



# bonus project!



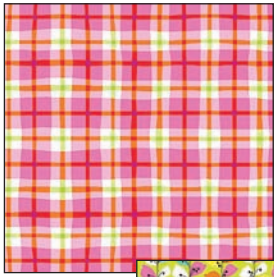
## Supplies

- OESD "Floralicious" by Michele D'Amore Embroidery Collection #1103
- Pattern
  - Sassy Little Apron by Cabbage Rose (adult size)
  - Sassy Little Sisters Child's Apron by Cabbage Rose (child size)
- Fabric from the Benartex "Floralicious" fabric collection
  - Adult apron fabrics (use yardages from pattern instructions)
    - Apron fabric
    - Accent fabric
    - $\frac{3}{8}$  yard pink plaid for ruffle, tie, and neck strap accent
  - Child's apron fabrics (use yardages from pattern instructions)
    - Apron fabric
    - Accent fabric
    - $\frac{3}{8}$  yard pink plaid for ruffle, tie, and neck strap accent
    - One fat quarter large floral for pocket
  - Assorted prints for appliqué
- Two covered buttons ( $1\frac{1}{8}$ "-diameter for adult apron,  $\frac{7}{8}$ "-diameter for child's apron)
- Best Press Spray
- Bias Binder Attachment #88 with Foot #95/95C OR Bias Binder Attachment #84 with Foot #94
- Edgestitch Foot #10/10C/10D
- Open Embroidery Foot #20/20C
- OESD Ultra Clean & Tear Stabilizer
- OESD Appliqué Fuse & Fix
- OESD BadgeMaster
- OESD LightWeight Tear Away
- OESD Gentle Touch Tear-Away
- Steam-a-Seam 2
- 505 Temporary Spray Adhesive
- Isacord Embroidery Thread
- OESD Bobbin Thread or Bottom Line Bobbin Thread
- Water-soluble marking pen
- Point presser
- BERNINA Embroidery Software 6 or Artlink 6
- BERNINA 830 or other embroidery machine
- BERNINA Jumbo Hoop or your largest embroidery hoop

# Sassy Little Aprons

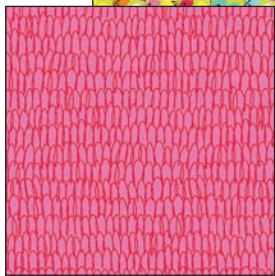
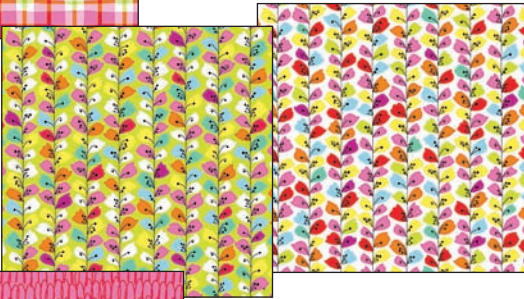
by KAY HICKMAN

## Benartex "Floralicious" fabrics used in this project:



Plaid/Pink Multi  
4087-26

Leaf Vine 4086-09 (white)  
Leaf Vine 4086-44 (green)



Squiggle Pink 4088-26

Squiggle Lime  
4088-44



Big All Over/Black Multi  
4081-00

## Instructions

Follow the pattern instructions for general construction, noting changes for each apron below.

### Both Aprons

- Cut the apron front, ties, neck strap, and ruffle as directed in the pattern instructions.
- Fold tie ends lengthwise with right sides together. Stitch across the short end with a ¼" seam allowance. Trim the seam allowances and turn right side out; the end now forms a triangle.
- Fold the ties and straps in half and press well. Apply binding to both long edges of each tie and strap piece. (See Binder Attachment Sidebar)
- Stitch the three ruffle sections together as directed. Apply binding to the lower edge of the ruffle.

## Binder Attachment Instructions

- For best results, stiffen the binding fabric with Best Press before cutting.
- Cut the binding fabric into 28mm-wide (1 1/8" -wide) bias strips. Piece strips together on the bias to create the length needed for the project (approximately 8 yards for adult apron and 6 yards for child's apron).
- Attach Binder Foot #95/95C to the machine.
- Position Binder Attachment #88 so that the bias feeder aligns with the right toe of the foot, and the edge of the binder is against the right side of the foot. Attach the screw through the slot in the Binder and into the right hole on the machine.
- Feed the bias strip into the slot of the binder. Swing the binder front slightly to the right if needed. Use an awl or stiletto to encourage the fabric to feed into the binder.
- Raise the presser foot and pull the fabric through the binder so that the fabric extends completely under the foot.
- Lower the presser foot and sew a few stitches. Adjust the needle position to the right until the needle penetrates the fabric just to the right of the fold.



