that are specified for each block.

This is the final Quilt for All challenge for 2022.

Apart from doing the last two postcard blocks, you will need to turn this into a wall hanging and we cannot wait to see the end results.

Block 11



Block 12



Raw Edge Reverse Appliqué technique

Reverse Applique is an applique technique. In traditional applique, the design to be appliqued is placed on top of the background fabric and sewn in place.

For reverse applique, the fabric is layered and the top fabric is cut away and stitched in place to reveal the design.

This technique allows you to add interest and texture to your quilting project.

In traditional appliqué, the design to be appliqued is placed on top of the background fabric and sewn into place with a satin or blanket stitch.

For reverse appliqué, the fabric is layered, the design is stitched using an ordinary straight stitch, and the top fabric is cut away to reveal the appliqué fabric.

The fabric can be used in many layers to create more complex designs.

The advantage of using reverse appliqué over traditional appliqué, is that it is chunkier and has more texture, especially if you use several layers of appliqué fabric.

There are a few different finishes that you can do with reverse appliqué, but for our blocks we have decided to use the raw edge technique, as it is a small design and not something that you will wash often.

Block 11: "Moon Shadow"



- Stabilize the top layer with an iron-on stabilizer, but do not iron it on. You will iron it lightly when the appliqué is done.
- This is to prevent that the cut edges of the top layer fray, while working with it.



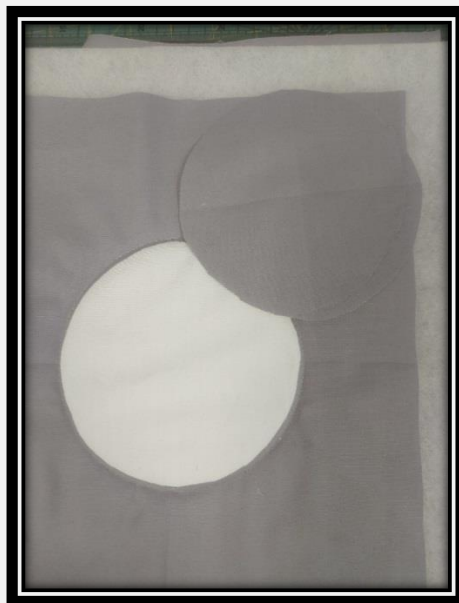
- Stitch the stabilizer with a ¼" seam allowance, all around the edge of the top layer, to prevent it from moving away, or forming any pleats, underneath the fabric.



- Sandwich your block – backing, batting, appliqué fabric and top layer.
- Draw the design on the top layer, and stitch on the design lines with a straight stitch.
- We used a circle ruler with ruler foot #72, to sew our circle.

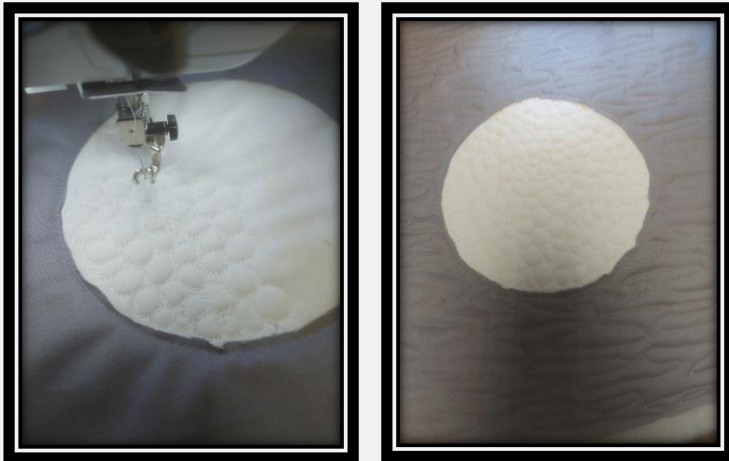


- Use a quick unpick to make a small cut in the top layer, to enable you to use your scissor.
- Cut the center piece out, fairly close to the stitching line.
- We used appliqué scissors to ensure that we do not by accident cut the appliqué fabric at the same time.

