



# Foot Book

## Eyelet Set #82 with Eyelet Foot #92

*Foundation:* cut-away stabilizer (optional)

*Background:* Colored Cardstock

*Techniques:* Variations of embroidered eyelets

*Embellishments:* Stamp title tag; simple framing techniques

(See below for more directions.)

### Eyelet Set #82 with Eyelet Foot #92

Decorative eyelets are simply embroidered holes worked in an attractive arrangement and often combined with other embroidered elements to embellish a wide variety of projects from christening gowns to denim jackets.

Making eyelets with the BERNINA Eyelet Set is a simple matter of making a hole in the fabric and sewing with a zigzag stitch to finish the raw edge of the opening. Although making eyelets is a free-motion technique, it is one that takes very little practice to be successful—even a beginner can make eyelets!

The BERNINA Eyelet Set has a series of fabric and leather punches and awls to create different sizes of holes in different types of fabric and leather. The actual working parts of the attachment include:

- A. Plate to cover the feed dog (screw and screwdriver included); holds the post that the eyelet is worked around
- B. Wooden block to use as a support for punching
- C. Eyelet Foot #92, specially designed to fit around the post to support the stitching
- D. Series of interchangeable punches in different sizes
- E. Posts in six sizes (only one is used at a time)
- F. Two awls and a handle for the punches



Collect the following materials:

- Eyelet Set #82 with Eyelet Foot #92
- Stabilizer and/or embroidery hoop
- 6" square of fabric & 6" square of wool felt
- Note: If using a hoop, the fabric pieces should be large enough to fit in the hoop*
- 8" x 8" square of colored cardstock
- Small tag, about 1½" x 3"
- Assorted fibers & ribbons, each about 6"-8" long
- Small alphabet stamps with ink pad or permanent ink marker for hand printing
- Patterned cardstock to make frame
- Textured handmade paper, about 7" x 4"
- Three 35mm slide frames

### Making eyelets

- Attach Eyelet Set to machine according to the directions included with it; lower the feed dog.
- Make a hole in the fabric using an awl or fabric punch (included with the set).
- Place hole on the post; turn the hoop as you stitch around the hole with a narrow zigzag to stabilize the opening.
- Stitch a second time with a wider zigzag stitch to create an embroidered opening.



*Make a hole in the hooped/stabilized fabric*



*Place the hole on the post and stitch around the hole*

### Eyelet tips

Always do a sample using your project fabric.

Select a post that is smaller than you want the finished eyelet and make the hole in the fabric fit around the post. As you stitch, the hole will open up and become wider. Different fabrics “give” different amounts so the size of the initial hole will vary depending on your fabric choice. (This is the reason for the previous tip – don’t ignore it.)

Stabilize the fabric with fusible interfacing, tear-away stabilizer, or by placing it in an embroidery hoop for stitching. You can use any or all of these methods, depending on what works best with your fabric.

Go around the eyelet 3 or 4 times if you want a heavier look or if you moved the fabric too quickly and did not cover the fabric well. You’ll love the look and no one will know you didn’t get it on the first time!

For a full look, loosen the top tension to 3 or 4. The satin stitching will “puff up”, making the hole in the center of the eyelet smaller.

For a “finished” look, try this: After completing the satin stitching, select straight stitch, adjust your needle position to the left, and sew a line of straight stitching just outside the satin stitching.

### Creating the Page

*Note: Use the photo on the previous page as a guide for placing the elements on the page.*

Hoop and/or stabilize the fabric; stitch 3-5 eyelets in a 3” x 2½” area.

Cut an opening, about 3½” x 3” in the patterned cardstock. Place the eyelets on the back of the cardstock so that the stitched eyelets show through the opening; trim fabric if needed. Secure the fabric to the cardstock using glue or double-stick tape.

Glue the framed eyelet swatch in place at the upper part of the page as shown in the photo.

Stamp or print the tag with the words, “eyelet set”. Thread the assorted fibers and ribbons through the hole in the tag and tie in a double knot. Position the tag as desired on the framed swatch; glue in place.

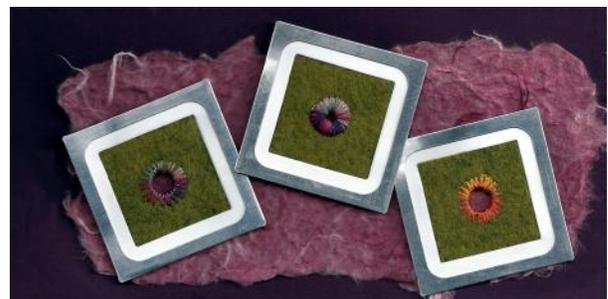
Stitch 3 eyelets on the felt, spacing them so they can be trimmed as 2” x 2” pieces.

*Note: Try the following variations:*

- Use variegated thread to add interest
- Move the felt quickly to give a more open, “spiky” look to the eyelet
- Loosen the top tension to make the eyelet fuller and the center hole smaller

Trim the felt pieces to 2” x 2”, centering the eyelets. Glue each one to the back of a slide frame, centering the eyelets in the frame openings.

Tear the textured paper to fit across the lower part of the page (about 6½” x 3”); glue in place. Arrange and glue the framed single eyelets in place on top of the textured paper.



### Finishing

Place completed page back to back with another finished page and zigzag along the edges to secure. Stitch so that the zigzag goes into the fabric and then over the outer edge of the page.

Add metal eyelets to the binding edge.