

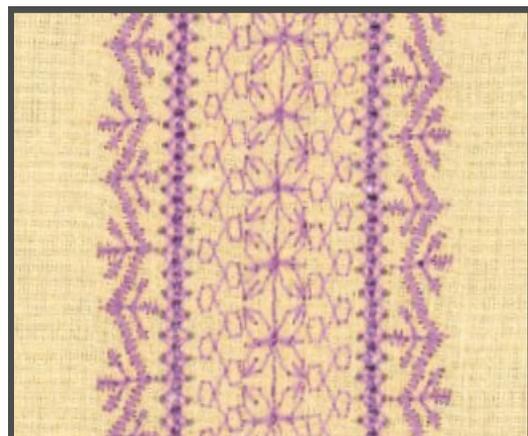
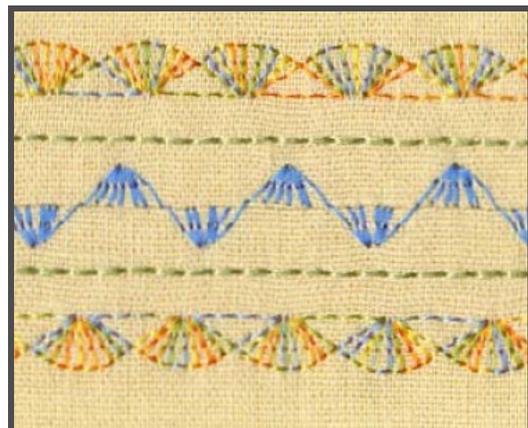
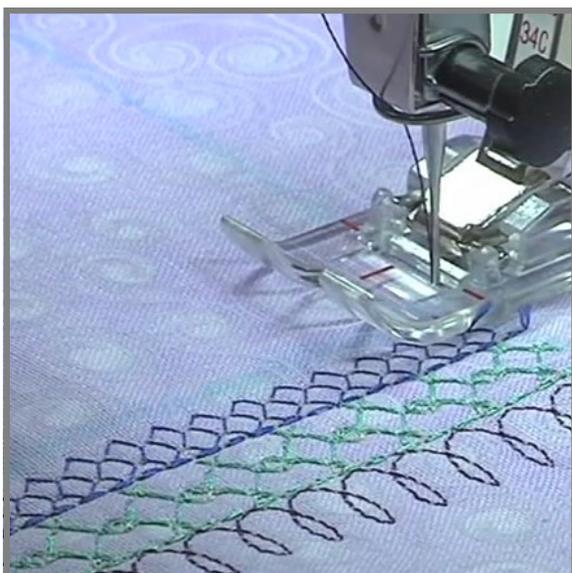
BERNINA
Just SEW It!

The Best of BERNINA

Expand your creative options using the decorative stitches of your machine. Make unique combinations to create embellishments for any project!

These BERNINA Stitch Recipes originally appeared as articles in various issues of *Through the Needle* magazine. Although the articles may reference retired machine models and specific stitch numbers, most of the stitches shown are available on current machines. There is a graphic stitch index in the back of most BERNINA machine manuals to help you find the same or similar stitches when creating your own stitch recipes.

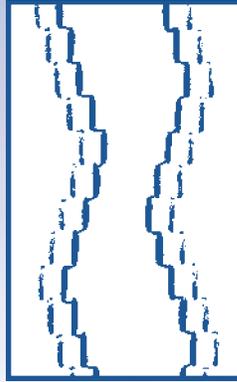
References to websites within this document are out of date and cannot be guaranteed operational.



made to create **BERNINA**

STITCH RECIPES

DOUBLE DIAMONDS



This design works well on wide wale corduroy. The wales of the corduroy are used as stitching guidelines.

- Insert a 2.5mm or 3.0mm double needle.
- Thread the machine using a combination of threads in contrasting colors or perhaps in shades of the same color. Use both the horizontal and vertical spool pins.
- Select a preprogrammed smocking stitch (shown is #710 of the *artista* 180)
- Use the programmed stitch settings for Stitch Length.
- Adjust stitch width by engaging the Double Needle Limitation function. Touch the function until it reads "3".
- Reduce needle tension if needed. Sew a test to determine the proper adjustment.
- A light-weight tear-away stabilizer may be necessary in addition to the interfacing.

