

Embroidery
Project

Contour Appliqué Quilt

Created by Nina McVeigh

BERNINA 830

OESD's Contour Appliqué Embroidery Collection is a versatile compilation of designs that are fun to manipulate; creating new looks for your embroidery projects. The appliqué designs are conveniently digitized for the BERNINA CutWork tool making fast work for a large project. Using Benartex Fossil Ferns Fabric Collection gives the project shadow and depth.

Approximately 60" x 60"



Supplies

Machine & Accessories

- BERNINA 830 Sewing & Embroidery Machine
- Jumbo Hoop with template*
- Reverse Motion Foot #1/1D
- Teardrop Embroidery Foot #26
- Patchwork Foot #37/37D
- BERNINA Stitch Regulator
- Bias Binder Attachment #88 with Foot #95/95C
- BERNINA Embroidery Software 6 (optional)
- BERNINA CutWork Accessory (optional)

* Other BERNINA machines and embroidery hoops may be used; however, the designs must be resized to fit the available hoops. Additional designs may be used to fill open areas.

Embroidery Collection

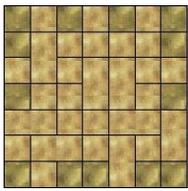
- OESD Contour Appliqué - Premier Collection 1104 - a BERNINA Exclusive

Fabric & Notions

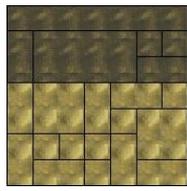
- 5/8 yard light-colored fabric (Benartex Fossil Fern—Taffy)
- 2 yards medium-colored fabric (Fossil Fern—Raffia)
- 3 yards dark-colored fabric (Fossil Fern—Golden Pond)
- 1 1/4 yards appliqué fabric (Fossil Fern—Charred Wood)
- 4 yards backing fabric
- Batting, 72" x 72"
- OESD PolyMesh Cut-Away Stabilizer, 20" roll
- Size 80/12 Organ Embroidery needles, Sharps
- Size 70/10 Denim needles (for piecing)
- Size 75/11 Quilting needles (for quilting)
- 101 Quilt Basting Spray or small safety pins for basting
- Machine-quilting thread
- Cotton thread for piecing
- Isacord Embroidery Thread (colors 1334, 1532, 5822)
- Bobbin thread
- "Cut for the Cure" 7" x 24" ruler
- Rotary cutter and cutting mat
- June Tailor "Fancy Frame Ruler"

General Information

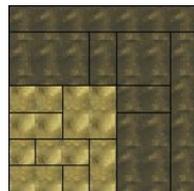
The *Contour Appliqué Quilt* is constructed from nine basic blocks:



