

# Foot Book

## Bulky Overlock Foot #12/12C



*Foundation:* low-loft batting

*Background:* Quilting cotton fabric

*Techniques:* Piped edges: curved or straight; Corded edge

*Embellishments:* Simple quilting; Information tag

(See below for more directions.)

### Bulky Overlock Foot #12/12C

As its name implies, Bulky Overlock Foot #12/12C was designed to stitch bulky sweater knits using an overlock stitch. The large groove under the foot easily guides the edges of handknit fabrics, even those with very irregular shapes.

The most common application sewn with this presser foot is creating piping—covering cord that can be inserted into seams and used to finish edges. The groove under Foot #12 is also useful when making and attaching piping. The engraved line on top of the foot indicates the right edge of the groove.

The large groove also works well for couching cords and strung or molded beads to the embellish the surface of fabric.

This presser foot is also available for BERNINA models that have a maximum stitch width of 9mm.

Foot #12 accommodates cords up to size 3/32" and Foot #12C works with cords as large as 1/4"



### Cutting and Preparation

Cut one 8" square of batting and one 8" square of quilting cotton.

Cut one bias strip of piping fabric, 1½" x 15".

Cut a piece of filler cord (size 3/32") 15" long.

### Background

Place the batting behind the fabric square. Use temporary spray adhesive to bond if desired.

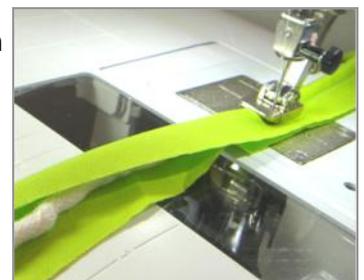
Stitch 8-10 vertical lines across the fabric to quilt it. Space them randomly or evenly as desired.

### Covering the Cord

Wrap the strip around the filler cord and place it in the groove under Foot #12/12C.

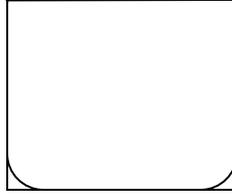
Adjust the needle position to the far right, aligned with the groove on top of the foot.

Sew the raw edges of the fabric strip together, stitching next the cord.



### Attaching the Piping

Decide if you want a square or curve pocket. For a curved pocket, trim the lower corners on both the pocket and the lining.



Position the covered cord along the side and lower edges of the pocket, matching all raw edges.

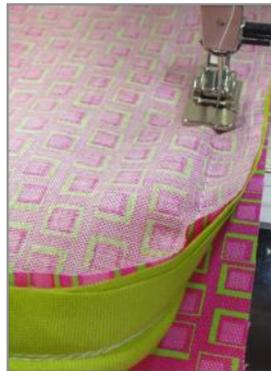
Sew the piping to the pocket, stitching over the previous stitching.



### Seaming the Pocket

Place the lining and the pocket square right sides together.

Adjust the needle position 1-2 positions back toward the center. This places the final stitching next to the piping stitches, making sure they don't show from the right side on the finished pocket.



Place the pocket/lining piece under Foot 12/12C, pocket side up, positioning the piping in the groove under the foot.

Stitch along all sides of the pocket, leaving an opening for turning along the upper edge. See the photos below about stitching corners and curves.



Curves: Clip seam allowances & shape to curved edge



Corners: Stitch to seam allowance; clip piping seam allowances, pivot and continue

Turn the pocket to the right side and sew the opening closed by hand or with machine topstitching.

### Securing the Pocket

Position the pocket as desired on the quilted background; pin in place.

Sew pocket in place, adjusting needle position so the machine stitches in the ditch next to the piping.

### Creating the Tag

Print this page and cut out the images to the right.

Glue them to, one on each side, to card-stock or a tag, 2 1/4" x 4 1/4".

Punch a hole in the center of the upper edge if needed. Cut 1-2 pieces of narrow ribbon, about 10" long.

Loop the ribbon through the hole and tie to secure.

### Page Finishing

Place the page wrong sides together with another page and sew them together along the edges using a zigzag stitch.

Place a decorative cord next to the edge and using Foot #12/12C, attach the cord using a zigzag or blindstitch. Stitches should go into the fabric on one side and into the air (around the cord).

Add metal eyelets to the binding edge.

## Bulky Overlock Foot #12/12C



- Topstitching
- Seaming Bulky Knits
- Attaching Beads
- Piping
- Couching
- Beaded Edges
- Corded Edges
- Gathering
- Jumbo Pintucks