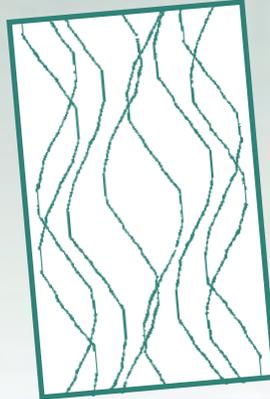
Since there are no "official" rules for embellishing; don't worry if the "Zigs" don't match up with the "Zags" in a neighboring row. Just sew! Stagger the rows as you stitch.

RUNNING AWAY

This all-over embellishment stitch is perfect for adding color and subtle texture to flat, smooth fabrics such as wool flannel.

- Select Stitch #44 - Running Stitch, Stitch Length - 4mm and Stitch Width - 6mm. These settings are simply suggestions; play and experiment to find a look you like.
- Stitch back and forth across the fabric; engage the Needle Stop Down function for easy pivoting at the ends of the rows.
- Reduce the top tension as necessary for the decorative threads used.

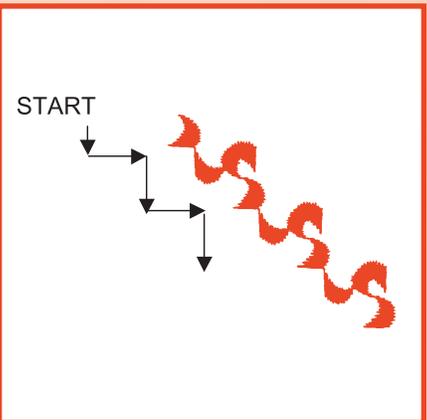
Sew multiple passes of this stitch using different colors of thread for an interesting look.



BROKEN SCALLOPS

This is a fun, creative way to use the Half Pattern Function. Essentially, this function allows you to "re-arrange" the order in which the stitch is sewn!

- Select Stitch #414 (satin stitched scallop).
- Engage Needle Stop Down.
- Engage the Half Pattern function.
- Begin sewing; the machine will automatically stop sewing after sewing half of the stitch pattern.
- Pivot 90° as shown.
- Continue to sew and pivot to create a diagonal row of stitching.



TRAILING ARROWS

This is a fun exercise - take a single stitch pattern and combine it in memory with different functions and settings! This is great for defining the lines of a plaid fabric.

- Select Stitch #401 on the *artista* sewing machine (satin stitch triangle).
- Adjust the tension on this stitch to approximately 3 or slightly less than 3.
- Touch the external "mem" button; touch "mem 1" to open a new memory bank.
- Enter Stitch #401 into the memory 6 times.
- Touch the Pattern Begin function to go back to the beginning of the memory.
- Touch "edit".
- Make the following needle position adjustments to each of the six patterns.

- **Pattern 1** - Far **right** needle position
- **Pattern 2** - 2 dots to the **right** of center needle position
- **Pattern 3** - 2 dots to the **left** of center needle position
- **Pattern 4** - Far **left** needle position
- **Pattern 5** - 2 dots to the **left** of center needle position
- **Pattern 6** - 2 dots to the **right** of center needle position
- Touch "edit" to close the window.
- Touch "store" to save the combination.
- Sew rows of this manipulated pattern along the lines of a plaid fabric.



For more
stitch recipes,
go to
www.bernausa.com
>Sewing Studio
>Sew A Stitch

Stitch Recipe

Cook up a new recipe for embellishment using the decorative stitches of your BERNINA® sewing machine. Try new combinations, different directions, overlapping patterns, and unusual thread choices to get beautiful embroidery looks using decorative stitches.

Sew many stitches, sew little time...



Spring Flowers

1. Open an empty Memory bank
2. Program the following:
 - Stitch #351
 - Mirror Image Stitch #351
 - Stitch #655
3. Stitch the memory combination first
4. Add Stitch #436 as a “scallop” frame on each side, using mirror image as needed
5. Add Stitch #307 to the outside edge of Stitch #436, using mirror image as needed.

