

Created by Susan Beck

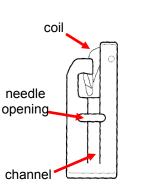


Stitch professional-looking hems using Hemmer Foot #63. The fabric is turned and stitched in one operation. using either a straight or a zigzag stitch.

This foot produces a 3mm narrow hem – a strong and durable double-turned edge. The channel on the sole of the presser foot is the size of the finished hem. This channel holds the folded fabric

in position so the needle can stitch the hem in place.

The edge of the fabric is fed into the coil on the front of the foot causing the edge to turn twice, forming a narrow double-turned edge.





Tip: Use the FHS (Freehand System) to raise and lower the presser foot as you move through the steps below. This keeps both hands free to manage the fabric feeding through the hemmer foot.



## Stitching A Napkin Hem

## STEP 1

Align edge of foot with edge of fabric; take 4-5 stitches. Lift foot and remove fabric, leaving long thread tails.

STEP 2 Hold thread tails in left hand, guiding fabric with right hand. Use thread tails to "pull" the fabric into the coil.

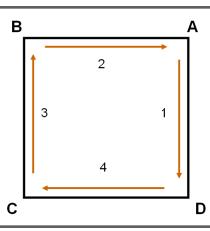


STEP 3 Lower the presser foot, and stitch; leave long thread tails at the end.



## STEP 4

Use thread tails to guide fabric into the coil at the very end of the stitching.



## Four-Sided Hem

Plan the order of stitching to make it easy to complete a neatly turned hem on all four sides of a napkin or scarf. To avoid starting on a hemmed edge, sew toward the last side sewn. Begin at A, then sew to D. Next, stitch from B to A, then C to B. Finish by sewing from D to C.

Visit bernina.com: Projects • Webinars • Promotions