

Carolyn's Winter Warmer project

<http://www.bernina.com/en-gb/ukprojects/winter-warmer>



1. Find a simple design (Clip Art) you would like on your chosen garment.
2. Print onto paper and cut out each section of the image individually to create pattern pieces. This may need to be done several times if the image has sections which overlap.
3. Using the pattern pieces cut out the material e.g. felt, to be used for decoration.



You will need:

- Bernina sewing machine*
- Needle Punch Tool with the correct special needle plate for your model
- An unwanted jumper to embellish
- Wool felt, Thread
- Paper to print a template on
- Scissors

The main steps 4-8 can be followed by watching our demonstration video:

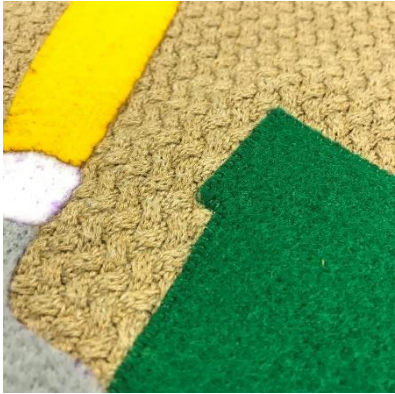
<https://youtu.be/LUjaQGzQg4o>

4. Set the sewing machine for use with the Punch Tool: remove the hook, lower the feed dogs, insert the needle and attach the guard.
 5. Iron the garment and lay a single layer over the needle plate.
 6. Place the cut material pieces, to be attached, into position and hold in place.
 7. Using a "free motion" action, stitch around the edge of the material to baste it to the garment.
 8. Continue in the same way to completely bond the material and garment together, ensuring several back and forth motions over the entire surface. The more they are "punched" the firmer the result will be. Fabrics of a more substantial nature may need to be turned over and also punched on the reverse.
-
9. Add further pieces in the same manner until the design is complete.
 10. The attached design may be further decorated by the addition of free motion embroidery, blanket stitch, buttons, bows and beads etc.

* Most Bernina machines are compatible with the Needle Punch Tool

BERNINA

made to create



BERNINA

made to create

BERNINA Needle Punch #45

Traditionally a hand-worked technique, needle punching can be crafted by hand using a special attachment for BERNINA sewing machines. The technique creates a textured surface by punching roving (fibres that have been carded and combed, but not spun) yarn or fabrics into a base / background fabric. The punching is done with a series of barbed needles that



enmesh the fibres into the fabric as they are punched over and over again. Wool is the traditional fabric used for the background and also for the roving. Other sturdy fabrics such as denim or felt can be used and roving is available in several additional fibres such



as silk and cotton. Along with roving, soft yarns also work well for punching. Small pieces of fabric such as silk or linen can also be punched into the background fabric. Even though this is a free-motion technique, it takes very little practice and is easy to get to grips with! Why not try it for yourself...?

You can find more information on the Needle Punch Tool through the below links:

<https://www.bernina.com/en-GB/Products-GB/BERNINA-products/Accessories/Special-sewing-accessories/Needle-punch-tool-for-CB-hook-machines>

<https://www.bernina.com/en-GB/Experience-GB/Sewing/Serger-projects/USA-gb/Accessories-gb/FootBookNeedlePunchSet/BERNINA-FootBook-NeedlePunch-gb.pdf>