THREAD SELECTIONS

- Pink variegated – Oliver Twist
- Green metallic – YLI Reflections
- Pink flowers – Rayon

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“Chic” Chambray

This combination is nothing more than a “Stacked Stitches” exercise – sewing rows of stitches next to each other. Sew the rows on a light-weight chambray to dress up the denim look and add style to casual clothing.

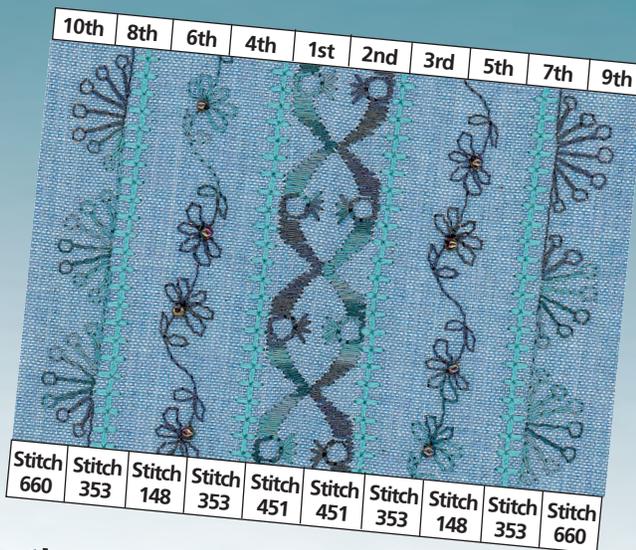
Stitching Tips

- Use Clear Foot #34C for the best visibility.
- Use the Pattern End button on the head frame to finish a pattern completely. With the needle in the fabric, pivot and sew back, matching pattern.
- Sew at a consistent speed.
- Add a finishing touch to stitches by sewing beads in place.

Supplies:

- *artista* 200
- Embroidery Needle
- Assorted Threads (YLI Quilting Threads & Mettler 30/2 Machine Embroidery thread #889 used in sample)

“Chic” Chambray



The stitch combination is sewn starting from the center and working out to the edges. Stitch as shown above using preprogrammed settings and engaging Mirror Image as needed.

Want to learn more?

Check out the *artista* 200 link on our website: www.berninausa.com for more stitch recipes!

Stitch Recipe

BY DEBRA BOHN

Cook up a new recipe for embellishment using the decorative stitches of your BERNINA® sewing machine. Try new combinations, different directions, overlapping patterns, and unusual thread choices to get beautiful embroidery looks using decorative stitches.

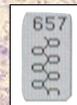
Sew many stitches, sew little time...

FLOWERS & LACE DIRECTIONS:

- Fold firmly starched fabric down the center to form a crease.
- Open folded fabric; place under presser foot.



- Select floral stitch #655 and sew the length of the fabric using the crease as a guide.



- Select decorative stitch #657; alter stitch width to 6mm. Sew along each side of previous stitching, using the left front of the foot as a guide.



- Insert Wing needle and select entredeux stitch #701. Sew along each side of the previous stitching, using the left outer edge of the foot as a guide (foot should rest on the right side of stitch #655).



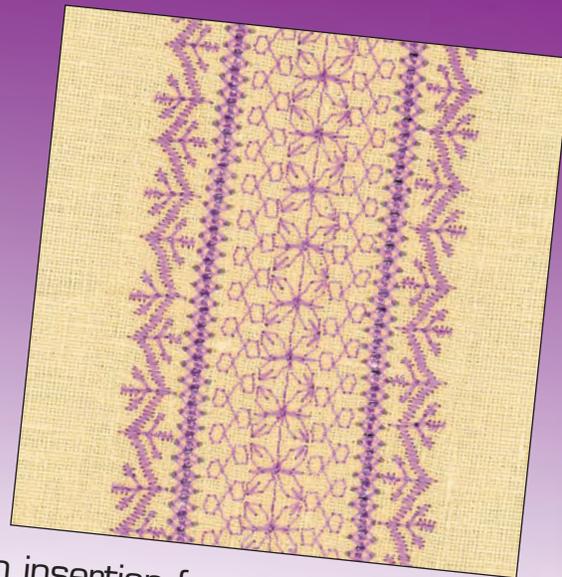
- Sew next to stitch #701 using floral stitch #747 on both sides.

