

Steph's Christmas Advent Calendar

with Clear Appliqué Foot #23

- Ideal for appliquéing narrow satin stitches
- Groove to hold narrow cord to couch or satin stitch
- Great for mini-piping
- Clear sole for the perfect view.



Materials:

- Cut 25 pocket templates out of your chosen backing fabric.
- Fabric for the appliqué - this can be all the same fabric, or any christmas scraps that you've collected over the years.
- Stabiliser
- Bondaweb
- Thread to match
- Twine, string or ribbon to hang
- Christmas pegs - these can always be found in craft shops.

Things you'll need:

- Bernina Machine - I used the latest Bernina 570QE.
- Bernina Feet:
 - Applique Foot #23
- Optional Feet (These are essential feet for any keen sewer as they give you great precision, yet you can use your Zigzag foot #1 if you haven't got them)
 - Edge Stitch Foot #10, #10C, #10D *
 - Bernina Patchwork Foot - #37, #37D, #57, #57D, #97, #97D

*Foot varies depending on machine and preference.

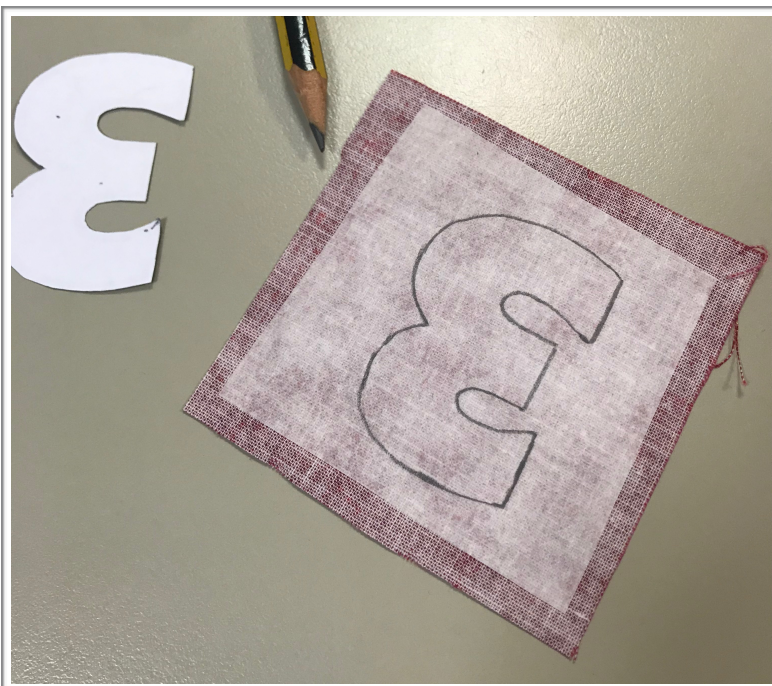
- Scissors
- Cutting Mat
- Rotary Cutter
- Iron
- Printer - to print template, can create your own from measurements.
- Pen / pencil
- Pins / quilters clips



BERNINA
made to create

Using the template guide, fold the fabric on the lines and press.

- Press the top hem 1/4 inch first, then fold and press over another inch. Do this on both sides (red dotted lines)
- Fold in half with the folded hem facing the outside. Press with the iron. Open back up for now. (Green)
- Edge stitch along the hem line using the Edgestitch foot #10 if you have one. Position the fabric fold along the centre guide. Adjust your needle position by 2 places to catch the folded fabric. Repeat on the other side. Fold back in half.
- Put to one side until the appliqué is done.



Cut out your appliqué templates.

- With your chosen fabric, iron bondaweb on the back of the fabric, enough to cover the template.
- Place the template the wrong way on the back of the fabric/ bondaweb and trace around. It is important that the template is the wrong way round so that when it is cut, it will then be the correct way for the right way of the fabric.



Cut the traced fabric out,

- Remove the bondaweb by scoring the paper gently with a pin, this will help you to rip the paper away. Position where you would like on the pocket. Be mindful that you will have a 1/4 inch seam allowance on the sides. Press this in place.
- Open the pocket back up and place some stabiliser behind ready to appliqué.



The beauty of the #23 clear appliqué foot is that it is first clear for easy viewing, yet it has a small groove for dense satin stitches. If your machine allows you, select which presser foot you have.



- I chose to do satin stitching for my appliqué - line the foot so your appliqué edge is in the centre of the foot.

- Be mindful when stitching around corners and curves. If you have the FHS - Knee lifter, this is great for pivoting while doing appliqué. Programme the machine to stop with the needle in the down position.

- When you pivot, it is important that you don't position the fabric so that the next stitch creates a gap. You need to pivot into the

curve so that the next stitch slightly overlaps the previous or matches up next to it. Remove the stitch and tear stabiliser gently from the back





Once completed

- Fold the fabric pocket so right sides are together. Select a straight stitch, and attach your patchwork foot if you have one. Align the edge of the fabric to the edge of the foot so that you will have a 1/4 inch seam. Stitch along the two edges.
- Clip the corner edges to create sharp corners. Turn the pocket the correct way round. Use a blunt pointed tool, such as a pen lid, to push out the corners. Press the pocket to give its crisp shape.
- Repeat until complete! I chose to hang mine on some twine. These would also work well hung on the Christmas Tree.

