

Embroidery
Project

Quilt Sanctuary

Created by Linda Wenturine



These charming birds find a place to rest on this quilt sanctuary. Attracted to colors from the 70's, they fly collectively and find their perches!

The BERNINA Exclusive Embroidery Collection - Retro Birds has all the parts and pieces needed to combine and create a beautiful center medallion that draws this flock together. The single-line designs included in this collection are a perfect start for quilting this wall hanging, plus add free-motion stippling for a finishing touch.



Supplies

Machine & Accessories

- BERNINA Sewing & Embroidery Machine
- Large Oval Hoop or Jumbo Hoop (or largest embroidery hoop available)
- BERNINA Embroidery Software 6 (optional)
- Edgestitch Foot #10/10C/10D
- Teardrop Embroidery Foot #26
- Patchwork Foot 37/37D OR Patchwork Foot with Guide #57/57D
- BERNINA Stitch Regulator #42 OR your favorite free-motion foot

Embroidery Collection

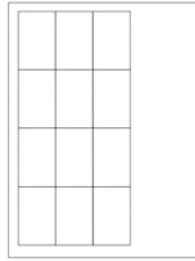
- BERNINA Exclusive Embroidery Collection - Retro Birds #12001

Fabric & Notions

- 5 fat quarters in assorted colors
- 1 fat quarter for center medallion
- 1/3 yard fabric for sashing
- 1/2 yard fabric for border
- 1/3 yard fabric for binding
- 1 1/4 yards fabric for backing
- Assorted scraps for appliqué, about 5" square
- OESD Ultra Clean & Tear Stabilizer
- OESD Applique Fuse & Fix
- 505 Temporary Spray Adhesive
- 101 Quilt Basting Spray
- Water-soluble marking pen
- Crib size batting cut to 40" x 44"
- Isacord embroidery thread to coordinate with fabrics
- Bobbin thread
- Thread - quilt construction
- Size 80/12 Sharp Organ Embroidery needles
- Size 80/12 Microtex needles for quilting and piecing

Cutting Instructions

- Cut twelve 3½" x 5½" rectangles from each of the five fat quarters. Do not cut the fat quarter for the center medallion.
- Cut sashing fabric into seven 1" x width of fabric (WOF) strips.
- Cut border fabric into four 3½" x WOF strips.
- Cut binding fabric into four 2⅜" x WOF strips.
- Cut backing fabric to 40" x 44".
- Cut batting to 40" x 44".



Center Medallion (without software)

- Print five templates for design #21001-05 (templates are included on the collection CD).
- Place the five templates on the center medallion fat quarter as shown in the *Quilt Sanctuary Embroidery Layout* picture.
- Mark the center placement of each design using target stickers or an erasable marking pen.

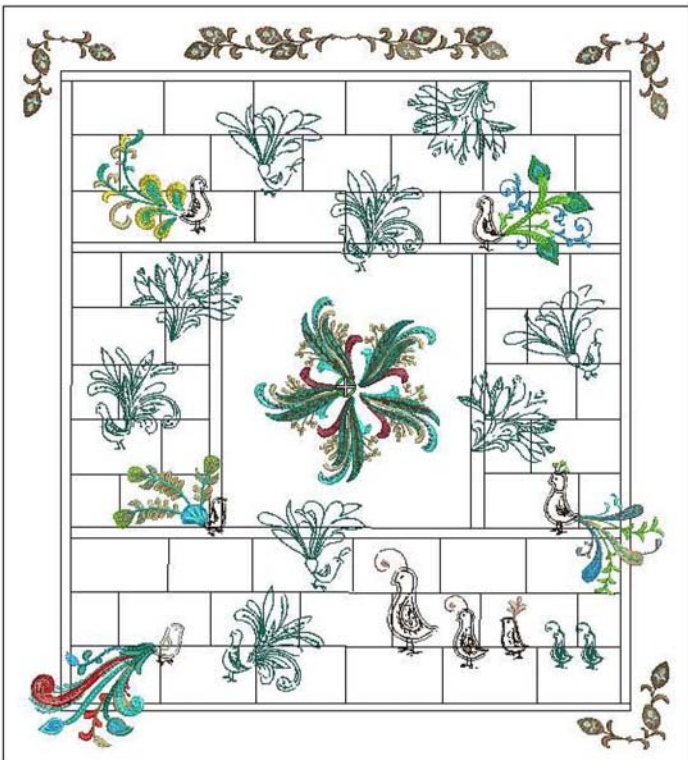
- Embroider each design until the array is complete, re-hooping as necessary.
- After the embroidery has finished, remove the excess stabilizer from the back of the fabric and trim the embroidered fabric to 14½" width x 15½" length, keeping the embroidery design centered.