SUPPLIES:

- **artista** Sewing Computer
- Cotton, linen, or Swiss batiste
- Spray starch
- OESD Soft Touch Tear-Away stabilizer
- Bobbin thread
- Isacord embroidery thread
- #75/11 Embroidery needles
- #120 Wing needle
- Reverse Pattern Foot #1/1C

Use this Stitch Recipe to make your own insertion for a baby bonnet, a blouse, or the border of a pillowcase. This stitch is very delicate and soft-looking when sewn tone-on-tone.

FLOWERS & LACE



Want to learn more?

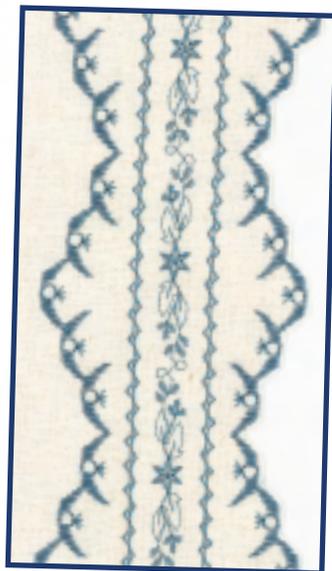
Check out the **artista** 200 link on our website: www.berninausa.com for more stitch recipes!

Stitch Recipes

BY JILL DANKLEFSON

Cook up a new recipe for embellishment using the decorative stitches of your BERNINA® sewing machine. Try new combinations, different directions, overlapping patterns, and unusual thread choices to get beautiful embroidery looks using decorative stitches.

Sew many stitches, sew little time...



SCALLOPED FLORAL EDGINGS

Program the following stitches and functions:

CENTER MOTIF

- Floral #127 + Horizontal Mirror Image
- Floral #127 + Vertical & Horizontal Mirror Image
- Floral #127 + Vertical Mirror Image
- "Loop" #657 + Vertical Mirror Image

INNER BORDER

- "offset triangles" #341, SL* = 4.0mm, SW* = 2.5mm, NP* = far left

DIRECTIONAL EDGING

(Note: stitch #451 is available only on the **artista** 200)

Large scallop #451 or #428 + Vertical Mirror Image

Securing function

Directional #39, direction 2

Securing function

Large scallop #451 or #428 + Vertical Mirror Image

Securing function

Directional #39, direction 2

Large scallop #451 or #428 + Vertical Mirror Image

Securing function

Directional #39, direction 14

Large scallop #451 or #428 + Vertical Mirror Image

Securing function

Directional #39, direction 14

Large scallop #451 or #428 + Vertical Mirror Image

Note: Remember that the **artista** 200 allows you to Mirror Image an entire stitch combination. When stitching the second scalloped border, simply engage the Vertical Mirror Image function from the Multifunction window.

WANT TO LEARN MORE?

For more Stitch Recipes, including variations on the Scalloped Floral Edging for the **virtuosa** 153 and **artista** 165, visit the Sewing Studio at: www.bernausa.com

Stitch Recipes

Cook up a new recipe for embellishment using the decorative stitches of your BERNINA® sewing machine. Try new combinations, different directions, overlapping patterns, and unusual thread choices to get beautiful embroidery looks using decorative stitches.

Sew many stitches, sew little time...