1 Center Block

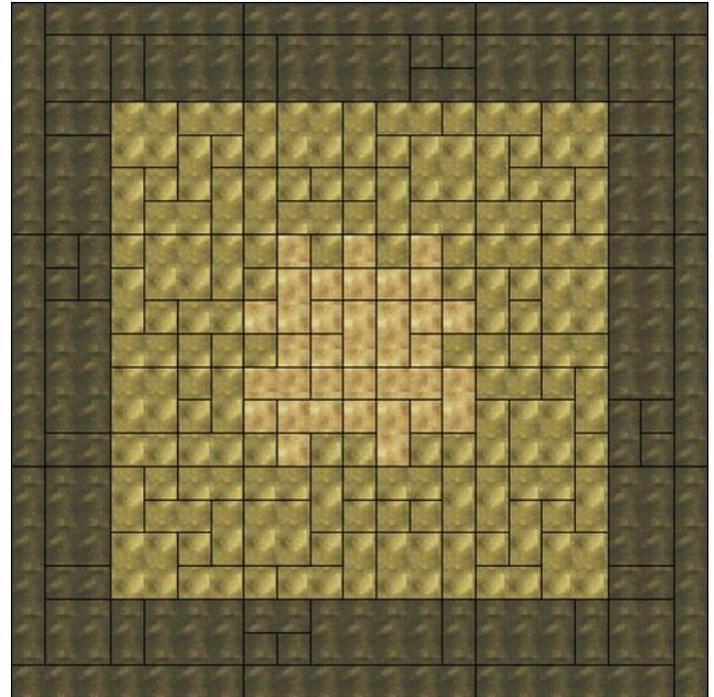


4 Side Blocks



4 Corner Blocks

These blocks may be constructed with minimal piecing (see sidebar on page 5), or they can be pieced as shown in the quilt layout diagram and the instructions below. The layout for the *Contour Appliqué Quilt* was created using the Quilter Program in BERNINA Embroidery Software 6. The blocks were created in Block Editor. The Benartex *Fossil Fern* fabrics were added to the Fabric Library for use in planning the quilt.



Cutting Instructions

Note: WOF = width of fabric

Light Fabric

Cut four 3½" x WOF strips; Sub-cut strips into:

20—3½" x 3½" squares

8—3½" x 6½" rectangles

Medium Fabric

Cut twelve 3½" x WOF strips; Sub-cut strips into:

45—3½" x 3½" squares

45—3½" x 6½" rectangles

Cut two 6½" x WOF strips; Sub-cut strips into:

12—6½" x 6½" squares

Dark Fabric

Cut ten 3½" x WOF strips; Sub-cut strips into:

8—3½" x 3½" squares

16—3½" x 6½" rectangles

8—3½" x 21½" rectangles

4—3½" x 18½" rectangles

Cut five 6½" x WOF strips; Sub-cut strips into:

8—6½" x 9½" rectangles

4—6½" x 12½" rectangles

8—6½" x 6½" squares

Appliqué Fabric

Cut six 5" x WOF strips; Sub-cut strips into:

12—5" x 14" border appliqué pieces

8—5" x 8" middle circle appliqué pieces

Cut 1—11" x 11" square for center appliqué

Cut 4—5" x 5" squares for corner appliqués

Piecing the Blocks

Piece each block using the fabric pieces indicated and referring to the diagrams on the following page:

Center Block

Light Fabric

20—3½" x 3½" squares

8—3½" x 6½" rectangles

Medium Fabric

13—3½" x 3½" squares

Four Side Blocks

Medium Fabric

24—3½" x 3½" squares (6 per block)

28—3½" x 6½" rectangles (7 per block)

8—6½" x 6½" squares (2 per block)

Dark Fabric

8—3½" x 3½" squares (2 per block)

8—3½" x 6½" rectangles (2 per block)

4—3½" x 21½" rectangles (1 per block)

4—6½" x 12½" rectangles (1 per block)

Four Corner Blocks

Medium Fabric

8—3½" x 3½" squares (2 per block)

20—3½" x 6½" rectangles (5 per block)

4—6½" x 6½" squares (1 per block)

Dark Fabric

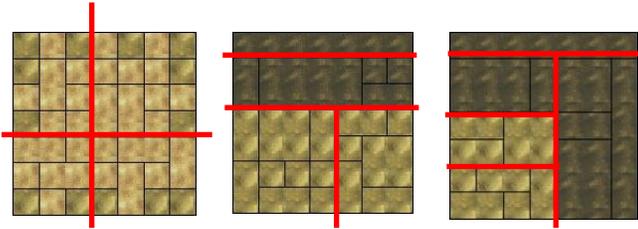
8—3½" x 6½" rectangles (2 per block)

4—3½" x 21½" rectangles (1 per block)

4—3½" x 18½" rectangles (1 per block)

4—6½" x 6½" squares (1 per block)

6—6½" x 9½" rectangles (2 per block)



