

Icy-Pop Holders



One of the easiest ways for kids to cool down on a hot summer's day is with some nice icy-cold fruit pops. The only problem being that their hands get cold and their fingers get all sticky. These simple and easy to make icy-pop holders can fix all that.

You can use them over and over again as they are machine washable and will save you having to use a paper towel each time so it will be better for the environment.

They can easily be made using an old hand towel or face washer, some fun bits of fabric and a little bit of time. You can even involve the kids by letting them to choose the fabric and even help with the sewing. It's sew simple.

Method

- For each Icy-Pop holder you will need to cut one piece of towelling and one piece of cotton fabric 13.5cm square. Cut a few out at a time as you always need more than just one.



Materials List

- Old handtowel or scraps of towelling cut into 13.5cm (5 1/4") squares
- 13.5cm (5 1/4") squares Cotton fabric, printed or plain
- Thread to match
- 7.5cm (8") strip of Velcro, both sides
- Jeans needles
- Sewing machine



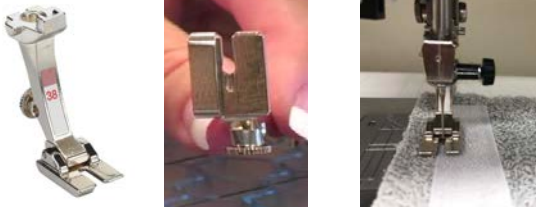
Set up machine.

- Change needle to a Jeans 80. This is a sharp needle and will sew through the Velcro much easier.
- Wind a bobbin with matching thread and thread up machine.
- Cut Velcro into 7.5 cm (3") strips. Both hook and loops.
- Place fabric and towelling on the table, right sides up.
- Separate Velcro strips. Place smooth side (loops) onto the fabric and rough side (hooks) onto towelling, 1.2cm (1/2") in from the right hand side and up from the bottom edge. Pin into place



- Stitch around all four sides of the Velcro, close to the edge on both the print and towelling.
- Tip for sewing Velcro.** If you have problems sewing through the Velcro with your normal sewing foot, try using Piping Foot #38.

- The sole of the Piping foot is higher on the right side, allowing thick fabric layers to be fed under this side of the foot while the left side of the foot holds the adjacent thin layer in contact with the feed teeth, resulting in a nice even feed.



- Place icy-pole in the centre of the towelling.
- Fold fabric firmly around the icy-pole and connect the Velcro.



- Place the right sides of both fabric and towelling together, making sure that the Velcro is on opposite sides from one another.
- Pin into position.
- Using 6mm (1/4") seam allowance, sew around the outside edge, leaving an opening of approx. 6cm (2 1/2") on one side. Make sure to secure at the beginning and end.
- Trim across the four corners, being careful not to cut the stitching.



- You are now ready to treat the kids, young or old to a refreshing icy-pole with no more cold hands or sticky fingers to worry about.
- Enjoy!



- Turn through to the right side.
- Push out corners to form a nice point.
- Turn in seam at the opening and press.
- Sew around the four sides close to the edge, reversing at the beginning and end to secure.