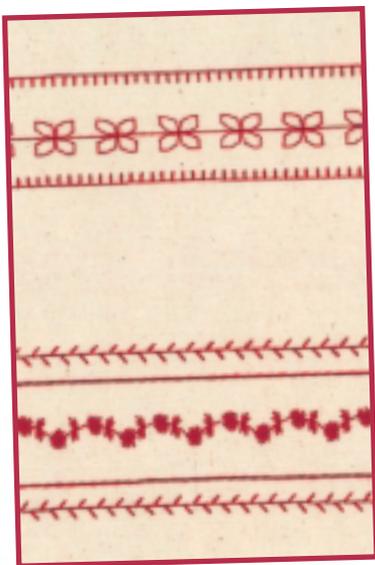
WALLPAPER STITCHES

artista 185 & 200

- Line 1: Stitch 150, default settings
- Line 2: Stitch 332, feather stitch, SW=4.6, SL=2.6, Mirror Image Horizontal
- Line 3: Stitch 332, feather stitch, SW=4.6, SL=2.6
- Line 4: Stitch 332, feather stitch, SW=4.6, SL=2.6, Mirror Image Horizontal
- SPACE AS DESIRED
- Line 5: Stitch 657, default settings
Stitch 6, triple straight stitch, over the center of 657
- Line 6: Stitch 826
- Line 7: Stitch 657, default settings
Stitch 6, triple straight stitch, over the center of 657
- REPEAT as desired.



WALLPAPER STITCHES



5mm BERNINA® Sewing Machines

- Line 1: Blanket stitch, Mirrored
- Line 2: Open flower stitch
- Line 3: Blanket stitch
- SPACE AS DESIRED
- Line 4: Feather stitch
- Line 5: Triple straight stitch
- Line 6: Small floral stitch
- Line 7: Triple straight stitch
- Line 8: Feather stitch
- REPEAT as desired.

WANT TO LEARN MORE?

For more Stitch Recipes, including variations on the Scalloped Floral Edging for the virtuosa 153 and artista 165, visit the Sewing Studio at: www.berminausa.com

Stitch Recipes

Tear Drop Tassel

Cook up a new recipe for embellishment using the decorative stitches of your BERNINA® sewing machine.

Try new combinations, different directions, overlapping patterns, and unusual thread choices to get beautiful embroidery looks using decorative stitches.

Sew many stitches, sew little time...

artista Embroidery Software Version

(Refer to software manual for specific directions on creating pattern run outlines.)

CENTER MOTIF

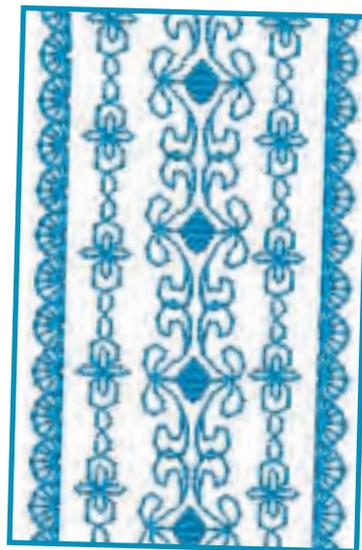
- heirloom menu, stitch #728
- heirloom menu, stitch #728 + Mirror Image

INNER BORDER

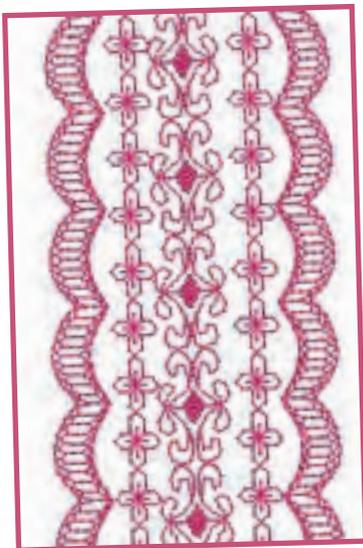
- np004a menu, stitch #A200150
- np004a menu, stitch #A200150 + Mirror Image

OUTER BORDER

- Home Dec menu, stitch #a408
- Home Dec menu, stitch # a408+ Mirror Image



Sewing Machine Version



Notes: Engage Motor Speed function before stitching; set at 3/4 speed. Substitute similarly shaped stitches if these are not available on your machine.