- Position the fabric to be bound into the area between the folds of the bias and continue stitching. Make sure that the bias strips can flow freely into the binder.



- Check to ensure that the fabric is completely encased in the fold and that the stitching catches the fabric and the binding. Adjust the needle position if necessary.



The ties for the bows are also created using this technique, but without inserting any fabric between the folds of the bias strip.

## Adult Sassy Apron

*Note: This large flower design requires the use of the BERNINA 830 with Jumbo Hoop. If you have a different machine, use the Multi-Hooping Feature in BERNINA Embroidery Software 6 to stitch the design in segments.*

- Fold apron front in half and finger crease. Mark a dot 6" down from the center front.
- Print the paper template for design #BE110311 using BERNINA Embroidery Software 6 or Artlink 6. Tape the pages together and cut roughly around the flower.
- Position the center of the paper template at the 6" dot. Rotate the flower so that the upper edge of the flower is in a semi-horizontal position so that it can be used in conjunction with the stand-alone appliqué flower as a pocket.
- Transfer the horizontal and vertical marks to the fabric. Draw an arrow to indicate the top of the design.
- Hoop a layer of OESD Ultra Clean & Tear Stabilizer in the BERNINA 830 Jumbo Hoop. Use the hoop's plastic template to mark the horizontal and vertical center grid lines on the hooped stabilizer.
- Spray the hooped stabilizer with 505 Temporary Adhesive Spray. Align the marked center lines on the apron front with those on the hooped stabilizer. Finger press the apron into position.
- Attach the hoop to the machine and stitch large flower design #BE110311 on the front of the apron. (See Applique by Embroidery Machine Sidebar)
- When embroidery is complete, remove the hoop from the machine. Remove the fabric from the hoop and gently tear away the excess stabilizer from the back of the apron.

### Stand-Alone Appliqué Design used for Pocket

- Print and cut out the upper and lower flower patterns for design #BE110312 provided on the CD.
- Cut two rectangles of fabric slightly larger than the pattern pieces. Use Steam-a-Seam 2 to fuse them wrong sides together, following the manufacturer's instructions.
- Trace the pattern pieces on the right side of the fused fabric and cut out the shapes.
- Hoop a layer of BadgeMaster stabilizer in the hoop closest in size to the flower design. Stitch the first color, which is the first placement line.

### Appliqué by Embroidery Machine

- Use embroidery software to print a paper template for the appliqué design (sample shown is design #BE110311). Position the template in the desired position on the project. If you do not have a Jumbo Hoop, choose another design and use the hoop closest to the size of the design.
- When stitching an appliqué design such as this one, the first color stitched will be a placement line. (Refer to the instructions on the design CD for additional details.)
- Print the required pattern piece from the CD, referring to the CD instructions to ensure that the pattern prints at the correct size.
- Cut a rectangle of Fuse & Fix slightly larger than the pattern piece, and fuse the shiny side to the wrong side of the fabric. Allow to cool before handling.
- Cut out the pattern piece and trace it onto the right side of the fabric.
- Cut the shape from the fabric. Turn it over and score an "x" through the paper backing. Remove the paper backing from the center out to expose the sticky surface.
- Place the sticky side of the shape over the stitched placement line and finger press into place.
- Continue to stitch the design. Depending on the design chosen, there may be more than one



appliqué shape to add. Repeat instructions as necessary for additional appliqué shapes.

- Lightly spray the top of the hooped BadgeMaster with 505 Temporary Spray Adhesive. Place the upper flower shape inside the stitched placement lines and smooth into place.
- Attach the hoop to the machine and stitch the second placement line.
- Place the lower flower portion inside the stitched placement line.
- Attach the hoop to the machine and continue to stitch the design.
- When the stitching is complete, remove the hoop from the machine and carefully tear the excess BadgeMaster away from the back side of the flower.
- Remove any remaining bits of BadgeMaster by holding the appliqué under warm running water.



