

Embroidery  
Project

Simple-to-Sew  
Project

# Cocktail Napkin Ornaments

Created by Jo Leichte

*Two cocktail napkins, some stitched embellishments, narrow ribbon, and a bit of fiberfill — that's all it takes to make these pretty holiday ornaments. The 4" x 4" center squares make this a perfect project for stitching on the Deco 340 and other embroidery machines with a small hoop size.*



## Supplies

- Two 6" cocktail napkins for each ornament
- 1½ yards of ¼"-wide ribbon for each ornament
- 505 Temporary Fabric Adhesive
- Tapestry needle or bodkin
- Curved thread snips
- Fiberfill
- Ornament #1
  - ◊ Sewing machine
  - ◊ 5" x 5" fabric scrap for appliqué
  - ◊ 5" x 5" square of Steam-a-Seam 2
  - ◊ OESD LightWeight Tear-Away Stabilizer
  - ◊ Mettler 50-weight cotton thread for applique
  - ◊ Open Embroidery Foot #20
- Ornament #2
  - ◊ BERNINA Embroidery Machine
  - ◊ OESD "Paisley Christmas" collection #12355 (design #HG677)
  - ◊ OESD PolyMesh CutAway Stabilizer
  - ◊ Isacord Embroidery Thread
  - ◊ Medium embroidery hoop
- Ornament #3
  - ◊ BERNINA Embroidery Machine
  - ◊ BERNINA Embroidery Software 6 (optional)
  - ◊ OESD PolyMesh CutAway Stabilizer
  - ◊ Isacord Embroidery Thread
  - ◊ Medium embroidery hoop

## General Instructions

- ◆ Place an embellished cocktail napkin wrong sides together with a plain napkin.
- ◆ Thread the ribbon through the beading holes using a tapestry needle or bodkin, leaving about 2" open for stuffing.

*Tip: Begin and end at the corner where you want to make a bow for loop. For instance, at the lower front corner for a bow, or the upper back corner for a hanging loop.*

- ◆ Loosely stuff the ornament with a small amount of fiberfill. Don't overstuff — the "pillow" should be rather flat.



- ◆ Finish weaving the ribbon through the holes to close the opening. Tie ends in a bow or knot as desired.



- ◆ Add a hanging loop if desired, attaching it at the upper back corner, through the woven ribbon.

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## Ornament #1

- ◆ Fuse the Steam-a-Seam 2 to the wrong side of the fabric square following the manufacturer's instructions.
- ◆ Cut a 4" square from the fused fabric. Fuse the square to the center of one cocktail napkin following the manufacturer's instructions.
- ◆ Bond a piece of tear-away stabilizer to the back of the cocktail napkin using 505 adhesive spray.
- ◆ Thread the sewing machine with 50-weight cotton thread and attach Open Embroidery Foot #20.
- ◆ Select the zigzag stitch. Set the stitch length at the satin stitch mark (around 1mm) and the width between 3mm to 5mm.
- ◆ Stitch around the outside edges of the bonded fabric square.
- ◆ Clip thread tails and gently tear away the excess stabilizer.
- ◆ Assemble the ornament following the General Instructions.





### Ornament #2

- ◆ Hoop a piece of cut-away stabilizer. Mark the center with vertical and horizontal center lines.

- ◆ Spray hooped stabilizer with 505 temporary adhesive.

*Tip: Use an empty box as a spray station.*



- ◆ Smooth the napkin into place on the stabilizer, matching the marked centers.

- ◆ At the machine, open the Paisley Christmas Tree design. Rotate 45° using the onscreen editing functions. Stitch the design.

