BERNINA 8 Series

Old Friends Vignette
Created by Susan Beck

Have fun with this mixed media wall hanging. A little sewing, a bit of embroidery, and a dose of scrapbooking all work together to document the importance of "old friends." The designs from Sepia Petals, a BERNINA exclusive collection, have the look of hand drawn flowers and offer a unique application when layered over printable graphics from the same collection.

Supplies

Machine & Accessories
- BERNINA 830
- Jumbo Hoop
- Edgestitch Foot #10D
- Button Sew-On Foot #18
- Open Embroidery Foot #20D
- Bulky Overlock Foot #12C
- Needle Punch Set for the BERNINA 830
- BERNINA Exclusive Embroidery Collection - Sepia Petals #82001

Fabric & Notions
- Two light-colored (white, cream, etc.) fat quarters for background and border strip
- Two coordinating fat quarters for back, hanging sleeve, and binding
- Print fabric for accent piece: 12" x 7"
- Fabric to go behind border: 15" x 5"
- Loosely woven fabric for fringing: 16" x 3½"
- Felted wool in a dark color: 9" square
- Felted wool in a light color: 2" x 5"
- OESD Fuse & Fleece
- Low-loft batting: 18" x 15½"
- Isacord embroidery thread for stitching designs
- Additional thread colors as desired for construction
- One sheet Transfer Artist Paper (TAP)
- One printable fabric sheet
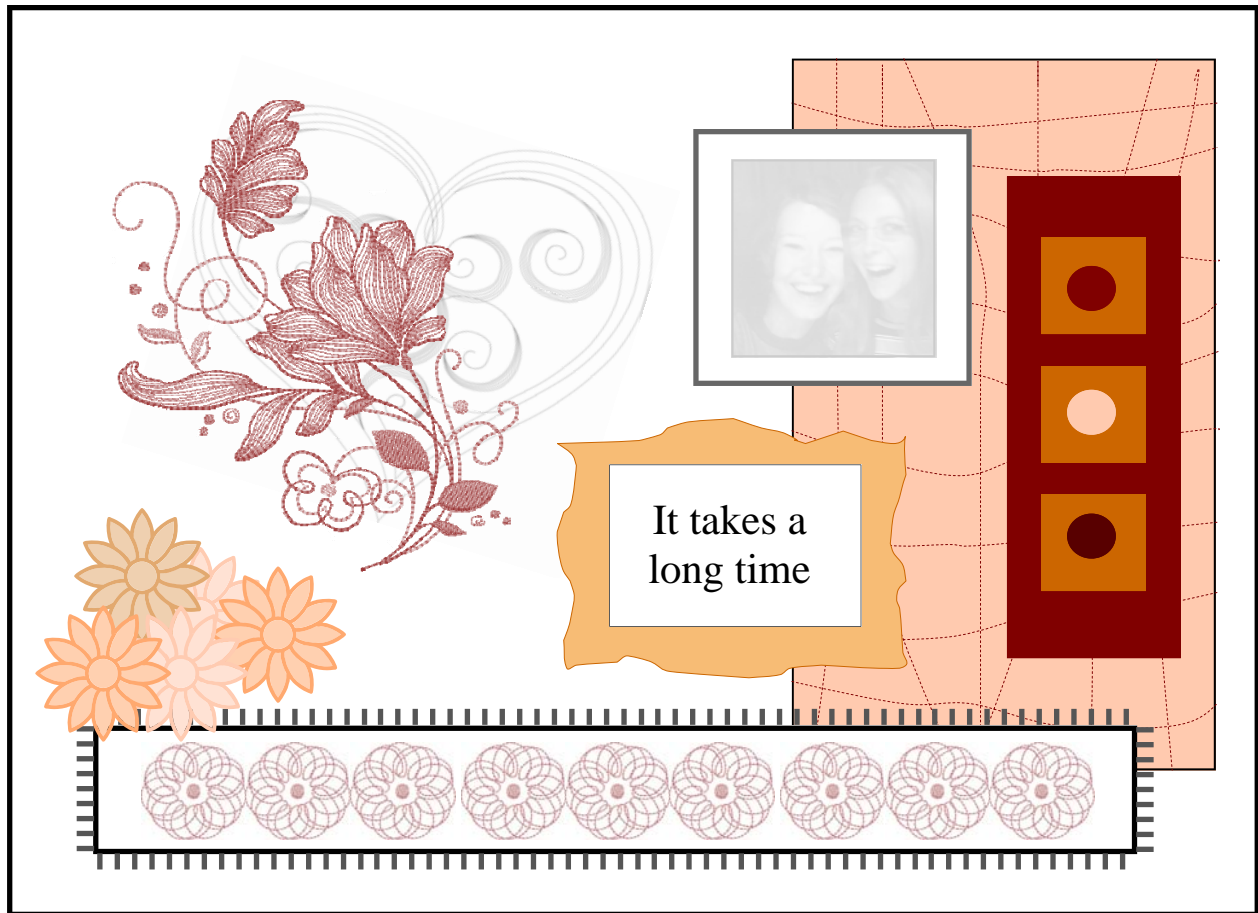- Temporary spray adhesive

