



# Foot Book

## Echo Quilting and CutWork Foot #44

*Foundation:* low-loft batting

*Background:* Linen or cotton fabric

*Techniques:* Raw Edge Appliqué; Blanket Stitch Appliqué; Echo Quilting; Corded Edge

*Embellishments:* Stamping/Marking

(See below for more directions.)

### Echo Quilting and CutWork Foot #44C

Echo Quilting and CutWork Foot # 44C is suitable for echo quilting (sometimes called shadow quilting), free-motion embroidery and thread painting.

When used with the BERNINA CutWork Tool and the BERNINA CutWork software, Foot # 44C is also ideal for producing BERNINA CutWork designs.

This spring-loaded presser foot is designed to work with the hopper mechanism of BERNINA sewing machines for free-motion stitching. The clear acrylic sole offers visibility of the stitching area and the large size compresses the area around the needle to add to the visibility.

The crosshair markings on the clear sole indicate the center of the sole and the concentric circles are guides for spacing lines of quilting.

Collect the following materials:

- Echo quilting and CutWork Foot # 44C
- Open Embroidery Foot #20/20C/20D
- Bulky Overlock Foot #12/12C
- Batting: 8" x 8"
- Fabric: 6" x 8"
- Light-colored fabric: 2½" x 8"
- Assorted scraps of various fabrics for petals/center of flower
- Coordinating thread
- Temporary spray adhesive
- Glue Stick
- Alphabet stamps and inkpad or permanent ink marker
- Decorative cord for edging



**Instructions**

Position the petals on the larger piece of fabric as shown in the diagram below, using glue stick to hold them in place.

Set machine for freemotion stitching as follows:

- Stitch: Straight
- Feed dog: Lowered
- Presser Foot: Echo Quilting and CutWork Foot #44C

Stitch each petal along the edge to hold in place.

*Note: Lift any petals that cover others and stitch the bottom layer first. Replace the top layer and stitch through all layers to secure.*

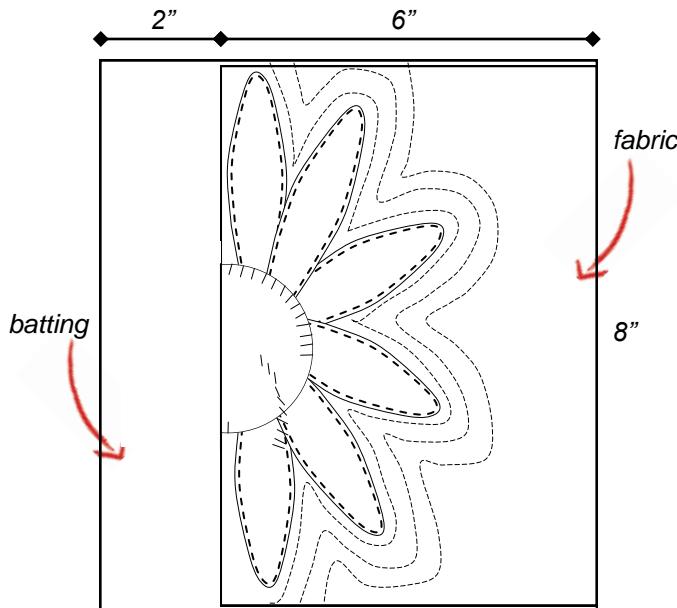
Quilt around the edges of the petals from top to bottom of the fabric. Echo quilt 2-3 more lines, following the shape of the petals and using one of the guidelines on the presser foot for spacing.

Place the flower center over the raw edges of the petals, centering it from top to bottom on the fabric. Use glue stick to hold it in place.

Set machine for blanket stitch appliquéd as follows:

- Stitch: Blanket Stitch, adjusted as desired
- Feed dog: Engaged
- Presser Foot: Open Embroidery Foot #20/20C/20D
- Needle Position: Far Right

Align the edge of the fabric with the inside toe of the foot and blanket stitch along the curved edge, stopping to pivot when needed to keep the stitched curve smooth.



*Diagram is not to scale and is intended for general placement and stitching guidelines only*

Using rubber stamps and ink or a permanent ink marker, stamp or write the word, Forty-four on the 2½" x 8" strip of fabric, positioning it at least ¼" from the lower 8" edge.

Place the inked strip right side down along the edge of the appliquéd fabric with raw edges even. Stitch through all layers using a ¼" seam. Flip the strip to the right side and press. Edgestitch the seam if desired. *Note: Check to make sure the word will be facing the correct direction before stitching.*

**Finishing**

Place the completed page back to back with another finished page and edgestitch them together.

Set machine for the corded edge technique as follows:

- Stitch: Zigzag, SW=4mm & SL=3mm
- Feed dog: Engaged
- Presser Foot: Bulky Overlock Foot #12/12C
- Needle Position: Center

Place the decorative cord next to the edge, and position Foot #12 over it so that the cord fits in the groove on the sole.

Stitch so that the zigzag goes into the fabric and then over the cord and outer edge of the fabric.

Add metal eyelets to the binding edge.

