

Winter Scarf – Machine or Overlocker

Created by Joy Harvey Qld Bernina Australia



Foot #95C



Binder #88

Optional Extra - Special attachment for Cover stitch machines.



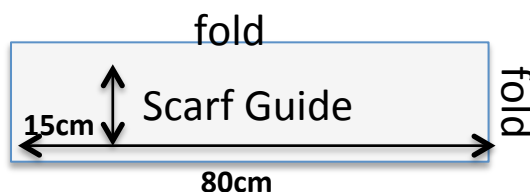
Materials List:

- 1 x 15cm x 80 cm piece of paper or Vilene to use as a scarf placement guide
- Plain and contrasting fabric to fill scarf guide
- Scraps of light weight wool knit or similar fabric for the contrasting bias strips

This winter scarf is easy to sew and always stays in place. The secret is in the final step. My friend Wendy from 'The Sewing Wave' at Burleigh Waters, originally gave me a scarf that was created on the overlocker. Since then I have made many with different types of fabric. It's the final step that makes it perfect.

Yes! You can now use the same Bernina binder attachment for the sewing machine on your Coverstitch Overlocker. With the help of a special attachment, you can now bind on your Bernina L220 or 1300 MDC.

The binder allows you the choice of making your own bias binding. For the scarf I used the Bernina Bias Binder #88 **Note:** For the sewing machine you will need the Bernina Binder #88 as well as the Binder foot #95C.



Method: Cut out the scarf placement guide. Check it against your body to see if it is the length and width you require. Make any adjustments, depending on your personal choice. I used light weight knit have the scarf wrapped twice around the neck. From your stash, cut enough plain and contrast fabric in different lengths, 30cm wide to fill the length of the scarf guide.

(a) Lay out all the fabric pieces in order of preference. Straight stitch the pieces together to keep them in the desired order.

For the Sewing machine:

(b) Attach the Binder and Presser foot 95 to Sewing Machine and position the binder arm just in front of the presser foot .and secure.

Note: Always do a test run first to make sure the cut size and weight of the bias strip works with the binder size that you are using.

Cut across the short end of the bias strip to form a point and gently push through to the end of the binder. A pair of tweezers may help. With the presser foot in the up position, pull the fabric under the foot and stitch a few cm. If necessary, move the needle position over so you make sure you catch the bias strip.

(c) Place the seam line of the scarf right side up along the side of the attachment so that the bias strip and the scarf are feeding together.

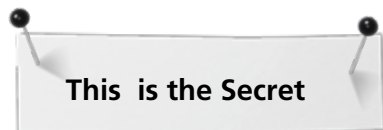
Note: The binder attachment folds the under-edge a little wider.

Contrast Fabric: Cut enough bias strips. to cover each join of the scarf. (d) Trim away all excess fabric.

Remove the Attachment and presser foot. Replace the presser foot 1/1D and select straight stitch.

(e) Fold the scarf in half, right side together to form a tube. Straight stitch along the raw edge matching seams lines. Turn through.

(f) At the short end, push the tube back inside itself.

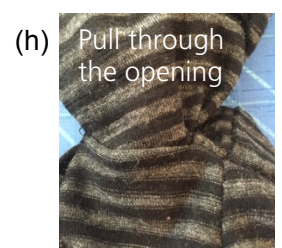
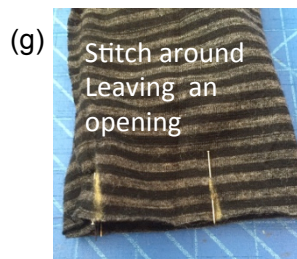
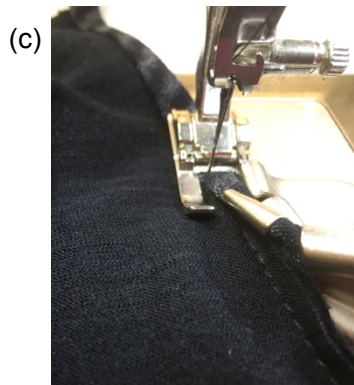
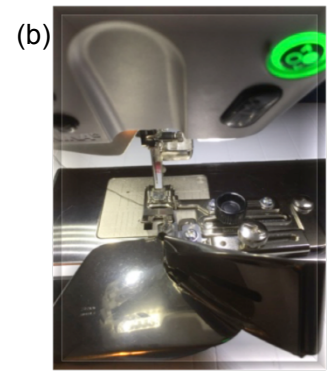


(g) Stitch around the short end leaving a 4cm opening.