Quilt Construction

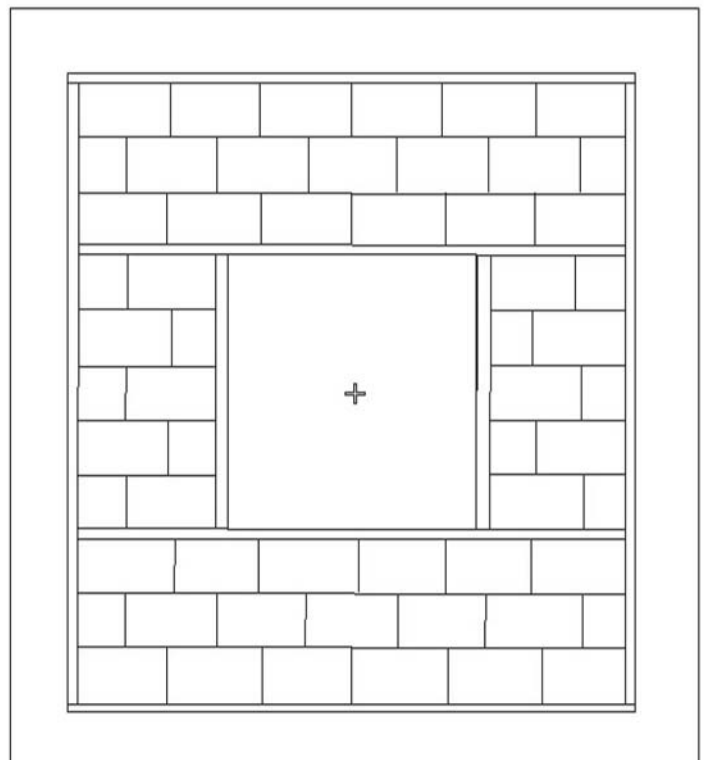
Note: Use a Microtex Sharp needle, construction thread, and a ¼" seam allowance.

- Stitch a sashing strip to each side of the center medallion.
- Using the Quilt Sanctuary Layout picture as a guide, sew the rectangles together into rows (four rows of six rectangles, two rows of seven rectangles, and ten rows of two rectangles).

Note: Where you see smaller rectangles, you will still sew whole rectangles together; you'll trim them later, before sewing the rows together. This is easier than cutting smaller rectangles and sewing them together.

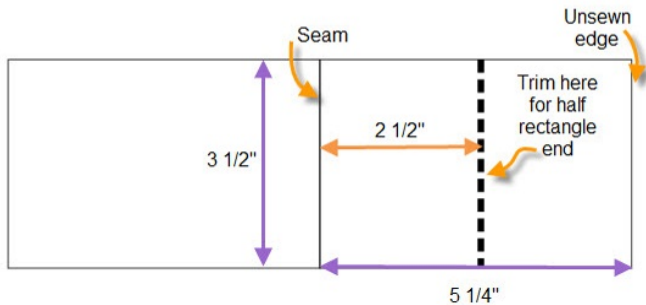


Quilt Sanctuary Embroidery Layout



Quilt Sanctuary Layout

- Lay the rows out as shown in the Quilt Sanctuary Layout picture. You will trim both ends of a 7-rectangle row. Lay the end so it measures $3\frac{1}{2}$ " in length and $2\frac{3}{4}$ " in width.



- Trim only one end of each set of two.
- Sew the sashing, center medallion, and rectangle sections together according to the quilt layout.
- Add the borders.

Embroidery

- Make the following design changes in the embroidery software and then print templates at "Actual Size." Rename and save the altered designs to a USB stick or send directly to your embroidery machine.

Note: If you do not have BERNINA Embroidery Software, make the changes using your embroidery machine's on-screen editing features before stitching each motif.

- ◊ #2001-05: Reduce to 70%, rotate 12°, print five copies of the template

Note: You may choose to use the software's Wreath tool, using five motifs to form the entire medallion at one time. The medallion can then be stitched in one hooping using the Jumbo Hoop for the BERNINA 830, or using the Multi-Hooping feature of the DesignerPlus software.

