

## Embroidery Project

# Floralicious Embroidered Appliqué Quilt

Created by Elaine Cibelli & Linda Wenturine

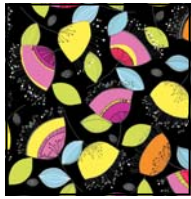
Discover a new twist to quilting with the *Floralicious Embroidery Collection*. The collection includes nine playful appliqué quilt blocks plus two floral appliqués...ready for your creative play! Appliqué the blocks in prints and solids - lights or darks, brights or pastels...the choice is yours!

The featured quilt showcases the *Benartex Floralicious Fabric Collection* in dark brights.

Bonus, *BERNINA Cutwork Accessory* files are included as an alternative to traditional appliqué embroidery.



4084-99



4082-99



4083-99

***Benartex Floralicious Fabric Collection*** is featured. Select these fabrics or your favorite brights!



### Fabric and Notions

- 1 yd. solid black fabric for appliqué blocks
- 1 yd. Benartex Floralicious 4084-99 fabric for sashing and prairie points
- ½ yd. Benartex Floralicious 4082-99 fabric for outer border and prairie points
- ½ yd. Benartex Floralicious 4083-99 fabric for double binding
- Assortment of 8 - ¼ yd. cuts of solid cottons & Floralicious prints in pink, yellow, green, orange and blue for appliqué blocks and narrow border
- 1½ yds of coordinating solid or print for backing
- Crib Size Batting
- Mary Ellen's Best Press - Clear Starch Alternative
- Isacord Thread Colors: 0015, 0020, 0112, 4174
- OESD Ultra Clean and Tear Stabilizer
- OESD HydroStick Tear-Away Stabilizer (if using CutWork Accessory)

### Machine and Accessories

- BERNINA Sewing & Embroidery Machine
- Large Oval Hoop
- BERNINA CutWork Accessory - optional
- Embroidery Foot #26
- Cutwork and Echo Quilting Foot #44
- Patchwork Foot with Guide #57
- Walking Foot #50
- Edgestitch Foot #10
- BERNINA Stitch Regulator
- Binder Attachment #88 & Binder Foot #95

### Embroidery Collection

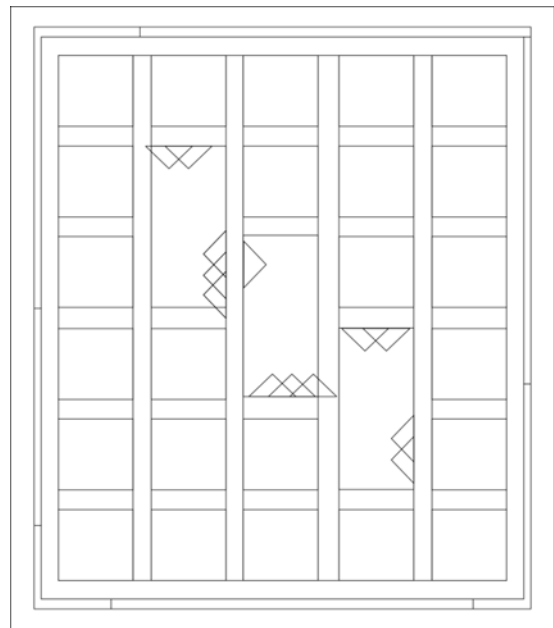
- Floralicious Embroidery Collection #1103 - *BERNINA Exclusive*

## Appliqué Blocks

The appliqué blocks can be created using standard appliqué embroidery techniques or employ the BERNINA CutWork Accessory for quick cutting.  
 Quilt layout: 24 - 5" square (finished) embroidered blocks & 3 - 5" x 12" (finished) embroidered blocks.

### Complete the embroidery for all the blocks.

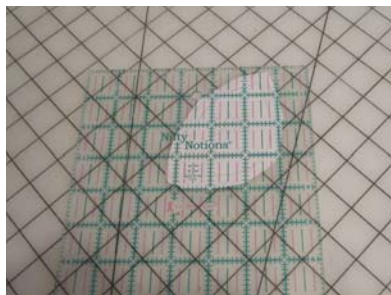
- Create 24 - 5½" blocks. The Floralicious Embroidery Collection includes 9 appliqué quilt blocks with a finished size of 5". Make six blocks of choice three times and 3 blocks of choice twice. Vary the blocks by selecting a variety of prints and solids for the appliqué fabrics.
- Create 3 - 5½" x 12½" blocks. For these large blocks, open BE110311 (Large single flower) and rescale to 90% or approximately 130 mm x 196 mm to fit the Large Oval Hoop. Vary each appliqué block with different prints and solid fabrics.



Finished Quilt Size – 43½" x 50½"

### Tips for Using the CutWork Accessory to Cut Appliqué Pieces

- In the Floralicious Embroidery Collection CD, the cutting files are identified as the CWA files. The files are numbered to coincide with the Floralicious embroidery files.
- For each appliqué piece, print a template of the CWA file and measure the template.
- Prepare all fabrics to be used for the appliqué with Mary Ellen's Best Press. Press. Repeat until fabric is quite stiff. This will ensure better cuts and will add extra stability for the embroidery stitches later.
- For each appliqué piece, cut out a square of fabric that is larger than the template area. Cut several squares to match the number of squares you will be stitching.
- Send the CWA file to the sewing machine.