Embellishment Supplies
- 9 miniature buttons in a variety of colors
- 3 decorative buttons with 2 or 4 holes, about ¾" - 1" in size
- 4 shirt buttons
- 8-10 silk flower petals in assorted sizes & colors
- 10-15 assorted glass seed beads
- Handmade paper: 8" square
- Cardstock or scrapbook paper: 6" x 4"
- Glue stick
- Hand-sewing needle
- One scanned photo, about 2" x 2"
- Steeped tea with paintbrush or sponge for application

Cutting & Preparation
- Cut 2 pieces light-colored fabric to 18" x 15½" each*
- Cut 2 pieces of Fuse & Fleece to 18" x 15½" each; fuse to wrong side of each light fabric
- Cut 1 piece of Fuse & Fleece to 12" x 7" and fuse it to wrong side of print accent fabric

*For easier hooping, you can stitch the embroidery (see page 3) on the fat quarter, and then cut to size.

Layout Diagram

> It takes a
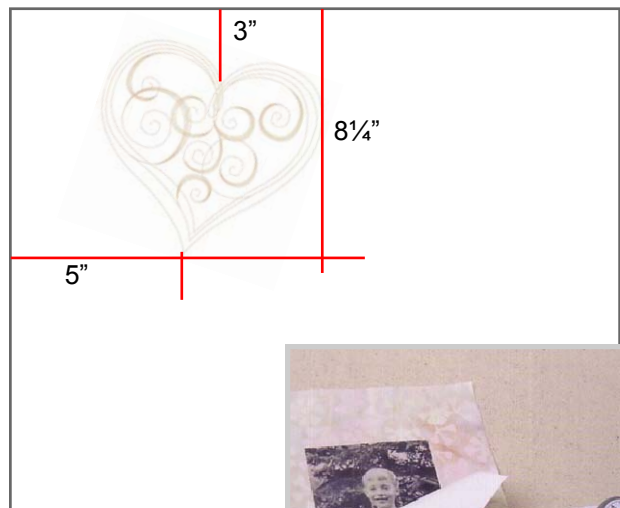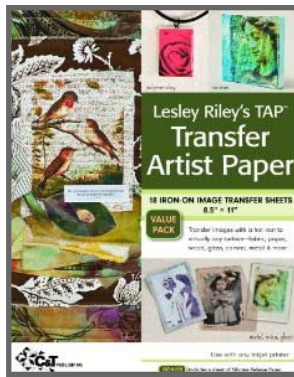> long time

Printable Image

Open the Sepia Petals design collection on your computer. Select the printable heart image.

Following the manufacturer's instructions, print the heart onto Transfer Artist Paper.

Use the diagram at the right to help in positioning the heart.

Trim the image as directed and place it *right side down* in the upper right area of the front of the wall hanging, angled slightly to the right.

Press with the iron and peel the backing from the image (follow instructions included with TAP).

