Ted Bear

It's picnic time for Teddy Bears.

Everyone loves a snuggly, cuddly teddy or two so why not make a new friend for your collection and plan Teddy Bears Picnic. Grab a picnic rug, some yummy treats, and enjoy some special time together.

Materials List

- Fabric of your choice for body
- Small pieces of fabric for eyes (white) and nose (black)
- Thread to match fabric
- Fibre filler
- Size 80 universal or Jeans Needle
- Vliesofix for eyes and nose
- Tear away stabilizer
- Sewing machine
- Patchwork Foot 37
- Open Embroidery Foot #20 for applique
- Pins
- Scissors
- Hand sewing needle

Method

Choosing the fabric to make Ted Bear can be so much fun. He can be made out of fabric scraps, an old blanket or even a garment you may not wear any more. Jumpers are especially great as they are soft and snuggly.

- Print and cut out pattern pieces.
- From main fabric: Cut 2 x body pieces and 2 sets of arms.
- For eyes and nose – trace pattern pieces onto the smooth side of Vliesofix.
- Iron Vliesofix onto the wrong side of chosen fabrics. White for eyes and black for nose. Be careful when ironing to make sure you don't iron on the wrong side of the Vliesofix. An ironing mat may help.
- Cut out shapes, remove backing and position into place on the right of body front.
- Press into position.

- Set up machine with a new needle and thread to match the eyes.
- Attach Open Embroidery Foot #20 (this foot allows you to see were you are stitching when sewing, especially around circles.
- The eyes can be sewn on with either a close satin stitch W 2.5 and L 0.5 or blanket stitch W 2.5 and L-1.
- Make sure to place a piece of tear away stabilizer behind the area being sewn, especially if you are using a satin stitch. This ensures that the fabric sits nice and flat and doesn't stretch.

Hint: Test sew settings on a scrap of fabric before starting your project.

- Stitch around both eyes. Engage the needle down function on your machine or make sure your needle is in the down position when pivoting to ensure you get a nice smooth curve.

- To create the pupils, you can either use a small button or one of the built in decorative stiches on your machine. This is made even easier if you have the single pattern function and a small stitch length. Test sew first on a scrap of fabric then sew into position.

- Change thread colour and stitch around the nose using the same stitch as the eyes.
- Change thread to match fabric for the body.
- All pattern pieces have a ¼" seam allowance so attach ¼" foot #37. You could also use your standard foot and move the needle position to the right to create a ¼"seam (6mm).
- **Arms-** take the 2 x sets of arms.

- Place right sides together and stitch around, making sure to secure at the beginning and the end, leaving the straight ends open.

- Clip around curves making sure not to clip the stitching. It helps if you have a nice sharp pair of scissors.
- Turn both arms through to the right side.
- Fill both arms with stuffing being careful not to overfill as it makes it hard to stitch to the body.
- Position arms on placement line, pin then stitch into position using a slightly smaller seam allowance. This is so the stitching wont be seen when you join the body together.

- Pin front and back pieces right sides together and
- Start sewing approx. 3cm below the arm.
- Secure a few stitches at the beginning the sew all the way around the body, leaving an opening of approx. 4cm. Secure at the end.
- Clip around the curves.
- Turn through to the right side.
- Ted is now ready to be filled with stuffing.
- Hand sew the opening and give Ted a big cuddle.