



"Hearts of Stone" Bowl

Created by Amanda Whitlatch

Use BERNINA Embroidery Software 6 to create a faux appliqué printed "stone" bowl. Use the tools in Art Canvas and the Sensational Swirls printable files to create fabulous artwork. Create custom fabric to coordinate with your embroidery.

Supplies

Machine & Accessories

- BERNINA Embroidery Software 6
- BERNINA Sewing & Embroidery Machine
- BERNINA Large Oval Hoop or Jumbo Hoop
- BERNINA Teardrop Embroidery Foot #26
- BERNINA Patchwork Foot #37
- BERNINA Exclusive Sensational Swirls Embroidery Collection #21003

Notions

- 2 -12" Pieces of light colored Cotton Fabric
- OESD Fuse & Fleece
- OESD Tear Away Stabilizer
- 1 or 2 Sheets of Transfer Artist Paper



Create the Printable Bowl Fabric

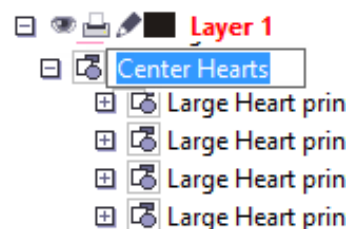


- Download the "stone.jpg" file included with the lesson.
- Select *File > New*.
- Click on the *Art Canvas Tab*.
- Change the *Units of Measure* to **Inches**.
- Select the *Load Picture* icon, and navigate to the location of the **stone.jpg** image on your computer.
- Select *Import* and press the <Enter> key on the keyboard.
- Select the *Load Picture* icon, and navigate to your **Sensational Swirls Embroidery Collection #21003** and open the Printable Files folder to select **Large Heart printable.wmf**.
- Select *Import* and press the <Enter> key on the keyboard.
- Enter a value of **90°** in the *Rotation Dialog Box* and press <Enter> to rotate the heart.
- Check that the lock for *Proportional Scaling* is closed.
- Change the **Width measurement to 4** and <Enter>
- *Copy and Paste* a second heart, Click the *Mirror Horizontally* icon then the *Mirror Vertically* icon.
- Move the second heart to the right by holding down the arrow key on the keyboard *Note: <Shift> key increases the speed of the move*. Move until the tips of the hearts just touch.
- Drag a bounding box to select both hearts then *Copy and Paste*.
- With the second set of hearts selected, enter a value of **0°** in the *Rotation Dialog Box* and press <Enter>
- Select the 4 Large Heart Printable objects from the Object Manager.



Notes

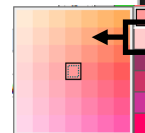
Rename the Group "Center Hearts" to more easily locate the group.





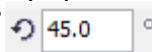
Hold down the <Ctrl> key while selecting.

- From the upper menu, select *Arrange > Group*. Click on the *Select Tool* and press the letter "P" on the keyboard to center the design.
- Change the color of the hearts by clicking on a *Color Chip* from the *Color Palette*. To expand the available colors, click and hold with the cursor a single clip to expand it.
- Check that the lock for *Proportional Scaling* is OPEN.
- Select the *Vector Rectangle* icon, then click and drag to create a rectangle. With the rectangle selected use the *Object Size Dialog Box* to change the width to **8 inches**, the height to **8 inches** and <Enter>
- Select the *Zoom* icon, and the *Zoom to All Objects* icon, use the mouse scroll wheel, or press the <F4> key on the keyboard.
- Change the Rectangle Outline color: Right Click on a RED Color Chip.
- Select the *Stone.jpg* and move the image until you like the result.
- Select the *Crop Tool* and click on a corner of the red square and drag the bounding box to the opposing corner.
- Adjust the crop area if necessary. Double click inside the crop area to apply the crop. (Remember the Undo icon:)



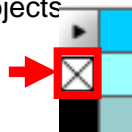
Import Additional 4 Hearts to Embellish the "Printable"

- Select the *Load Picture* icon, and navigate to your **Sensational Swirls Embroidery Collection #21003** and open the Printable Files folder to select **Large Heart printable.wmf**
- Select *Import* and press the <Enter> on the keyboard.
- Click on the Black Color Chip and use the *Object Size Dialog Box* to change the width to 2 inches, the height to 2 inches and <Enter>
- Enter a value of **45°** in the *Rotation Dialog Box* and press
- Move the heart to the **lower right corner** of the square
- Click on Copy and Paste and enter **135°** for rotation.
- Move the heart to the **upper right corner** of the square
- Click on Copy and Paste and enter **225°** for rotation.
- Move the heart to the **upper left corner** of the square
- Click on Copy and Paste and enter **315°** for rotation.
- Move the heart to the **lower left corner** of the square.
- Option: Use *Alignment Tools* to check placement of corner hearts. Drag a bounding box around the 2 hearts on the right. Click on the *Align & Distribute* icon. Use the Align tab in the dialog box to align. Note: Leave the dialog box open while reselecting different objects



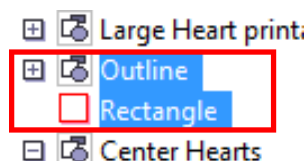
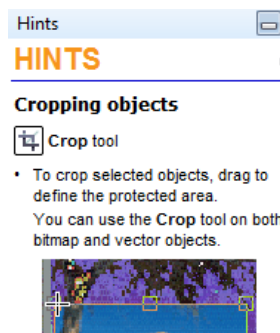
Create the Faux Appliqué Stitching

- Select the Hearts and click on the *Copy* and *Paste* icons.
- <Right Click> on the Black Color Chip and Left Click on None.
- Rename the object "Outline" in the *Object Manager*.
- Select "Outline" and "Rectangle" from the *Object Manager*.
- Click the *Convert Vector to Embroidery* icon.
- Select *Edit>Select All* and click *Outline* (left side of bottom menu).
- Select the red square from the *Color Film Menu*.
- Click on the Object Properties icon and the *Outline* tab
- Select **Stitch Type: Single** and **Single Length: 4mm**. Click <OK>
- Click *Sequence to Start* from the top of the Color Film Menu.