3"

8¼"

5"

Embroidery

Floral Design

Hoop the upper left area of the front of the wall hanging (including the printed heart within the hoop) using the Jumbo Hoop.
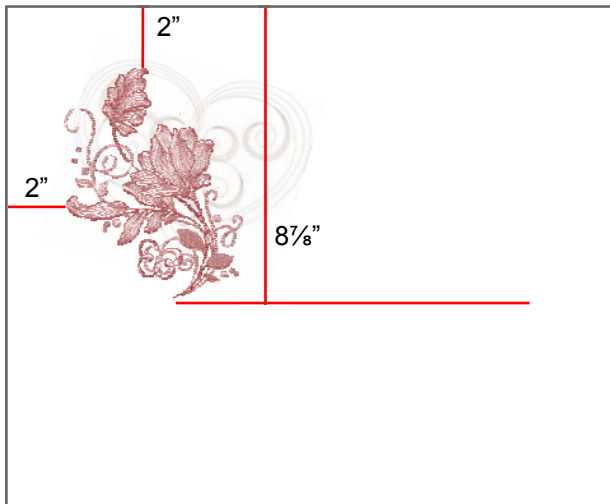
Attach the hoop to the BERNINA 830.

Select design #2002-01 from the Sepia Petals design collection.

Go to the Edit screen and select the Resize icon. Resize the design to 139mm x 180mm (127%).

Select the Move icon. Position the design as desired over the printed heart or use the diagram below as a guide.

2"

2"

8⅞"

Stitch the design using thread colors of your choice. The sample was stitched using one color: Isacord #1342. If using one color thread for the entire design, select the Single/Multi Color Motif icon to eliminate any color stops.

Once the embroidery is complete, remove the hoop from the machine and the fabric from the hoop. Do not remove the Fuse & Fleece stabilizer as it will stay in the project.
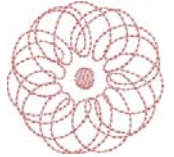
Using temporary spray adhesive, bond the batting to the wrong side of the fabric. All subsequent embellishments are stitched through the fabric & batting.

Border Design

Hoop the second piece of stabilized light-colored fabric using the Jumbo Hoop. The stitched border will be trimmed to size after stitching is complete.
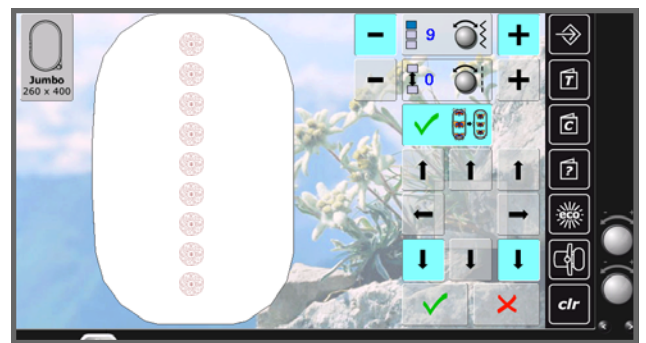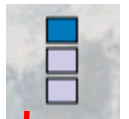
Attach the hoop to the BERNINA 830.

Select design #2002-10 from the Sepia Petals design collection.

Go to the Edit screen and select the Resize icon. Resize the design to 39mm x 38mm (83%).

Select the Endless Embroidery icon. The screen will change to the Endless Embroidery screen and there should be 9 images within the hoop.

Select the green check mark to confirm the design.

Stitch the border, then remove the hoop from the machine and the fabric from the hoop. Do not remove the Fuse & Fleece stabilizer as it will stay in the project.

Trim the fabric to 1¾" x 14" with the design centered from side to side and top to bottom.

Set the stitched border aside.

Freeform Grid

This grid design made of straight stitching is easy to stitch because the lines do not have to evenly spaced or precisely placed.

Thread machine with a thread color that contrasts to the accent fabric.