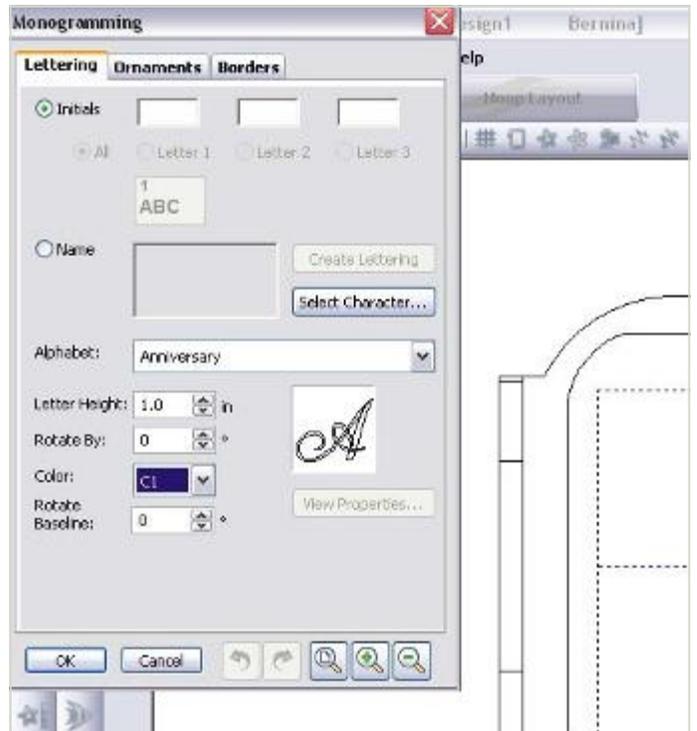


- ◆ Clip the thread tails and jump stitches.
- ◆ Cut away the excess stabilizer from the back of the napkin, leaving about 1/4" around the outside of the stitching.
- ◆ Assemble the ornament following the General Instructions.

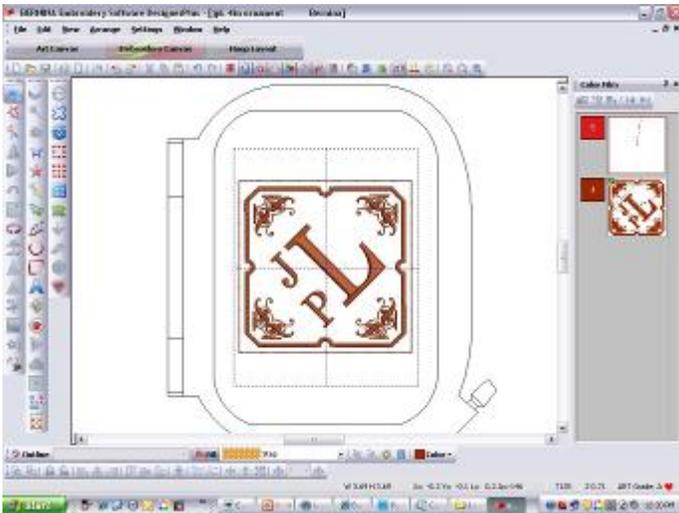


### Ornament #3

- ◆ Open a New file in BERNINA Embroidery Software 6. Click on the Hoop icon; select Manual Centering.
- ◆ Select the Rectangle tool and draw a square. Select Object Properties; set the height and width at 4", and the stitch length at 4mm. Change the color to C2 (or any unused color).
- ◆ Click on the Monogram icon to open the Monogram dialog box. Select initials, alphabets, ornaments, placement, etc. as desired. See Help > Onscreen Manual, Chapter 28.



- ◆ When monogram is complete, left click on the Rotate by 45° icon. Adjust the size of the monogram to fit within the 4" square.



- ◆ Save the design. Select Write to Machine and send the design to your embroidery machine or USB stick.

- ◆ At the embroidery machine, stitch the 4" square.



- ◆ Remove the hoop from the machine and spray the hooped stabilizer with 505 adhesive.
- ◆ Smooth the napkin into place on the stabilizer, aligning the holes in the napkin beading with the stitched square outline.
- ◆ Embroider the monogram on the cocktail napkin.
- ◆ Clip the thread tails and jump stitches.
- ◆ Cut away the excess stabilizer from the back of the napkin, leaving about 1/4" around the outside of the stitching.
- ◆ Assemble the ornament following the General Instructions.