- ◊ #21001-18**: Enlarge 20%, print 1 template
- ◊ #21001-16: Mirror Horizontal, print 1 template
- ◊ #21001-13**: Enlarge 20%, Mirror Horizontal, print 1 template
- ◊ #21001-12**: Enlarge 20%, Mirror Horizontal, print 1 template

- ◊ #21001-17**: Enlarge 20%, print 1 template
- ◊ #21001-03: Print 1 template
- ◊ #21001-03: Enlarge 40%, print 1 template
- ◊ #21001-03: Decrease to 60%, print 2 templates
- ◊ #21001-02: Print 1 template
- ◊ #21001-20: Print 2 templates
- ◊ #21001-20: Mirror Horizontal, print 1 template
- ◊ #21001-19: Print 1 template
- ◊ #21001-19: Mirror Horizontal, print 1 template
- ◊ #21001-27: Print 3 templates (single-line design)
- ◊ #21001-26: Print 3 templates (single-line design)
- ◊ #21001-25: Print 3 templates (single-line design)

***These designs, enlarged as stated, can be stitched using the Jumbo Hoop for the BERNINA 830. If using a smaller hoop, enlarge them as much as the hoop will allow, or use the Multi-Hooping feature of BERNINA Embroidery Software 6.*

- Lay out all the embroidery templates (except for the single-line quilt designs, which will be used later) as shown in the Quilt Sanctuary Embroidery Layout picture on page 2.
- Mark the placement for each design using a water-soluble marking pen.



- For each design to be embroidered, cut a piece of Ultra Clean & Tear stabilizer larger than the hoop you are using. Spray the stabilizer with 505 adhesive and affix the stabilizer to the back of the area to be embroidered. Hoop all layers together as one.
- Embroider each design. Some of the designs are appliqué designs. Refer to the instructions below for specifics. You will also find instructions for appliqué on the design collection CD.

Applique

Without CutWork Software and Accessory

- Fuse Appliqué Fuse & Fix to the wrong side of the fabric scraps following the manufacturer's instructions.
- Patterns for the appliqué shapes are provided on the collection CD. You may instead use the templates you printed for placement and cut out the applique shapes just before embroidering, after you have marked the position on the fabric.
- Pin the template to the right side of the appliqué fabric and cut along the outer line of the bird-body shapes.

With CutWork Software and Accessory

- As an alternative to cutting the appliqué shapes with scissors, CutWork (CWA) files are provided on the collection CD for use with the BERNINA CutWork Accessory. Instructions for using the BERNINA CutWork Tool are also found on the CD.
- Designs to be stitched at their original size and rotation can be sent directly to the embroidery machine. However, any rotation of the appliqué cutwork design files must be done in the CutWork software. It is recommended that sizing be done there as well.

Quilting

- Layout the batting and spray it with 101 Quilt Basting Spray. Place the wrong side of the quilt backing over the batting and carefully smooth it into place.
- Turn the backing/batting over and spray the batting with 101 adhesive. Center the wrong side of the quilt front over the batting and smooth into place.

- Place the paper templates for the single-line quilting designs into position as shown in the Quilt Sanctuary Embroidery Layout picture on page 2.
- Mark the center placement lines for each design.
- Install a Microtex Sharp needle in the machine. Thread the machine with the same color thread in the needle and the bobbin. Thread the bobbin as you would for regular sewing, not as you would for embroidery (i.e. don't put the thread through the pigtail or finger of the bobbin case).
- Hoop all layers of the quilt as one unit. No stabilizer is used when stitching the quilting designs.
- Re-hoop as needed to stitch the remaining single-line designs.



- Using the BERNINA Stitch Regulator or your favorite free-motion foot, free-motion stitch the areas of the quilt that have not been embroidered.

Finishing

- Sew the short ends of the binding strips together to form one long strip. Fold the strip in half length-wise, wrong sides together; press.
- Stitch the binding to the wrong side of the quilt.
- Wrap the binding to the front of the quilt, with the fold just covering the previous line of stitching.
- From the right side of the quilt, stitch along edge of the binding using a decorative stitch of your choice and Edgestitch Foot #10/10C/10D. The sample features a feather stitch.



A
Bird's
Eye
View...