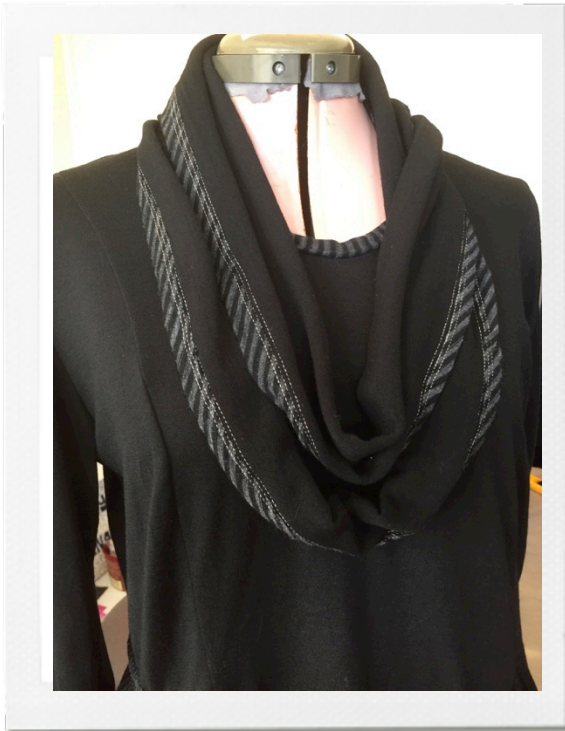
(h) Pull the tube through to the right side

(i) Close the opening with a small zigzag stitch or sew by hand.

You have completed the scarf.



Winter Overlocker Scarf



Materials List

- 2 x 15cm x 80cm light weight knit fabric
- 40cm of Contrast fabric of light weight wool knit or similar fabric (what ever you have in your stash)



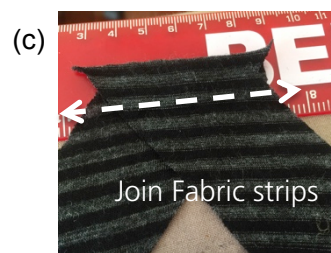
Method:

(a) From the fabric, cut one scarf length (remember to cut on the fold down the length and at the short end). Check against your body the length and the width of the scarf. Make any adjustments, depending on the type of fabric and your personal choice. The scarf wraps twice around your neck.

Bias Strips.

(b) From the contrast fabric cut a number of strips the right size for the binder and long enough to run the length of the scarf. (I cut my strips 38mm)

(c) To Join the bias strips, place right sides together sew on the marked line to make a diagonal seam.



Attaching the Binder:

Coverstitch Overlocker - Thread the three Needles of the Coverstitch. If your preference is for two needles just take out the third needle. (See your manual for threading details)
For attaching the binder to your Overlocker, follow diagrams d, e, f and g.

Fold the scarf wrong sides together and stay stitch the raw edges together with your sewing machine along the length of the open side.

Note: Always do a test run first to make sure the cut size and weight of the bias strip works with the binder size you are using.
Top help insert the bias strip, cut across the short end of the bias strip to form a point and gently push through to the end of the binder. A pair of tweezers may help. With the presser foot in the up position, pull the fabric under the foot and cover stitch for approximately 3cm.

(h) Butt the raw edges of the scarf along the side of the attachment so that the bias strip and the scarf are feeding together.

Note: The binder attachment folds the under-edge a little wider.

(i) Coverstitch the full length of the Scarf.
Turn through.

(j) At one short end, push the tube back inside itself.

This is the secret

(k) Stitch around the short end leaving a 4cm opening.

(l) Push the tube through the opening to the right side.
Finish opening with a small zigzag or stitch by hand.

You have complete the scarf.