1 Center Block 4 Side Blocks 4 Corner Blocks

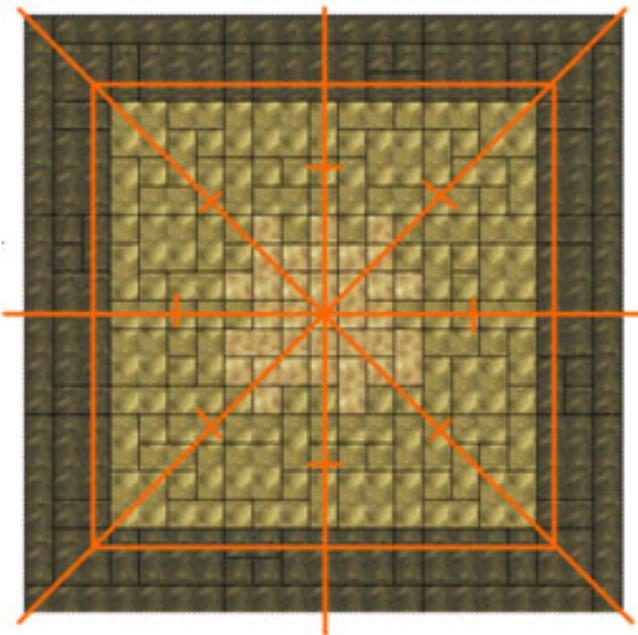
Piece each section of a block as indicated by the red lines; stitch the sections together to form a block; sew the complete blocks together to form the quilt as shown on the previous page.

Prepare for Embroidery

Mark horizontal, vertical, and diagonal lines through the center of the quilt as shown in the diagram.

Mark 15½" out from the center of each line as shown. These marks are the center of each design that makes up the middle circle of designs.

Mark around the center of the quilt 1⅞" into the dark outer border as shown. This is where the straight edge of the Border Appliqué fabric will be positioned.



Edit the Embroidery Designs

Contour Appliqué designs were sized & combined to create the embroidery for the *Contour Appliqué Quilt*. While this editing can be done using the on-screen editing functions of the embroidery system, better results will be achieved if the designs are manipulated in BERNINA Embroidery Software 6.

Open BERNINA Embroidery Software 6 & compose each design as described below.

Note: The instructions create motifs sized for the BERNINA Jumbo Hoop. If using another embroidery system, size them to fit your largest embroidery hoop. The border design will fit in the Mega Hoop if embroidered as two designs. The corner design will fit in the Large Oval Hoop.

Center Design

- Open design #BE110428.
- Increase the design to 112%, to 10" x 10".
- Save the design as Contour Appliqué Quilt Center.ART.



Middle Circle of Designs

- Open design #BE110425.
- Increase the design to 225%.
- Save as Contour Appliqué Quilt Middle Circle.ART.
- Print a template of the design.



Note: You may want to print several templates, as you will be placing this design eight times to complete the center.

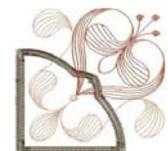
Border Design

- Open design #BE110408.
- Increase the design to 235%.
- Rotate the design 90°.
- Insert design #BE110426.
- Mirror Image Right/Left.
- Increase the design size to 235%.
- Move the design to the straight edge of the design is along the straight edge of the appliqué.
- Save as Contour Appliqué Quilt Border.ART.
- Print a template of the design.



Corner Design

- Open design #BE110406.
- Increase the design to 235%.
- Save as Contour Appliqué Quilt Corner.ART.
- Print a template of the design.



Embroider the Designs

General Information:

- Hoop the quilt using OESD PolyMesh Stabilizer; two layers may be used if desired.
- When hooping, be careful not to stretch the quilt top, as the pieced fabrics might pull or stretch.
- Use the plastic Hoop Template to help with exact placement.
- The appliqué shapes can be cut out using the BERNINA CutWork tool and the files provided with the embroidery collection.

If not using the CutWork Tool, you will still embroider color #1 to use as a placement guide. Then lay the appliqué fabric over the stitching line and stitch color #1 again as a tackdown stitch. Trim appliqué fabric close to the stitching and continue embroidering the design.

Center Design

- Using the Jumbo Hoop, hoop the center of the quilt, making sure the quilt top is straight in the hoop and perfectly centered.
- Open the Contour Appliqué Quilt Center.ART design and rotate it 45°.
- Embroider the quilt center.