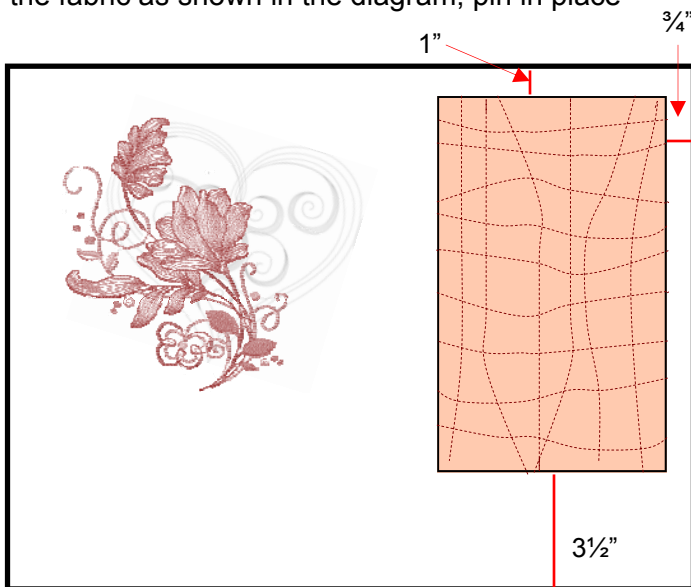Attach Open Embroidery Foot #20D and engage the Dual Feed mechanism at the back of the foot.

Select the Straight Stitch.

Stitch 6-9 vertical lines on the fabric, varying the spacing and the path for each.

Turn the fabric 90° and sew 9-15 horizontal lines across the fabric, varying the spacing and the path for each.

Trim the accent piece to 11" x 6" .

Position the accent piece on the upper left part of the fabric as shown in the diagram; pin in place

1"   ¾"

3½"

Stitch along all four edges of the accent piece using an open zigzag stitch (SW=4-6mm; SL=3-4mm).

Felting Accent

Attach the Needle Punch Set for the BERNINA 830 to the machine, including the appropriate stitch plate.

From the light-colored felted wool, cut three 1½" squares. Position one square approximately in the center of the dark felted wool.
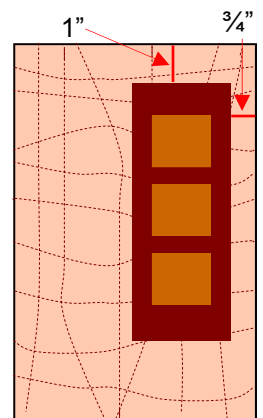

Punch the entire surface of the small square, then turn the large square over and punch the small square from the back.

Turn the fabric back to the right side and continue punching the small square until the desired texture is achieved.

Repeat with a second square, positioned about ¾" above the center square and a third one, positioned about ¾" below it.

Trim the dark felt to 2½" x 8" with the light squares centered. Position the trimmed rectangle on top of the print accent piece, about 1¼" from the top and ¾" from the side edge.

Attach Open Embroidery Foot #20D and select Blanket Stitch #1329. Adjust the needle position to the far right and position the edge of the fabric along the inside of the right toe of the foot to use as a guide. Sew around all four edges of the felt rectangle.

1"   ¾"

Sew one decorative button in the center of each square using Button Sew-On Foot #18.
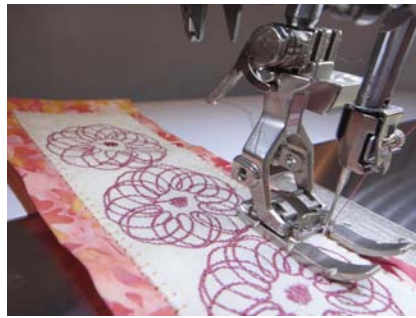
Embroidered Border

The 15" x 5" fabric piece will become a background for the embroidered border.

Fold each short end under, ½" to wrong side; press.

Fold the long edges under to the wrong side so the raw edges meet in the center. The strip should now measure 14" x 2½".

Position the embroidered border on top of the folded strip, centering it from side to side and from top to bottom. Pin in place.

Attach Open Embroidery Foot #20D and select Blanket Stitch #1329. Adjust the needle position to the far right and position the edge of the fabric along the inside of the right toe of the foot to use as a guide. Sew around all four edges of the felt rectangle.