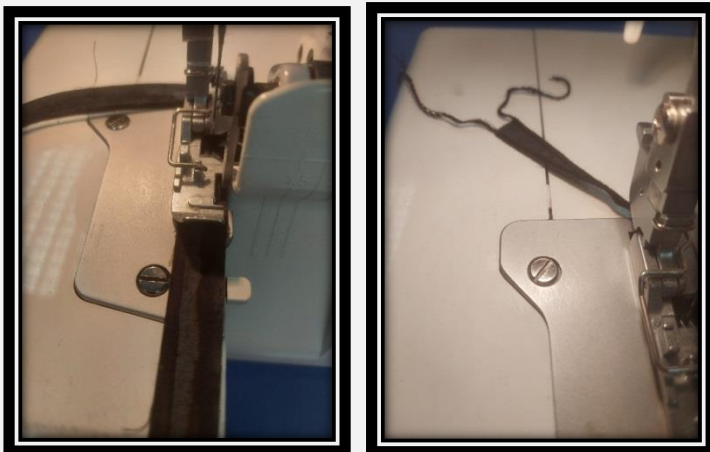


- Press lightly.

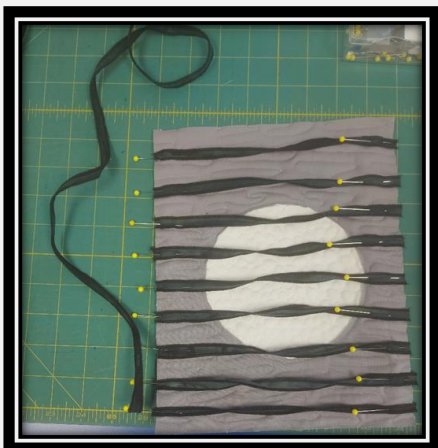
- Use free motion filler stitches and quilt the appliqué design as well as the rest of the block.



- We added some strips of fabric to the block to create a shadow effect.
- Cut 1.5 cm wide strips in a darker fabric.
- Finish the edges with a roll hem on the overlocking machine.



- Place them with regular intervals on the block, and pin in position.



- Baste in place on the edges of the block.



- Finish the block with binding.



Block 12: "Kaleidoscope Flower"



- Follow all the steps as for block 11

- Trace the design on the top layer.



- Sandwich the block.



- Stitch on the design lines with a straight stitch.
- We used the open free motion foot #24 to follow our design lines.



- Press lightly.
- Cut away the top layer.
- The small curved scissor worked wonders to cut away the small and hard to get areas.



- Use free motion filler stitches and quilt the block.



- Finish off with binding.



Finishing the wall hanging

Solid background quilt



- You will need a quilted background that you can place, and stitch your blocks in position.



- When stitching the blocks onto the quilt, use the edge stitch foot or walking foot with the edge stitch sole, and stitch on the inside of the binding.
- You may also use the blind hem stitch, and stitch the block on the outer edge of the binding. Ensure that the stitch just catch the binding, so that it is not visible.
- We also suggest that you use Mono Filament thread, so that the stitching will not be visible at all.

Postcard quilt wall hanging



You will need the following:

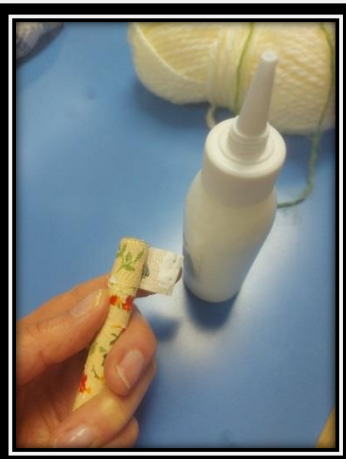
- Dowel stick
- Strips of fabric to cover the dowel stick
- Fabric glue
- Cord – buy the cord or make your own.
- Beads or weights, if you want to add these at the bottom of the cord.

Cover the rod / dowel stick.

- Cut 2cm strips of the fabric of your choice.



- Cover the rod by wrapping the fabric strips around the dowel stick. Place a small drop of fabric glue at the end part of the fabric to hold it in position.



- You can make eyelets in each corner to thread the cord through, but you can also sew the cord at the corners on the back of each block. This is the option that we have chosen for our quilt.



Enjoy the challenge and have fun!

Have fun making the two postcard blocks.

Well done! You have finished your Post Card Quilt.

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