



Foot Book

Hemmer Feet #61, #62, #63, #64, #66, #68, and #69

Foundation: Cut-away stabilizer

Background: Felt

Techniques: Turned and stitched hem,
Shell hem

Embellishments: Mini-book showing all
BERNINA hemmer feet

(See below for more directions.)

BERNINA Hemmer Feet

Precise, double-turned narrow hems are easy to sew using one of the BERNINA hemmer feet:

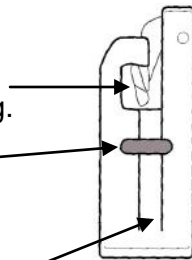
- #61 (2 mm zigzag)
- #62 (2 mm straight stitch)
- #63 (3 mm zigzag)
- #64 (4 mm straight stitch)
- #66 (6 mm zigzag)
- #68 (2mm roll and shell)
- #69 (2mm roll and shell)

Details of Foot

Coil: Turns the fabric edge under twice, holding it in place for stitching.

Needle Opening: Stitch width can be up to 5.5mm wide, depending on the foot.

Channel: Is the width of finished hem.



Why So Many?

Two differences in the various hemmer feet:

1. Size of the channel on the sole—this will be the finished width of the hem.
2. Needle opening is single hole for straight stitch or wide opening for decorative stitch.

Cutting & Preparation

Cut one 8" square of felt or sturdy fabric.

Cut one strip of cotton quilting fabric, 5" x 12" and one strip of a lightweight or sheer fabric, 5" x 12".

Print page 3 of these directions on regular paper and cut out each piece (seven hemmer feet and one tip sheet).

Cut 8 pieces of printed scrapbook cardstock, 3" x 26" each for the pages of the mini-book.

Cut one piece of heavy or corrugated cardstock for the mini book cover, 3 $\frac{1}{8}$ " x 3 $\frac{1}{2}$ ".

Thread machine as follows:

- Needle: Regular sewing thread
- Thread: Regular sewing thread in needle & bobbin
- Stitch: Straight or zigzag as needed
- Reverse Pattern Foot #1/1C/1D
- Button Sew-On Foot #18
- 2 Hemmer feet of choice, including #68 or #69

Collect the following:

- 12" of $\frac{3}{4}$ " wide twill tape
- Alphabet & numeric rubber stamps, about $\frac{1}{2}$ " tall
- Black ink pad
- Elastic ponytail holder
- 1" decorative button
- Glue Stick

Hemmed Fabric

Create samples using at least two hemmer feet as follows:

Narrow Hem: Use the strip of cotton quilting fabric and Hemmer Foot #61, #62, #63, #64 or #66. Hem one long edge of the fabric strip using a straight or zigzag/decorative stitch as required by the presser foot or the fabric. Cutting from the upper unstitched edge, trim the swatch to be 6" x 2"



Shell Hem: Use the strip of lightweight or sheer fabric and Hemmer Foot #68 or #68. Hem one long edge of the fabric strip using a zigzag, universal, or overlock stitch as desired. The hem rounded rather than flat and the stitching will pull the edges in to form a slightly scalloped look. Cutting from the upper unstitched edge, trim the swatch to be 6" x 3"

Stack the two hemmed strips with the upper raw edges even and the shorter piece on top. Treating them as one, fold the upper raw edges to the back and press.

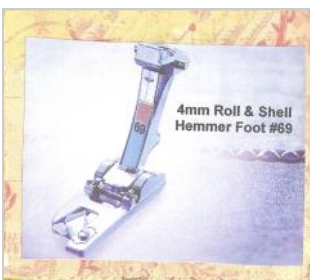
Position the stacked strips approximately in the center of the page. Sew along the folded edge to secure the swatches to the background fabric.

Mini Book

Using Button Sew-On Foot #18, sew the decorative button to the cardboard cover, positioning it approximately in the center and slightly toward the right edge. Set aside.



Glue one cut-out foot piece from the following page onto one cardstock mini-page.



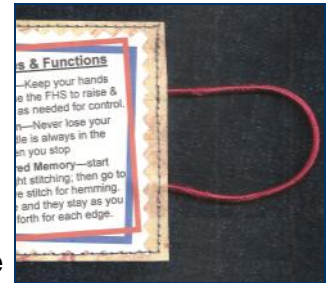
Glue the mini-page of Hemmer Foot #61 onto the back of the cover, covering the stitching from the button on the front.

Glue the mini-pages of Hemmer Feet #62 and #63 back-to-back to make

a reversible page. Repeat with Feet #64 and #66, and then with Feet #68 and #69.

Position the last page of the mini-book (tip sheet) on the fabric page at an angle, overlapping the fabric swatches (see photo on previous page as a guide).

Tuck the ponytail holder under the right edge of the mini-page, leaving about a 2" loop extending from the page. Using Reverse Pattern Foot #1, straight stitch the upper, right, and lower edges of the mini-page to hold it in place and secure the button loop.



Stack remaining mini-pages and cover with the foot numbers in order; position the stack on top of the tip sheet mini-page. Stitch along the left edge of the stack, sewing through all layers with a zigzag stitch.

Stamped Labels

Stamp the word "Hemmers" on a piece of twill tape about 4" long, leaving 3/8" unstamped at each end.

Position the twill label above the mini-book and stitch about 1/2" in from each end to secure. Fringe the tape that extends beyond the stitching. *Note: The labels can also be fused in place if desired.*

Stamp the numbers of the hemmer feet:

61 • 62 • 63 • 64 • 66 • 68 • 69

on a piece of twill tape about 7" long, leaving 3/8" unstamped at each end.

Position the twill label below the mini-book and stitch about 1/2" in from each end to secure. Fringe the tape that extends beyond the stitching.

Finishing

Place the page wrong sides together and straight stitch close to the outer edges through all layers.

Twist several assorted 1-yard pieces of yarn, ribbon, and cording together.

Thread the machine with monofilament thread in the needle and bobbin. Attach Edgestitch Foot #10 and a medium zigzag stitch.

Place edge of page on one side of the presser foot guide and the yarn on the other. Sew the fibers to the edge of the page, overlapping the start and finish slightly. Sew a second time if desired.

Add metal eyelets to the binding edge.



**2mm Zigzag
Hemmer Foot #61**



**6mm Zigzag
Hemmer Foot #66**



**2mm Straight Stitch
Hemmer Foot #62**



**4mm Roll & Shell
Hemmer Foot #69**



**3mm Zigzag
Hemmer Foot #63**



**2mm Roll & Shell
Hemmer Foot #68**



**4mm Straight Stitch
Hemmer Foot #64**

Helpful Features & Functions

Freehand System—Keep your hands on your hemming; use the FHS to raise & lower the presser foot as needed for control.

Needle Stop Down—Never lose your place as the needle is always in the fabric when you stop

Temporary Altered Memory—start each side with straight stitching; then go to zigzag or decorative stitch for hemming. Make settings once and they stay as you switch back and forth for each edge.