- Allow the flower to dry before attaching it to the apron front.
- Place the appliqué over the previously-embroidered Jumbo Hoop appliqué flower; zigzag it in place.

*Note: If you do not have a Jumbo Hoop or did not use the Multi-Hoop feature in BERNINA Embroidery Software, you could still use just this appliqué as a pocket. Simply position the appliqué piece as desired and stitch the sides and lower edge.*

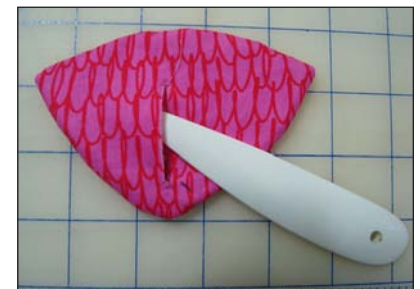
- Finish the apron according to the pattern instructions, covering the buttons with coordinating fabric.



## Sassy Little Sister Apron

### "Fussy Cut" Pocket

- Cut roughly around one of the large flowers from the large print Floralicious fabric.
- Place a piece of OESD LightWeight Tear-Away stabilizer on the wrong side of the fabric. Embellish the flower with decorative stitches — use your imagination!
- Place the right side of the embellished flower against the right side of a square of a 6" square lining fabric cut from any scrap of fabric used for the apron.
- Stitch around the shape, using the edges of the flower shape as a stitching guide. The flower in the example was large, so a pleasing pocket size was achieved by stitching  $\frac{1}{4}$ " inside the flower shape.
- Trim the excess fabric from around shape, leaving about  $\frac{1}{8}$ " seam allowance. Clip the corners and curves.
- Cut a slit in the LINING ONLY and turn the flower right side out. Use a point presser to smooth the edges, and then press the flower.
- Insert a small piece of fusible web inside the slit. Press to fuse the opening closed.
- Set the pocket aside.



## Blanket Stitch Appliqué

- Prepare a 6" square of green leaf fabric for the blanket stitch appliqué by fusing a rectangle of OESD Gentle Touch Tear-Away stabilizer to the back of the appliqué fabric. (The Gentle Touch will prevent fraying of the fabric edges. This would not be necessary if the edges were to be satin stitched.)
- Fuse the shiny side of a piece of OESD Applique Fuse & Fix to the wrong side of the fabric over the Gentle Touch.
- Draw a leaf pattern (approximately 1¾" x 2¾") directly onto the wrong side of the Applique Fuse & Fix. Cut out the leaf shape.

- Remove the paper backing by scoring an "x" through the paper and pulling the paper away from the center to reveal the sticky surface.
- Repeat to create the desired number of leaves.



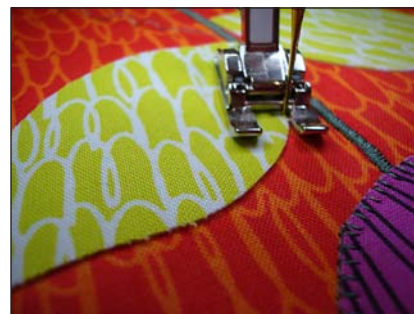
- Position the pocket in the upper portion of the apron as shown on the pattern front. Draw a stem with a water soluble marking pen and position the leaves as desired.
- Place a rectangle of LightWeight Tear-Away stabilizer under the apron front.

- Edgestitch the sides and bottom of the pocket in place using Edgestitch Foot #10/10C/10D. Backstitch to reinforce the ends of the stitching. Sew a satin stitch stem below the pocket, over the previously marked line.



- Attach Open Embroidery Foot #20 to the machine and select the Blanket Stitch. Shorten the stitch length to 2 mm, move the needle position to the far right, and engage the needle stop down function (if available).

- Position the presser foot so that the cut edge of the leaf shape rides against the inside right toe of the foot. The right swing of the needle should penetrate the apron fabric just outside the appliqué fabric; adjust the needle position if necessary.



- Stitch around the leaf. At the curves, stop and reposition the fabric when the needle swings off the edge and into the fabric; this will help achieve a smooth line of stitching around the leaf shape. Use the Free Hand System on your BERNINA sewing machine to aid in this task. (If you wish, you may also stitch a blanket stitch around the sides and bottom of the flower pocket at this time.)
- Gently tear away excess stabilizer from the back of the apron.
- Finish the apron according to the pattern instructions, covering the buttons with coordinating fabric.