CENTER MOTIF

- **artista** stitch #728
- **artista** stitch #728 + Mirror Image. Engage the Pattern Begin function before stitching the second row; align stitch "baselines" so that satin stitch areas meet to form diamonds along the center line

INNER BORDER

- **artista** stitch #150
- **artista** stitch #150 + Mirror Image. Engage Pattern Begin to align rows of stitching

OUTER BORDER

- **artista** stitch #746
- **artista** stitch #746 + Mirror Image; engage Pattern Begin to align rows

WANT TO LEARN MORE?

For more Stitch Recipes, visit the Sewing Studio at: www.bernausa.com

Stitch Recipe

Show your patriotic spirit with a fun and simple stitch recipe!

Cook up a new recipe for embellishment using the decorative stitches of your BERNINA® sewing machine. Try new combinations, different directions, overlapping patterns, and unusual thread choices to get beautiful embroidery looks using decorative stitches.

Sew many stitches, sew little time...

Stars & Stripes



Begin by planning your row spacing. The rows in the sample are approximately 1/2" apart, with 9mm wide stitches. If your stitches are 5mm wide, you may want to place your rows closer together.

Choose thread according to the desired final appearance: for a matte finish use cotton threads such as the red 30 wt. cotton and subtly variegated blue Oliver Twist shown in the sample; for a shiny finish use 30 wt rayon or polyester embroidery threads.

Needle – Use a size 90/14 machine embroidery needle.

Create the following stitch combination using the MEMORY feature of your machine:

Stitch 906 (star)	Default setting	<i>(Note: Numbers listed are artista stitch numbers, look for similar stitches on your machine.)</i>
Stitch 417 (satin chevron)	Default setting	
Stitch 906 (star)	Mirror Image	
Stitch 417 (satin chevron)	Mirror Image	

Save this combination. Using blue thread, stitch every other line, staggering the starting point of each row to create more visual interest.

To create the red stripes, select Stitch 414 (satin wave). If your machine has a Pattern Extend feature, lengthen the pattern to your personal liking. Stitch every other row (between the blue stripes), again staggering the starting point of each row.

WANT TO LEARN MORE?

For more *Stitch Recipes*, visit the *Sewing Studio* at: www.berninausa.com

Stitch Recipe

The stitch numbers referenced in this article are listed below with the appropriate current model of BERNINA® machines. If using another model, look for the same or similar stitch patterns on your machine.

Basic Blossoms	
	artista machines – Stitch 129 [Preprogrammed on 200, CPS* for other artista machines] virtuosa machines (150, 153, 155, 160) Found in CPS* aurora 440 – Stitch 83
Diamond Stars	
	artista machines – Stitch 639 [Preprogrammed on 200, CPS* for other artista machines] virtuosa machines (150, 153, 155, 160) Found in CPS* aurora 440 – Stitch 138, aurora 430 – Stitch 109
A Button Garden	
	artista machines – Stitch 122 [Preprogrammed on 200, CPS* for other artista machines] virtuosa machines (150, 153, 155, 160) Found in CPS* aurora 440 – Stitch 79, aurora 430 – Stitch 39 activa 240 – Stitch 34, activa 230 PE – Stitch 37
	artista machines – Stitch 427 [Preprogrammed on 200, CPS* for other artista machines] virtuosa machines (150, 153, 155, 160) Found in CPS* aurora 440 – Stitch 113, aurora 430 – Stitch 87 activa 240 – Stitch 63, activa 230 PE – Stitch 53
	artista machines – Stitch 633 [Preprogrammed on 200, CPS* for other artista machines] virtuosa machines (150, 153, 155, 160) Found in CPS* aurora 440 – Stitch 135, aurora 430 – Stitch 106
	artista machines – Stitch 732 [Preprogrammed on 200, CPS* for other artista machines] virtuosa machines (150, 153, 155, 160) Found in CPS* aurora 440 – Stitch 171, aurora 430 – Stitch 141 activa 240 – Stitch 93

*CPS = Customized Pattern Selection and refers to software that allows the user to exchange the preprogrammed stitches of the machine with additional choices.

Bouquet Of Buttons

BY JILL DANKLEFSEN



Create fun stitch combinations, then accent the stitching with additional “findings” such as beads and/or buttons. Button “findings” come in many different styles and types; the recipes shown here include buttons from Just Another Button Company.

