



# Foot Book

## Clear Embroidery Foot #39

*Foundation:* Cut-away stabilizer

*Background:* Printed scrapbook cardstock

*Techniques:* Blanket stitch appliqué; couching a narrow cord

*Embellishments:* Tag showing the number of the Clear Embroidery Foot (#39); fabric-printed photo of the foot in use; decorative ribbons to frame the photo and the technique swatch.

(See following page for more directions.)

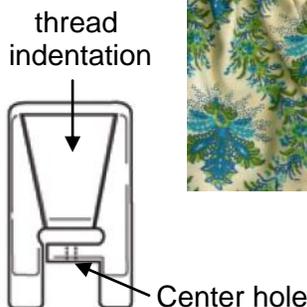
### Clear Embroidery Foot #39/39C/39D

Similar to Embroidery Foot #6, Foot #39 has the added benefit of being clear so the entire stitching area is visible. This is particularly helpful when following a marked line or when aligning stitches for decoration.

Along with the added visibility, the foot has several red markings that aid in matching and aligning as you sew:

- Horizontal marks on each side of the foot indicate the location of the needle
- Vertical red mark on the front of the foot indicates the center of the foot
- Vertical red mark also indicates the needle when it is in center position.

Sometimes called an appliqué foot, this foot was designed for satin stitching of all types. It has a wedge-shaped thread indentation on the sole, allowing satin stitches to pass under the foot evenly without building up and inhibiting the feed.



The small hole in the front of the foot allows a narrow cord to be guided perfectly down the center of the stitching for raised edges and corded appliqué. In addition to the red mark mentioned earlier, this hole can also be used as a visual guide marking the center of the foot and the stitch (when the needle is in the center position). Elastic thread may also be guided through the hole for shirring as shown below.



## Cutting and Preparation

Cut a piece of cut-away stabilizer and a piece of printed scrapbook cardstock the size of the finished page. Using temporary spray adhesive, bond the stabilizer to the wrong side of the cardstock.

Cut the following fabrics:

	Low-loft batting	7½" x 4"
	Base fabric	7½" x 4"
	Coordinating fabric	Curve A
	Coordinating fabric	Curve B

### Notes:

*The Curve Patterns are on the following page.  
The stitched swatch will be trimmed to 6" x 3" after stitching.*

Use temporary spray adhesive to layer the following with the lower edges even:

- Batting—bottom layer 1
- Base fabric—layer 2
- Curve A—layer 3
- Curve B—top layer 4

## Stitching

Stitch the curve A using Clear Embroidery Foot #39/39C with a narrow cord (embroidery floss, perle cotton, etc.) threaded through the small hole between the toes of the presser foot. Stitch along the upper curved edge with a zigzag stitch (2-3mm wide and 2-3mm long). *Note: Use matching, coordinating, or monofilament thread.*

Stitch curve B with a blanket stitch and coordinating embroidery thread using the following settings:

- Stitch length and width can be used at the preprogrammed settings or changed as desired.
- Adjust the needle position to the far right.
- Stitch curve B, aligning inner right toe of presser foot with the fabric edge as shown.

Trim the stitched swatch to 6" x 3" after the stitching is complete, placing the curved edges approximately in the center of the swatch.



Cut 4 pieces of narrow ribbon (3/8" wide), one for each side of the swatch. Set the swatch aside.

## Presser Foot in Action

Cut a 4" square of scrapbook cardstock.

Print this page on paper or fabric as desired. Cut out the photo below.

Glue the photo in the center of the cardstock. Cut four pieces of narrow ribbon (¼-⅜" wide), about 3½" each. Position the ribbon over the edges of the photo, overlapping the corners. Trim the ends at an angle. Using a straight or zigzag stitch as desired, sew the ribbon and photo to the cardstock.

Position the framed photo in the upper left corner of the page, about ½" from the edges of the page. Using an open zigzag stitch, sew the cardstock to the page.

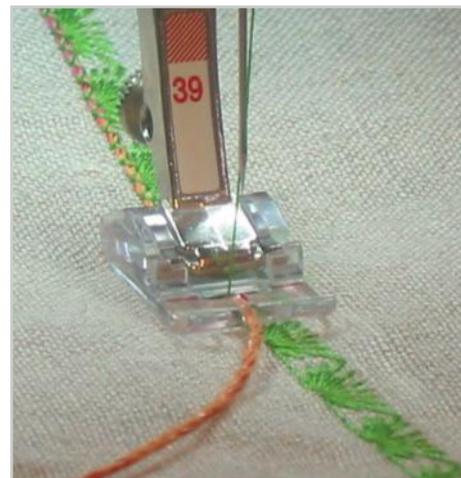
Place the stitch swatch at a diagonal over the corner of the cardstock as shown in the photo on the previous page; pin or glue to hold in place.