Position the appliquéd border on top of the loosely woven fabric; pin in place, centering it from side to side and from top to bottom. The fabric that will be fringed should extend about ½" on each side.

Position the complete border (3 layers) along the lower portion of the wall hanging, about 1" from the bottom and centered from side to side. It should overlap the accent piece by about 1½".

Using Edgestitch Foot #10D, sew the layered border to the front of the wall hanging along the edge of the background fabric. Guide the edge of the fabric along the center blade and adjust the needle position to stitch on the fabric.

Sew a miniature button in the center of each design of the border.

Pithy Saying

Use handmade paper as a frame or background for the saying. *Note: Do not use paper that has added embellishments such as leaves and twigs as these can break the needle and/or damage your machine.*

Tear the edges of the handmade paper for a natural, organic look. The final size of the paper should be about 6" x 4". *Tip: For Dip a paintbrush in water and "paint" a line where you want to tear the edge. The paper will be easier to tear and there will be more texture along the torn edge.*

Use steeped tea and a paintbrush or sponge to add an aged look to the paper. Paint the paper, including the edges, until it is slightly darker than the desired color; let dry.

Type the following saying: *It takes a long time to grow an old friend.* Create a box, 4½" x 2½" around it, centering the saying. Print it on scrapbook paper or cardstock. Cut it out, trimming just inside the line. *Option: Use decorative edge scissors or pinking shears to cut out the saying.*

Position the card on top of the handmade paper and use glue stick to hold it in place. Place the layered papers on the front of the wall hanging using the photo on page 1 as a guide. Stitch to the background, sewing through all layers.

Blooming Flowers

Layer and stack flower pieces as desired and decide on the desired layout near the upper left corner of the embroidered border. *Tip: For a 3-D look, place the flowers close together so they support each other and do not lay flat on the fabric.*

Bartack through the center of each stack of petals to secure them to the fabric.

Using a hand sewing needle and thread, add 3-4 seed beads in the center of each flower.

Framed Photo

Using your computer and a graphics program, prepare your photo by cropping or sizing it to 2" x 2".

Following the manufacturer's instructions, print the photo onto fabric. Remove the paper from the back of the fabric. Cut out the photo.

Cut a 2" square of paper-backed fusible web. Fuse the square to the wrong side of the photo.

Remove the release paper from the web and fuse the photo to the fabric, using the photo on page 1 as a guide for placement.

Cut 4 pieces of ¼" ribbon, each one 2½" long.

Select the zigzag stitch and adjust the width to 4mm and the length to 2.5mm.

Using Open Embroidery Foot #20D, sew the ribbon in place along the upper and lower edges, stitching down the centers of the ribbons. Trim the ends of the ribbons to fit the photo as you stitch them in place.

Tip: Use double-sided quilters' tape to hold ribbons in place for stitching.

Attach a shirt button to each corner using Button Sew-On Foot #18.

Finishing

Added Age
If a distressed look is desired, use a tea solution to add character and age to the wall hanging.

Steep 1-3 teabags in 8oz. of hot water. Using a paintbrush or a sponge, dab the tea solution onto the edges of the fabric. Add the tea stain in light layers until the fabric has the look you want.

Hanging Sleeve
Hem each end of the strip for the sleeve by folding ¼" twice to the wrong side; press & stitch to secure.

Fold the strip in half lengthwise with *wrong sides together.* Stitch a ¼" seam to form a tube.

Turn the tube to the right side and press with the seam going down the center.

Position the tube on the backing, ¾" down from the upper edge, centered from side to side.

Using Edgestitch Foot #10D, sew along each long edge of the sleeve.

Backing and Edge Finish
Place the front and the back wrong sides together using temporary spray adhesive to secure them.

Stitch along all four edges using a zigzag stitch.

Cut 3-6 pieces of yarn, cording, and trim, each one about 2½ yards long. Twist them together and sew them to the edge of the wall hanging using Bulky Overlock Foot #12C and a zigzag or blindstitch.