

Embroidery Project

A Boy's World Backpack

Created by Linda Wenturine

Little guys love to tote their gear around with them as they play with make-believe extra-terrestrials. The A Boy's World Backpack is just the right size for a preschooler—your child will have no problem filling this back pack with their moon rocks, little aliens, and silly robots. You can make this bag faster than the speed of light with this quick quilting technique.

Supplies

Embroidery, Fabrics & Notions

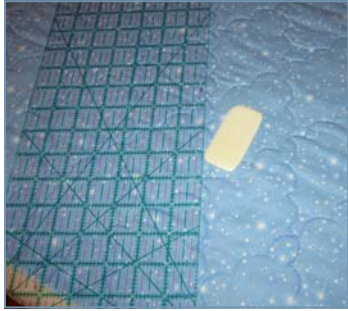
- OESD Embroidery Collection #12321 "A Boy's World," designs CM530, CM531, CM537
- 5/8 yard of black "starlight" fabric
- 5/8 yard lining fabric
- Two 6" x 9" strips blue "starlight" fabric for casing
- Pocket front and lining
 - One 10" x 10½" rectangle
 - One 11" x 15" rectangle
- 2" x 10½" strip for pocket accent
- One fat quarter for strap **OR**
 - 170" of narrow double fold bias tape
- Four 1" plastic curtain grommets
- 20" x 40" rectangle of lightweight cotton batting
- OESD HeavyWeight Tear-Away Stabilizer
- 505 Temporary Adhesive Spray
- Isacord Embroidery Thread
- Bottom Line Bobbin Thread
- Organ Embroidery needles, size 80/12
- Titanium Sharp
- Sewing thread
- Water-erasable marking pen or pencil
- 7" x 24" Nifty Notions "Cut for the Cure" ruler

Machine and Accessories

- BERNINA Sewing & Embroidery Machine
- Edgestitch Foot #10/10C/10D
- Patchwork Foot #37/37D **OR**
 - Patchwork Foot with Guide #57/57D
- Walking Foot #50
- Binder Attachment #88 with Foot #95



Quilt the Back Pack Fabric

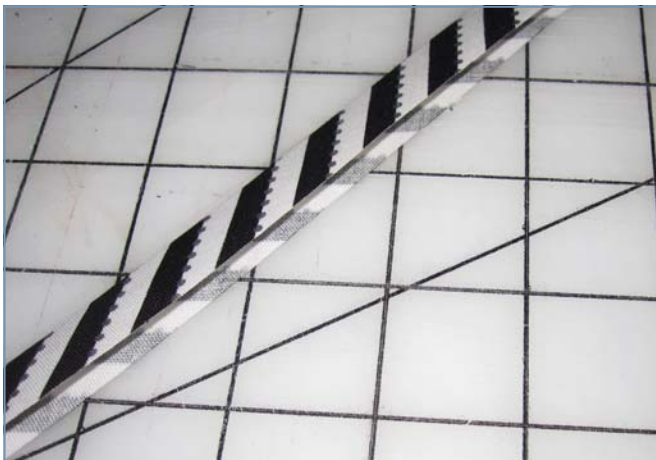
- Cut one 20" x 40" rectangle from the outside fabric and one from the lining fabric.
- Spray each side of the batting rectangle with 505 Temporary Adhesive Spray. Sandwich the batting between the outside fabric and the lining fabric (wrong sides to the batting).
- Mark quilting lines on the outside of the "quilt sandwich" 3" apart, at a 60° angle, using a "Cut for the Cure" ruler and a water-soluble fabric marker.
 
- Place a few pins around the outside of the quilt sandwich to keep the layers from shifting.
- Attach Walking Foot #50 to the machine. Stitch on the marked lines using a decorative scallop stitch or a straight stitch.
- Cut two 18" x 18" squares from the quilted fabric.

Embroider & Construct the Pocket

- ◆ Mark the horizontal and vertical centers of the 11" x 15" pocket fabric rectangle.
- ◆ Affix a layer of OESD HeavyWeight Tear-Away Stabilizer to the wrong side of the pocket rectangle using 505 Temporary Spray Adhesive.
- ◆ Using your embroidery machine's edit features, bring in the three embroidery designs and position them as shown in the photo. Note: For most machines you will need to rotate the designs 90° to fit into your embroidery hoop.
- ◆ Embroider the designs.
- ◆ Trim the embroidered pocket rectangle to 10" tall x 10½" wide.



- ◆ Fold the pocket accent fabric strip lengthwise with wrong sides together; press. The piece now measures 1" x 10½".



