

# Steph's Fold & Stitch Christmas Wreath



Create a beautiful Fold and Stitch Wreath to have as a centre piece for your table which will wow guests. You can even fit a candle or bowl within the centre. Choose fabrics that will be fitting for all occasions, or due to the easy construction - why not use fabrics to fit the theme for each occasion!

For Spring, you could cut a curve for one edge to create more of a petal - choose colours to represent a flower.

## Materials

- Fabric A - Cut 12 - 8" Squares - Backing fabric (Print works well)
- Fabric B - Cut 12 - 6" Squares - Top fabric
- Cut 12 - 6" Square - Wadding
- Beads/Bells/Buttons to join corners
- Haberdashery to assist with presser feet techniques - Wool/Cord/Embroidery Threads/Additional Haberdashery

## Equipment

- Bernina Edge-stitch Foot #10
- Scissors
- Threads
- Rotary Cutter
- Cutting Mat
- Quilting Ruler
- Binding Clips/Pins
- Fabric Pen
- 505 Spray

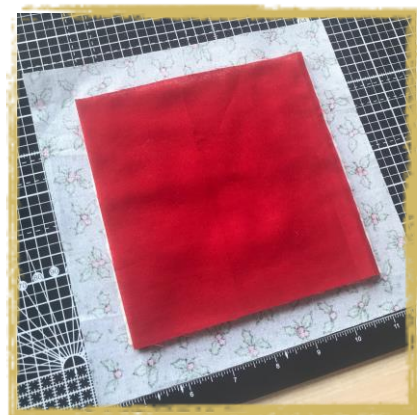


You can even embellish your wreath, see above!



# Steph's Fold & Stitch Christmas Wreath

- 1) Layer the 8" backing (fabric A), wadding and top (fabric B) together in their piles.
- 2) Take a 6" fabric B and 505 spray it to the wadding.
- 3) Using the grids on a cutting mat, place the backing fabric right side down. Layer the top and wadding on top, use the grids to find the centre position and mark the corners with a pen.
- 4) 505 spray the wadding into place.



- 5) Taking one side at a time, fold the raw edge of the 8" square to the edge of the 6" square.
- 6) Fold over again to create the binding.
- 7) Secure in place with binding clips/pins.



- 8) At the corner, fold the folded edge at a 45 degree angle.
- 9) Then fold the 8" fabric to the 6" fabric.
- 10) Fold over again to create the binding.
- 11) Secure in place.
- 12) Repeat the process for all sides.



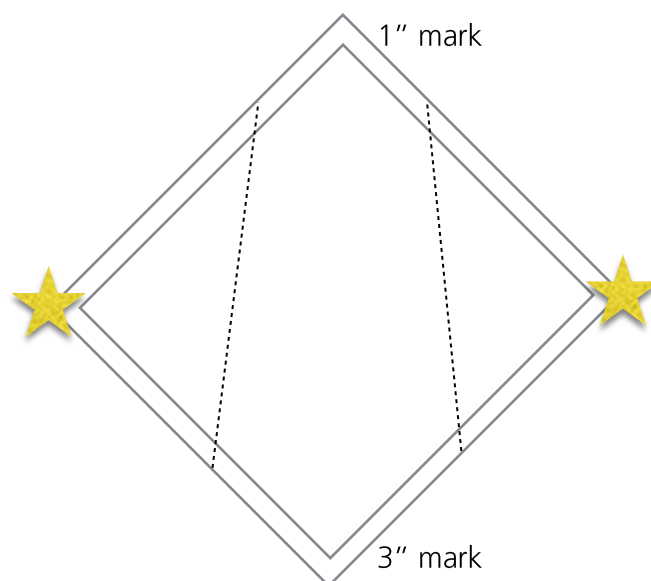
- 13) Attach the Bernina Edge-stitch Foot #10. I'd recommend to start half way along a side. Butt up the guide of the foot to the edge of the binded edge.
- 14) Adjust your needle positioning so that it aligns along the edge of the binding.
- 15) Sew a straight stitch around the edge of the binding to secure in place.
- 16) Repeat for all squares.



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## Assembling the Wreath

- 17) From one corner, measure 1" along the two adjacent sides.
- 18) From the diagonally opposite corner, measure 3" along the adjacent two sides.
- 19) Using a fabric pen, join the marks to create a stitch guide.



- 20) Place two squares with the backing fabric (Fabric B) back to back.
- 21) Stitch along the marked line
- 22) Continue to add squares, joining the final one to complete a circle.



- 23) Stitch the points above the stitched line (stars on diagram) on each square together to give a tube effect. Embellish if desired with a bead, button or even a Christmas bell!



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