

Fantasia Floral

BY EDNA GREGORY

This simple wall hanging features a needle punched floral design using a variety of decorative fibers and is framed by curved borders.

Finished size: approximately 20" x 24"

Needle Punch Tips

- The design shown was punched by placing a picture of a crewel embroidery design within sight, using it as a basis for structure. You may use a photo of a flower, a drawing, a greeting card—or simply let the design evolve. Working with the fibers is much like working with chalks or pastels – you add shading and colors as you go.
- Keep a scrap of fabric close by to test fibers on before trying them on your project.
- Set the machine to a slower speed, reducing the chance of needle breakage.

Machine Setup

- BERNINA® Sewing machine set on straight stitch
- Feed dogs dropped
- Needle Punch Accessory attached as per directions included with accessory
- View the DVD packed with the Needle Punch Accessory for easy installation of the accessory, and to gain ideas for use.

Punched Design

- Use chalk to draw a simple branch on wool for beginning stem and floral placement. This is just a guideline – the design will take on a life of its own as you progress.





- Lay a piece of yarn, roving or other fiber in place along lower stem line, and “punch-baste” lightly in place. Use a wooden skewer as an aid in positioning it. After you are certain of its placement, punch it firmly into place.
- Work on the design, placing the most distant items first, moving towards the front of the design, the same as you would work an appliqué design. Use lighter colors around the outside, and place darkest colors towards the center of the design.

- Needle punch light layers of fibers in place, and then add accent colors and/or shading. Do not begin with heavy clumps, but gradually add fiber shading.
- Use small amounts of light yellow, ivory, or white for accents and sparkle. Novelty fringe yarns add dimension.

- Once you are satisfied with your design you may punch it from the back as shown on the DVD, and again from the front. *Note: Punching the design from the back is optional. You can work the fibers in as firmly or as gently as you like*



– this is **your** project, and your end use will determine how firmly the fibers should be attached to the background.



Adding the Border

- After the center design is complete, use chalk and a flexible curve to create a pleasant outer edge line on each of the sides.
- Cut the outer borders 6” to 7” wide, 24” long for the sides, and 20” for the top and bottom.
- Lay the borders out, folding mitered corners into place if desired.
- Lay the center design over the borders, adjusting chalk lines to meet border miters.
- Cut center and borders along the chalk lines at the same time, working with only one side at a time. (Fold the other sides out of the way).
- Using Foot #37 or #57, add borders with ¼” seam; press seam allowances toward border. Needle punch or stitch trims along seam line if desired, working on the center fabric and avoiding seam allowances.
- Layer with batting and backing, and baste or pin the layers together. Extra batting may be placed under the center floral design for added dimension. Using the BERNINA® Stitch Regulator (BSR) or your favorite free-motion presser foot, outline-quilt around the needle punched design. Small stippling in the background raises the center design for more dimension. *Note: For more specific information on free-motion quilting, see the BERNINA® publication, Feet-ures, available from your BERNINA® dealer.*
- Quilt border as desired. Block quilt, and trim edges. Cut “photo-corner” shapes from border fabrics; baste and press scant ¼” under on curved edge; appliqué in place on each corner, using blind stitch.
- Remove the presser foot and attach beads as shown in the photo or as desired.
- Add hanging sleeve if desired, and bind the edges using your favorite binding method. Add your own designer label to the back of the wall hanging.



All Things Fashionable

Supplies

- BERNINA® Needle Punch Accessory Set
- BERNINA® Sewing Machine (5.5mm) with appropriate stitch plate
- Center background fabric: Approximately 14” x 16” – felted or boiled wool, light-weight denim, flannel or chamois, raw silk or other natural fiber. *Note: Do not use fabric that contains Lycra.*
- Assorted fibers for needle punching such as wool roving, acrylic yarn, silk roving, Angelina, and Angora.
- ¾ yard border fabric – Benartex Glacier Park flannel by Caryl Bryer Fallert was used for the sample
- Lightweight batting, such as Thermore or wool batting 24” x 28”
- One yard fabric for backing and binding
- Thread for machine quilting
- Beads for accent – 10/0 seed beads were used in the sample shown
- Wooden skewer
- Flexible design curve
- Patchwork Foot #37 or Patchwork Foot with Guide #57
- BERNINA® Stitch Regulator (BSR) #42 or your favorite free-motion presser foot

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