Use Button Sew-on Foot #18 to attach the buttons. *Note: These buttons do not have traditional spacing between the holes, so test the stitch width using the handwheel, then adjust the width as needed.*



For more information on the buttons shown in this article, go to www.justanotherbuttoncompany.com

Basic Blossoms

Floral buttons and a simple leaf stitch make a beautiful row of basic blossoms.

Supplies:

- Green embroidery thread
- OESD lightweight tear-away stabilizer
- "Blossom" buttons
- Coordinating thread to attach buttons
- Open Embroidery Foot #20/20C
- Button Sew-On Foot #18

Instructions:

1. Select a stitch such as the floral/leaf pattern shown here.
2. Using Open Embroidery Foot #20/20C, stitch a row of continuous pattern as desired.
3. After stitching is complete, attach buttons in appropriate places to complete the design using coordinating thread and Button Sew-On Foot #18.



Diamond Stars

Create simple frame shapes to showcase a row of colorful buttons. The recipe shown here has two rows of stitching that form a line of linked diamonds.

Supplies:

- Embroidery thread
- OESD lightweight tear-away stabilizer
- "Star" buttons
- Coordinating thread to attach buttons
- Clear Foot #34/34C
- Button Sew-On Foot #18

Instructions:

1. Engage Needle Stop down; attach Clear Foot #34/34C.
2. Sew one row of stitching; engage the Single Pattern or Pattern End function to perfectly finish the first row of stitching.
3. The needle is already in the fabric so simply pivot 180° and sew back to the beginning point, forming a row of diamonds.
4. Position and attach buttons as shown.



A Button Garden

Use floral buttons to complete this interesting two-color recipe composed of eight rows of stitching and couched decorative thread accents.

Supplies:

- Two colors of embroidery thread. Use heavier weight threads (at least 30 weight) such as Mettler Mercerized Embroidery thread 30/2 OR Oliver Twist Cotton threads. The Oliver Twist threads are especially nice as they are variegated threads in a variety of beautiful colorations.
- OESD lightweight tear-away stabilizer
- "Flower" buttons
- Coordinating thread to attach buttons
- Clear Foot #34/34C or Open Embroidery Foot #20/20C
- Clear Embroidery Foot #39
- Button Sew-On Foot #18
- Narrow decorative cord
- Monofilament thread



A Button Garden cont.



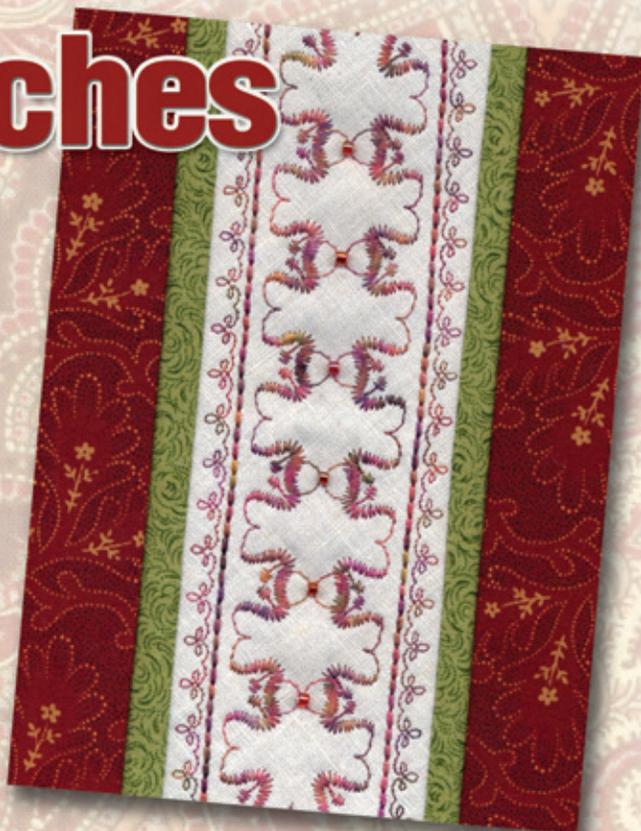
1. Select and sew stitches as shown in the order indicated; use either Clear Foot #34/34C (for outline stitch patterns) or Open Embroidery Foot #20/20C (for satin stitch motifs).
2. Sew the first row as indicated, sewing down the fabric to the length desired.
3. Engage the Single Pattern or Pattern End to perfectly finish first row of stitching.
4. Pivot 180°, aligning the presser foot next to the first row of stitching to create the leaf center.
5. Frame the leaves with additional rows of stitching as shown.
6. Add couched decorative thread/cord between rows 3/5 and 6/4 for additional detail. Use Clear Embroidery Foot #39, threading the decorative thread/cord through the hole in the front of the foot. Stitch over the thread/cord using monofilament thread and a narrow zigzag stitch.
7. Position and attach buttons as shown.