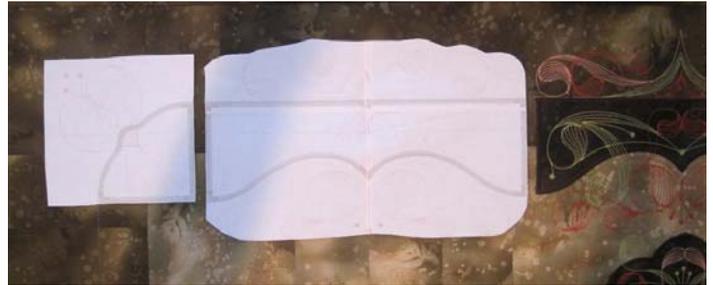
Middle Circle of Designs

- Use the paper templates to help position the designs. You will be stitching the design eight times around the previously stitched design.
- Note the center of the design on the template.
- Place the center of the design on the marks made on the vertical, horizontal, and diagonal lines marked on the quilt top. The vertical center line on the template should line up with the drawn line on the quilt. This ensures that the design will be at the correct angle to form a circle.
- Hoop in the Jumbo Hoop and embroider.

Border and Corner Designs

- You will embroider the Border Design twelve times around the border of the quilt. Start by placing a design in the center of each side of the quilt. Place them so they are centered either on the vertical or horizontal lines, with the straight edge of the appliqué along the previously marked line ($1\frac{7}{8}$ " from the border seam).

- Embroider the four border designs. (The remaining border designs will be stitched after the corners.)
- Lay the printed Corner Design templates in place to confirm the design placement. The top edge of the appliqué should be on the marked line.



- Stitch the four corner designs.
- Center a border design between each corner and center border design. There will be two for each corner.



- Embroider the eight border designs.

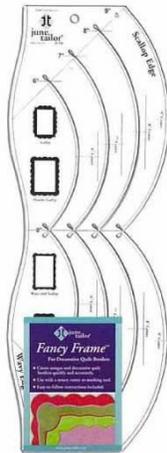
Complete the Quilt

- Press the quilt top. Don't be too concerned if it is not perfectly flat, as the quilting will flatten it.
- Layer the quilt top, batting, and backing.
- Quilt as desired. Avoid stitching over the appliques, but it is okay to quilt over the embroidered stitching.

Note: The sample was all-over free-motion-quilted using the BERNINA Stitch Regulator.



- When quilting is complete, use the Fancy Frame Ruler to draw a scalloped edge around the quilt. Start at the corners and work toward the center of each side, so if there is a need to fudge a little, it can be done in the center of each border.



- Before cutting the scalloped edge, sew a straight stitch on the marked line. Cut as close to the stitching as possible.
- To prepare for binding, attach Reverse Pattern Foot #1/1D to the machine and select the zigzag stitch (#2). Position the edge of the fabric in the center of the foot and encase the edge in an off-the-edge zigzag.
- Cut 1¼"-wide bias strips. Diagonally seam the ends to make about 160" of bias binding.
- Attach Bias Binder #88 and Foot #95/95C to the machine.
- Load the bias strip into the binder and bind the outer edges of the quilt.

Minimal Piecing

If minimal piecing is desired, cut the following:

For Center Block

- One 21½" square of light fabric

For Side Blocks

- Four 12½" x 21½" rectangles of medium fabric
- Four 9½" x 21½" rectangles of dark fabric

For Corner Blocks

- Four 12½" x 12½" squares of medium fabric
- Four 9½" x 12½" rectangles of dark fabric
- Four 9½" x 21½" rectangles of dark fabric

Appliqué Fabric

Cut six 5" x WOF (width of fabric) strips

- Sub-cut strips into
 - 12—5" x 14" border appliqué pieces
 - 8—5" x 8" middle circle appliqué pieces
- Cut 1—11" x 11" square for center appliqué
- Cut 4—5" x 5" squares for corner appliques

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