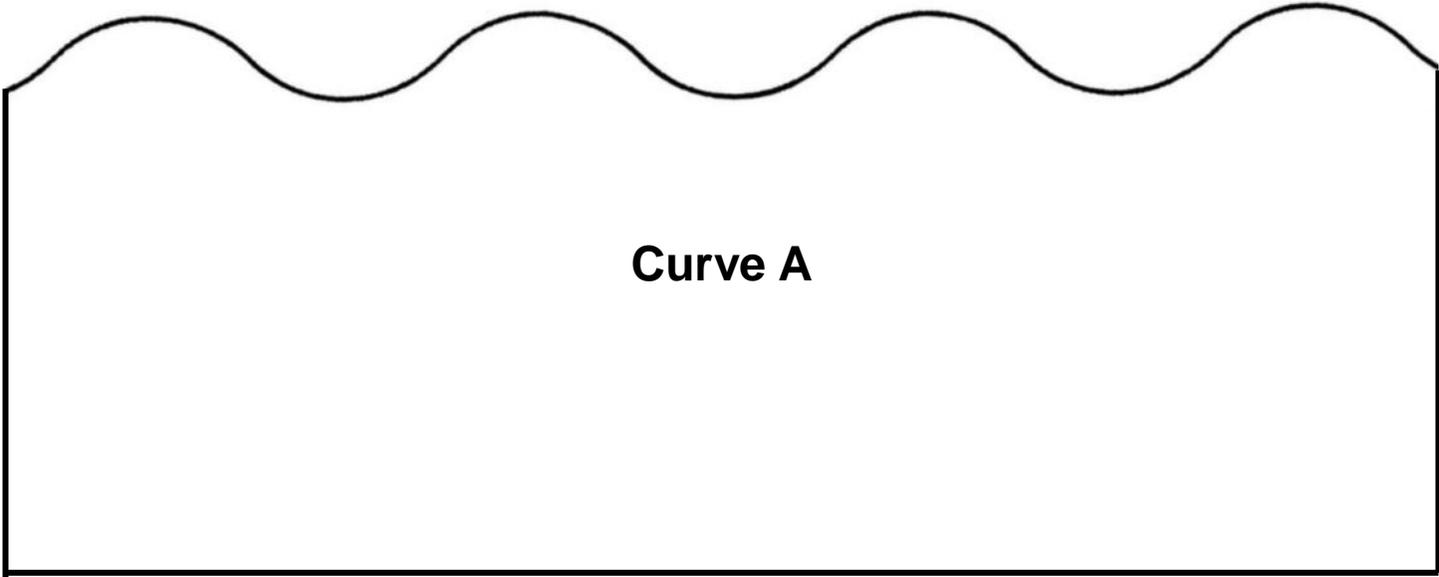
Position the ribbon over the edges of the stitch swatch, overlapping the corners; trim the ends straight. Using an open zigzag stitch, sew the swatch to the page.

## Adding a Tag and Note

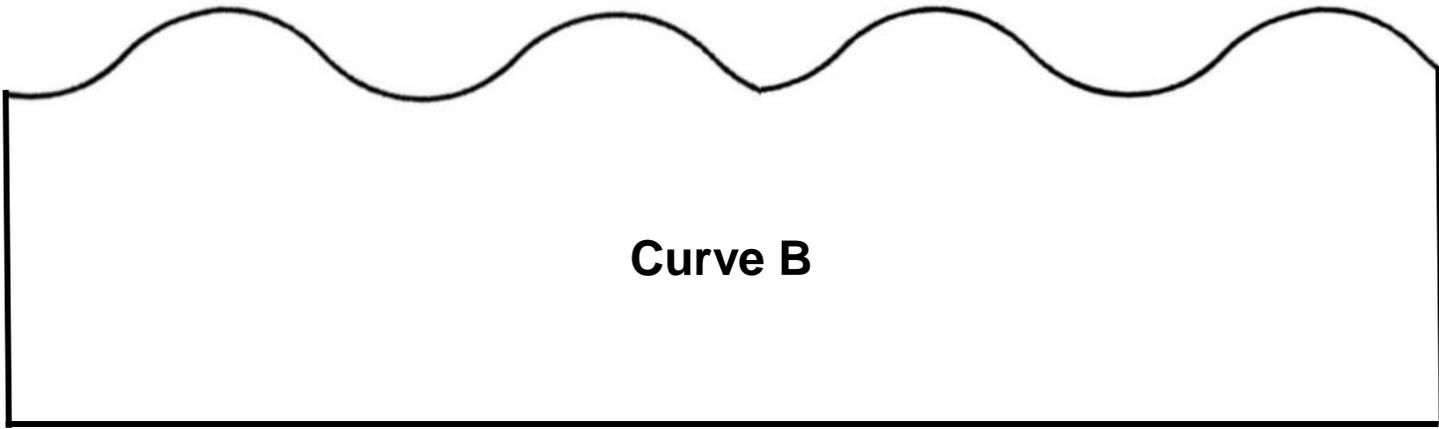
Cut 4-6 pieces of various decorative threads and fibers, each about 10" long. Place on the page as desired and bartack them approximately in the center. Thread a metal or cardstock tag onto the fibers and tie to secure. Using a marker, write #39 on the tag; trim fibers if desired.

Cut a 2" square of scrapbook cardstock and using a marker, print 2-3 of your favorite attributes of Clear Embroidery Foot #39/39C/39D on it. Glue or stitch the list in the upper right area of the page.





**Curve A**



**Curve B**