Notes

Open the interactive Hints Docker Panel from the upper Window menu to view information on how to use the tool you select.



- Select the black stitching and *Object Properties* icon.
- In the *Outline* tab select **Stitch Type: Single** and **Single Length: 3mm**. Click <OK>
- Click on the *Blackwork Run* icon and <Enter> on the keyboard.

Jumbo Hoop

- Right click on the *Show Hoop* icon. Select the *Jumbo Hoop #26* <OK>
- Select: *File > Save As*. The *Save As* dialog appears.
- Navigate to the folder in which you would like to store the design.
- Enter "Stone Heart Bowl" in the *File Name* field, and Click *Save*.
- Use the *Write to Machine* icon to send the design to your USB Stick for stitch out.

Oval Hoop - Create "Print & Stitch" Alignment Marker

- Right click on the *Show Hoop* icon. Select the *Artista 225x145 Oval w/X-Y Lines* and click <OK>
- Select the red square from the *Color Film* and <Delete>
- Select the black stitching and click on *Object Properties*
- In the *General* tab place a checkmark for *Proportional Scaling*
- Enter **70 for Width** and click <OK> Click on the *Art Canvas Tab*.
- Select the "Center Hearts" from the *Object Manager*.
- Click the lock for *Proportional Scaling* and enter **70%** in the *Percentage Dialog Box*. Press <Enter>
- Move and re-align the smaller hearts if desired.
- Click the *Embroidery Canvas* tab.
- Select the *Open Object Tool* and click once, drag and click again to create a line along the top center.
- Create a second line at a 90° angle.



Note: If working in Editor Plus use the Freehand Draw Tool to create the lines. Copy then Convert Vector to Embroidery to create the stitching.

- Click the *Mirror Merge Vertical* tool and drag to place a second marker at the bottom of the square. Click to set the second marker.
- Select *Copy & Paste*. Click on the *Color Menu* and select **Red:C5**
- Click *Sequence to Start* from the top of the *Color Film Menu*.
- Select the lines at the bottom of the color film and click on the *Convert Selected Embroidery to Art Vectors* icon.
- Select: *File > Save As*. The *Save As* dialog appears.
- Navigate to the folder in which you would like to store the design.
- Enter "Stone Heart Bowl" in the *File Name* field, and Click *Save*.
- Select *Edit>Select All>Objects* and <Delete>
- Select the *Embroidery Canvas* Tab and use the *Write to Machine* icon to send the design to your USB Stick for stitch out.
- Select **Undo** twice to retrieve the graphics.

Printing the Transfer Artist Paper from Art Canvas

- Click on the *Art Canvas Tab*.
- Click the *Show Embroidery* icon to hide the embroidery.
- Click the *Mirror Horizontally* icon.
- Select *File > Print...* Select the printer of your choice.
- Click the "Preview" tab to see the actual preview of what will print.
- In the *Layout* tab check that "As in Document" is selected and *Print*.
- Make sure you have loaded the Transfer Artist Paper into the printer.



One Size Fits All!
(Both Hoops - 8 inch bowl)

Oval Hoop



Jumbo Hoop



Notes

The quickest way to switch back to the *Selection Tool* in *Art Canvas* is by pressing the *Spacebar* on the keyboard.

Create the Fabric

- Iron the printed Transfer Artist Paper to Fabric
- Iron Fuse & Fleece to the wrong side of the fabric.

Note: It is fine to re-apply a hot iron to the TAP.

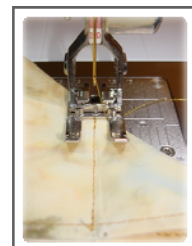
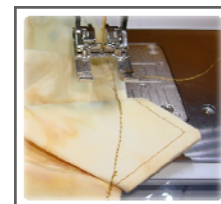
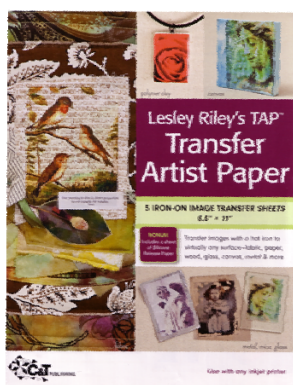
- Cut out through all layers around the printed edges.
(Oval Hoop - make sure to leave fabric tags for the printed alignment markers.)

Embroider on the Embellished Fabric

- At your machine, stitch out Color One onto Tear Away stabilizer.
- Align the printed cutout to the stitching and adhere to the Tear Away with a Fusible Adhesive Spray or similar product.
- Embroider the remaining color of the design.
- Remove the square from hoop and tear away excess stabilizer.

Create a Fabric Bowl

- For the bowl backing, use a second decorative fabric, or
- Open the "Stone.jpg" photo in Art canvas and print a second piece of Transfer Artist Paper with the coordinating stone texture.
- Cut the backing to match the embroidered cut piece.
- Use #37 Foot to stitch the squares right sides together using a scant eighth inch seam. Leave a 2 inch opening for turning. Double stitch.
- Turn right sides out, sharpen the points and topstitch all the way around the finished bowl edge. This will close the 2 inch opening.
- Fold the corners right sides together and stitch at a 90° angle.
- Flatten (or squash) the excess fabric from the corner .
back onto itself and fold it flat against the corner seam of the bowl.
- Stitch the corner flat, following the line of the previous topstitching.
- Repeat for the other three corners.



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