

Embroidery Project

Blossoms & Bows Sundress

Created by Kaysie Oldani

Whether you are making a special outfit for your little girl or your granddaughter, the joy of creating something for them is always a gift to yourself! With just a yard of fabric you can create this sundress and add fun embellishments with the designs from the Blossoms & Bows Signature Embroidery Collection. There's no limit to the excitement you can create!

Supplies

- BERNINA Sewing & Embroidery Machine
- Reverse Pattern Foot #1
- Edgestitch Foot #10
- Ruffler Attachment #86
- BERNINA Embroidery Software 6 (optional)
- BERNINA Serger
- OESD Signature Collection #12308—Blossoms & Bows: designs #FS023_48 and #FS009_48
- Isacord Embroidery Thread in desired colors
- Bottom Line thread (for bobbin)
- All-purpose sewing thread
- Elastic thread
- FOUR spools of serger thread
- Silk dupioni, 45" wide:
 - ◊ $\frac{3}{4}$ yard green for skirt and bows (for a 12"-long skirt)
 - ◊ $\frac{1}{4}$ yard white for bodice, straps, and lower band
- OESD Ultra Clean & Tear Stabilizer
- 505 Temporary Adhesive Spray



Create the Shirred Bodice

- ♦ Hand wind a bobbin with elastic thread.

If sewing on the BERNINA 830, wind the bobbin on the machine, bypassing the lower tensioner.

- ♦ Insert the bobbin in the bobbin case as for embroidery, i.e. through the pigtail or the eye of the finger on the bobbin case, as you want to create extra tension on the elastic thread.
- ♦ Allowing for seam allowances at the upper and lower edges of the bodice rectangle, mark evenly spaced guidelines for the rows of shirring by folding and finger-pressing or by lightly pressing with an iron. The sample garment has seven rows of shirring.

Cut the Fabric

- Green silk dupioni:
 - ◊ One rectangle, 12" x width of the fabric, for the skirt
 - ◊ One 12" x 10" rectangle for the bows
- White silk dupioni:
 - ◊ One rectangle, 5½" x width of the fabric, for the bodice
 - ◊ Two 2½" x 7½" rectangles for the straps
 - ◊ One strip, 3½" x the width of the fabric, for the border
 - ◊ One strip, 3½" x 10", also for the border

- ◆ Serge-finish the upper edge, then turn under $\frac{1}{4}$ " and edgestitch with the sewing machine.
- ◆ With the right side of the fabric facing up, sew along the marked lines with a straight stitch.



- ◆ From the wrong side, hover the iron just above the fabric and steam heavily to create the shirred rows.



- ◆ Cut the shirred rectangle of fabric to fit the child's chest measurement plus $1\frac{1}{4}$ " for seam allowances. In addition, allow enough ease for the bodice to fit over the child's head.

Create the Skirt Band

- ◆ Serge the two skirt piece ends together along the 12" sides to form one continuous piece. Press the seam allowances to one side.
- ◆ Serge the two band pieces together at the $3\frac{1}{2}$ " ends. *Note: Check to make sure that the band is the same circumference as the skirt.*
- ◆ Fold the band fabric in half lengthwise, wrong sides together.
- ◆ Place the band to the right side of the skirt, matching the raw edges. Serge together. Press the seam allowances toward the skirt.

Mark the Embroidery Placement

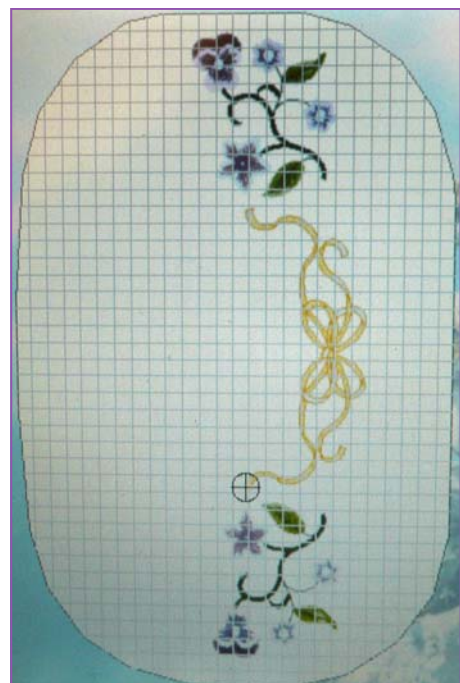
©2012 BERNINA. All rights reserved. The instructions given here are for ma-

chines with an extra-large embroidery hoop, such as the BERNINA 830 and a Jumbo or Mega Hoop, or a BERNINA artista 730 and a Mega Hoop. For alternate instructions, see page 3.

- ◆ Mark the vertical center front of the skirt. This will be the horizontal center of the design.
- ◆ Mark a horizontal line approximately $3\frac{1}{2}$ " from the lower edge of the skirt. This will be the vertical center of the design.