- ◆ Place the raw edges of the folded pocket accent strip on the right side of the embroidered pocket, along the top edge.
- ◆ Attach Patchwork Foot #37 or Patchwork Foot with Guide #57 to the machine. Baste the pocket in place using a scant ¼" seam allowance.
- ◆ Place the pocket front and pocket lining rectangles wrong sides together. Sew along the sides and top edges with a ¼" seam allowance; do NOT stitch the bottom of the pocket. Turn the pocket right side out and press.
- ◆ Center the pocket on the right side of one of the 18" quilted squares, aligning the unstitched pocket edge with the bottom edge of the quilted square. Edgestitch the two sides of the pocket to the bag front using Edgestitch Foot #10/10C/10D.



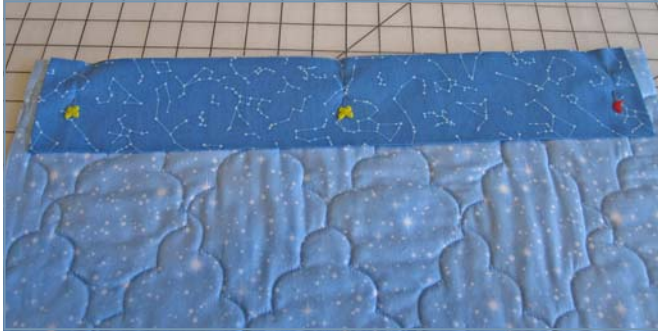
Construct the Casing

- ◆ Fold each of the short ends of the 6" x 9" casing strips under 1" to the wrong side; press.
- ◆ Fold the casing strips in half lengthwise with wrong sides together; press.



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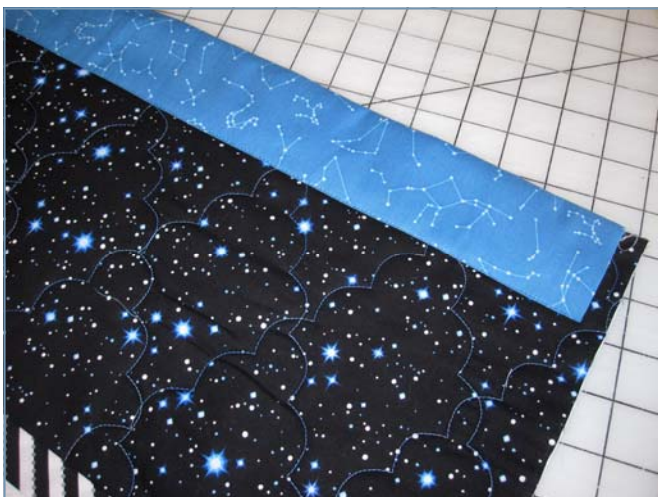
- ◆ Center each casing strip along the **WRONG** side of one 18" quilted square, aligning the cut edges of the casing with the upper edge of the quilted square. The casing will not extend all the way to the side edges.



- ◆ Stitch the casing strips to the quilted squares using a $\frac{1}{4}$ " seam allowance. Overcast or serge finish the raw edges.



- ◆ Flip the casing strips to the right sides of the quilted squares. Press. Pin in place. Stitch along the edges to form casings on the front and back of the backpack.



- ◆ Place the two 18" squares right sides together. Stitch the sides and lower edge using a $\frac{1}{4}$ " seam allowance. Turn right side out and press.

Prepare the Drawstrings

- ◆ If you are making your own drawstrings:
 - ◆ Cut the fat quarter into 1"-wide bias strips and join the strips to form a 170"-long bias strip.
 - ◆ Press the strip in half lengthwise with wrong sides together; press. Open the strip and fold the raw edges to the center; press. Fold in half again and press.
 - ◆ Using Edgestitch #10/10C/10D, edgestitch along the open edge, through all layers, to secure the edges together.
 - ◆ Alternatively, use a Bias Binder Attachment to stitch a long bias strip.
- ◆ If you are using purchased bias binding:
 - ◆ Using Edgestitch Foot #10/10C/10D, edge-stitch along the open edge, through all layers.

Complete the Backpack

- ◆ Following the directions included with the grommets, install grommets at the lower corners of the front of the bag only.
- ◆ Repeat on the back of the bag, aligning the grommets to match the previously installed grommets on the front square. (There are now two grommets in the front of the bag and two on the back.)
- ◆ Thread the drawstring through the grommets:
 - ◆ Begin at one corner of the bag. Go through both layers of the corner grommets...
 - ◆ ... through the upper casing, all the way around $1\frac{1}{2}$ times, then...
 - ◆ ...down through the other lower side corner grommets...
 - ◆ ...up through the casing, around $1\frac{1}{2}$ times...
 - ◆ ...and back down to meet the other end. Stitch the ends together.

