

Serger Project**Serged-Edge Napkin
Single & Double Layers**

Created by Jo Leichte

Cloth napkins are an earth-friendly alternative to paper, and are so much prettier! Choose from single- or double-layer styles, select your fabrics, and then serge some festive napkins for your holiday table. See www.NapkinFoldingGuide.com for a variety of napkin folding instructions.

**Single Layer Napkins**

- One yard of 45"-wide fabric
- Serger
- 3 spools of matching or contrasting serger thread
- Seam sealant

- Cut fabric into:
 - ◊ six 15" x 15" squares **or**
 - ◊ four 18" x 18" squares



- Set the serger for a **3-thread rolled hem**, following the instructions in your owner's manual. For BERNINA sergers, use the settings below as a starting point, then sew a test swatch and adjust the settings as needed:
 - ◊ Upper Loper = 4.5
 - ◊ Lower Loper = 6.5 (higher as needed)
 - ◊ Left Needle = removed
 - ◊ Right Needle = 4.0
 - ◊ Stitch Length = 1
 - ◊ Differential Feed = N
 - ◊ Cutting Width = 1 to 1.5
 - ◊ Rolled hem lever = pulled out



- Roll hem each side of each square, leaving thread tails at ends of stitching.



Tip: Prevent "dog ears" (pointy corners) by making sure fabric feeds through straight at corners and doesn't slide to one side.



- Dab the corners with seam sealant, let dry, then clip off the thread tails.



Double Layer Napkin Supplies

- One yard of 45"-wide fabric
- One yard of contrasting 45"-wide fabric
- Serger
- 2 spools of matching or contrasting decorative thread such as King Tut by Superior Threads
- 2 spool caps
- 1 spool of serger thread
- 505 Temporary Fabric Adhesive Spray

- ♦ Cut each piece into:
 - ◊ six 15" x 15" squares **or**
 - ◊ four 18" x 18" squares



- ♦ Following the instructions in your owner's manual, set the serger for a **3-thread rolled hem**, with decorative thread in the loopers and regular serger thread in the needle. (See settings on page 1.) Place spool caps over the sewing thread spools.



- ♦ Stitch a test swatch using the two napkin fabrics. The rolled edge looks a bit different on the top and bottom, so use the swatch to select which fabric will be on top as the two are sewn together.



- ♦ Mist the wrong side of each contrast square with a light application of 505 adhesive spray. Place contrasting squares back to back.

- ♦ Overlock the first side of the napkin.

- ♦ It can be difficult to begin serging at the bulky edge of the second side, so make a cut about 1" long and about 1/4" from the edge.



- ♦ Raise the presser foot and position the fabric as if the fabric had been cut with the serger knife, with the bulky edge next to the needles.



- ♦ Repeat for the remaining edges.

- ♦ Dab the corners with seam sealant, let dry, then clip off the thread tails.



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