- Attach the CutWork Stitch Plate and Embroidery Foot #26. Thread the machine for embroidery as placement lines will stitch first.
- Using the Large Oval Hoop, hoop a heavy-weight tear-away stabilizer like OESD HydroStick Tear-Away and attach hoop to the machine.
- The placement line stitches first.
- Then layer the fabric squares over the placement line making sure the entire line is covered with fabric. The tack-down stitches second.
- Attach the CutWork tool and Embroidery Foot #26 or Echo Quilting Foot #44. The sewing machine screen now displays the position of the cutting tool.



## Tips for Using the CutWork Accessory - *continued*

- Make sure your tool is in the same position as the screen. Cut and change tool position as prompted. Repeating until all the cutting is complete.
- Carefully remove cut piece from the hoop. Set aside.
- Send the embroidery file to your machine. Set the machine up for machine embroidery. Hoop black fabric and stabilizer in the Large Oval Hoop. Stitch placement line.



- Lightly spray the back of the appliqué piece with 505 Temporary Spray Adhesive and affix along the placement line.
- Continue stitching to complete appliqué.
- Repeat process for all blocks.

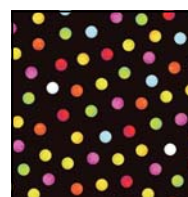
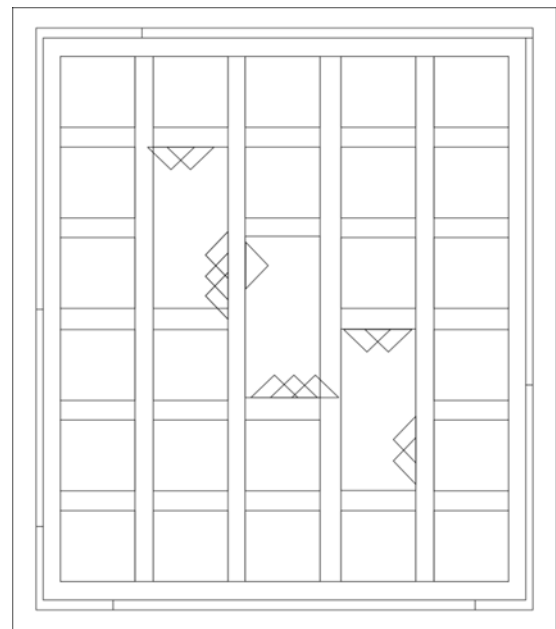


## Cutting and Layout

- Trim the square blocks to 5 ½" square and large rectangular blocks to 5 ½" x 12 ½"
- Cut 12 - 2 ½" strips of Floralicious 4084-99 fabric for sashing.
- Cut 1 ½" strips of assorted fabrics for inner border.
- Cut 4 - 2 ½" strips of Floralicious 4082-99 fabric for outer border.
- Cut Floralicious fabric 4083-99 binding 2 ½".
- Starch and Cut bias Floralicious 4083-99 fabric for double binding a scant 1 ⅛".
- Cut 13 - 3" squares for prairie points in Floralicious 4084-99 fabric and other prints of choice.

## Assemble the Quilt Top

- Prepare the prairie points by folding in half and folding the upper corners toward the center. Press.



4084-99



4082-99



4083-99

- Pin or machine baste the prairie points into position on the large embroidered block.
- Using the layout as a guide, arrange the blocks in a pleasing manner.
- Stitch the sashing to blocks using Patchwork Foot with Guide #57. Press seams toward the sashing.
- Piece together the 1½” strips for the inner border. Stitch the inner border to the quilt and press seam toward sashing.
- Add the outer border stitching the sides and then the top and bottom.



## Quilt the Layers

- Layer the backing, batting and top to create the quilt sandwich. Square up and trim.
- Attach Walking Foot #50 and stitch in the ditch around the blocks and the inner border. Add channel stitching to the sashing and borders.
- Attach the BERNINA Stitch Regulator and stipple quilt in the open area around the large block.

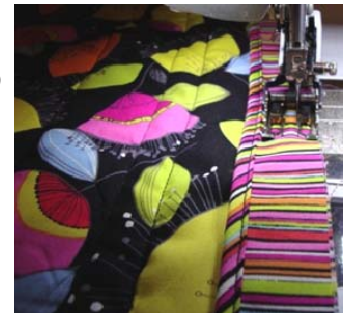


## Bind the Quilt

- Starch the bias strips for the binding using Mary Ellen’s Best Press. Join the bias strips to create approximately 5 yards of binding. Fold in half lengthwise and press.



- Attach the BERNINA Binder Attachment & Foot and bind the folded edge of the binding. Press.
- Re-attach Walking Foot #50. Beginning at one corner leave a 5 inch tail and stitch the double binding to the back of the quilt with the needle position altered to the right for a ¼” seam.



- Start stitching from the corner edge diagonally into the ¼” line, pivot and stitch using a ¼” seam. Continue to the next corner, stopping ¼” from the edge and stitch off diagonally to the corner edge. Fold back the binding and continue binding as usual. For the last corner, stitch to ¼” from the edge, pivot and stitch diagonally to the corner edge.



- Align the tails and mark a line centered between the stitching line and the folded edge. Mark a 45° line from the folded edge to the center line and another 45° line from the center to the stitching line. The line forms a V. Stitch directly on the V, trim close to the stitching line and turn to form the miter.
- Turn the binding to the front of the quilt and stitch in place using Edgestitch Foot #10 and the needle position altered to the right.



For more information on Double Binding visit [www.TheQuiltShow.com](http://www.TheQuiltShow.com) : **Machine Binding with Pizzazz.**