

easy
SEWING

Upcycled Dress Scarf

by TIMMESA EADS

I made this cute scarf out of a silk dupioni dress that I bought at the consignment store for \$5! All with the help of a gathering foot and my serger.

It's so simple! Cut the dress into 6½"-wide strips, then serge them together, end-to-end, to make a really long strip about 120" in length. You can use a regular overlock stitch, but a rolled edge looks nice from both sides. If the edges are a bit uneven, don't worry – you'll trim them in the next step.



Roll hem all four sides of the strip.

To secure the thread ends, dab a bit of seam-sealant on the corners, let it dry, and then clip off the thread tails.

Put a gathering foot (I used BERNINA Gathering Foot #16) on your sewing machine and set the stitch length to 5mm. Stitch right down the center of the strip to gather it, then go over the stitching with a regular straight stitch and foot so the gathers will hold. Done!



Timmesa Shrader Eads

Timmesa Shrader Eads received her first BERNINA as a gift from her parents, Don and Sue Shrader, when she was 8 years old. That trusty 801 sewing machine still sits next to her artista 640E. Proud to follow in their footsteps, she works with them to run Creative Sewing Machines in Mt. Airy, NC.

Timmesa teaches "Sew Easy to be Green" Seminars, with sustainable living in mind, and plans a "Sew Fit" series for fall to keep everyone sewing and healthy. In addition to teaching and working with customers, she is the shop's BERNINA-certified technician.

Timmesa is a mother of three and along with her husband is very active in the local community. She helped establish the Rosy Cheeks 5K Run/Walk for children's toys, raised \$2900 for Autism Speaks (in part by raffling one of her quilts), and ran the New York City Marathon in November 2010 as an Autism Speaks-sponsored athlete.



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