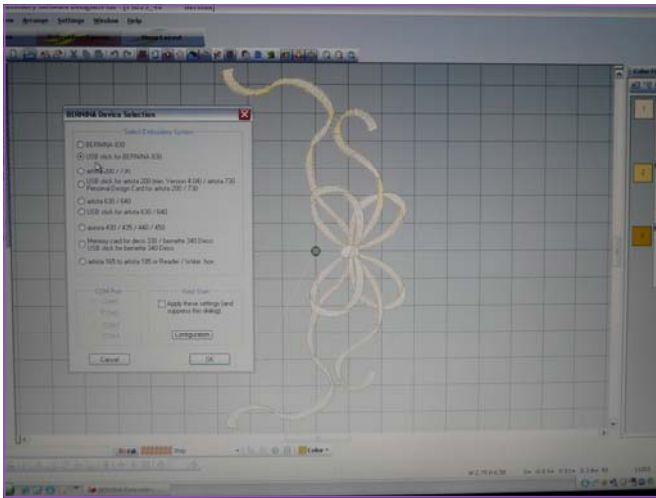
Prepare the Embroidery Design

- ◆ Bring the large bow (design #FS023_48) onto the workscreen of the machine, or open it in the embroidery software.
- ◆ Select an extra-large hoop, such as the BERNINA Jumbo Hoop or Mega Hoop.
- ◆ Insert the flower group (design #FS009_48) onto the workscreen of the machine or the software. Select the flower group and mirror image it horizontally (left/right). Position it at the upper end of the bow, using the illustration as a guide.
- ◆ Duplicate the flower group mirror-image it vertically (up/down). Position it at the lower end of the bow.
- ◆ Send the design to the embroidery machine if using software via USB stick, or other storage



device.

Stitch the Embroidery



- ◆ Spray one side of a long length (approximately 22") of Ultra Clean & Tear stabilizer with 505 Temporary Adhesive Spray. Center the sticky side of the stabilizer on the wrong side of the skirt, under the area to be embroidered.
- ◆ Hoop the fabric/stabilizer, aligning the hoop with the marked lines on the skirt front.
- ◆ Thread the embroidery machine with Isacord Embroidery Thread in the needle and Bottom Line thread in the bobbin.
- ◆ Attach the hoop to the machine.
- ◆ Stitch the combined design.



Create & Attach the Straps

- ◆ Fold each strap rectangle lengthwise, with right sides together. Stitch the long sides using a $\frac{5}{8}$ " seam allowance.
- ◆ Turn the straps right side out. Fold so that the seam is in the middle of one side; press.
- ◆ Serge-finish the short ends of the straps.
- ◆ Stitch the straps to the wrong side of the bodice at the front and back.
- ◆ Using the remaining green fabric, create bows and attach them to the straps.

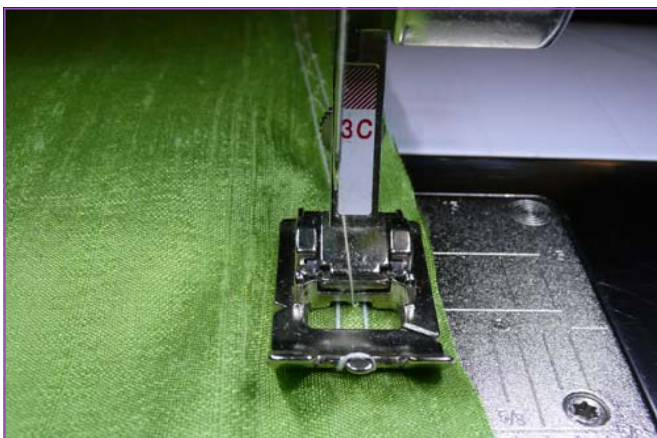
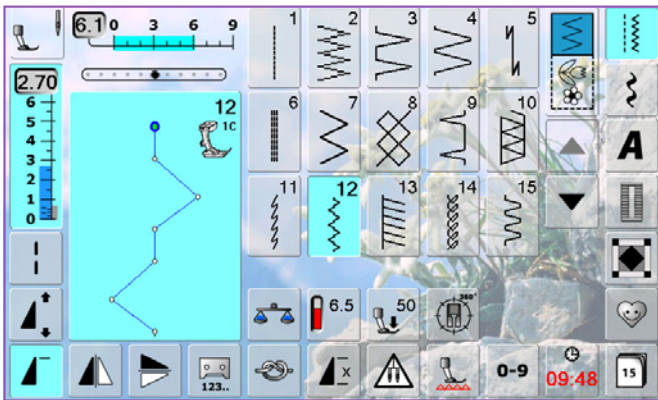
Visit www.bernina.com
for additional **BERNINA** projects,
product information, and promotions!

Attach the Skirt to the Bodice

- ♦ Attach the ruffler to the sewing machine and use it to gather the top edge of the skirt.



Note: If your machine has an automatic gathering stitch, it may be used with a length of strong thread (dental floss works well) to gather the skirt.



- ♦ Placing the pins about 1" from the raw edge, pin the skirt to the bodice, adjusting the gathers evenly.

- ♦ Serge the skirt and bodice together. Voila!

Aren't you excited about this fun creation? Now play and see how different you can make the next one!



Alternate Embroidery Instructions

- ♦ Mark the vertical center front of the skirt.
- ♦ Print paper templates of the bow and flower designs.

Note: If using BERNINA Embroidery Software, open and arrange the designs in the software, then use the Multi-Hooping feature to print templates.

- ♦ Position the templates on the skirt, arranging them to form the design shown above.
- ♦ Mark the vertical and horizontal center of each design on the skirt front.
- ♦ Hoop and embroider each of the designs separately.