Stairway Stitches

BY JILL DANKLEFSEN

This decorative border, that can also be used as an insertion design, was created to enhance Benartex fabrics from the Marleigh collection. The centerpiece of the border begins with one stitch pattern that is manipulated by pivoting and stitching a single pattern.

Note: For another variation of this stitch recipe, see the Marleigh Medley Pillow on pages 4-7.



- SUPPLIES**
- Thread – Oliver Twist
 - Needle – 80/12 Topstitching
 - Linen or linen blend fabric
 - Interfacing – Armo® Weft by HTC
 - OESD lightweight tear-away stabilizer
 - Beads – Bead Gravy or On the Surface Little Charmers
 - Open Embroidery Foot #20/20C
 - Clear Foot #34/34C
 - Patchwork Foot #37 or Patchwork Foot with Guide #57

STAIRWAY STITCHES

Prepare your fabric for this type of stitching – because of the pivoting pattern used, the motif is stitched across the bias. The fabric needs support especially if you intend to use for this purpose in and/or fabric. My favorite interfacing to use for this purpose is Armo® Weft by HTC. It supports the fabric, but keeps the hand (feel and drape) of the fabric the same.

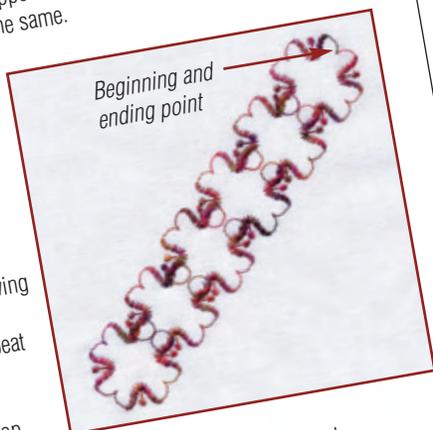
CENTERPIECE

- Select Stitch #641

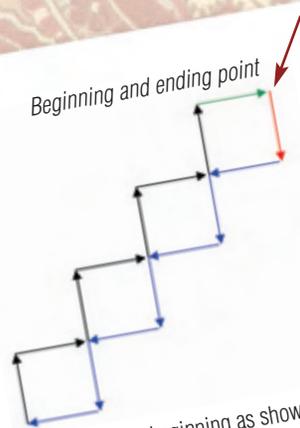


- Engage the following functions:
 - Pattern Repeat 1x (single pattern)
 - Needle Stop Down

- Adjust Motor speed to a slower range – 1/2 to 3/4 speed



- Sew until the machine stops. With the needle in the fabric, use the FHS to raise the presser foot and pivot 90° in the direction indicated in the diagram. The red arrow is the first stitch pattern; continue sewing and pivoting as shown with blue arrows. When you have stitched the length desired, sew back to the beginning as shown with the black arrows; the green arrow is the last stitch pattern.



BORDERS

Once the center motif is created, frame it with other stitches. The sample shown uses a simple multi-motion straight stitch, actually a smocking stitch (#713), but if not available, a triple straight stitch (#6) will work just as well. Add another stitch – choose one of your favorites (I chose #751) – decorate with beads and another great stitch recipe has been created!

The stitch numbers listed are for the *artista* models of BERNINA® machines. If using another current BERNINA® model, consult the new Stitch Conversion Chart available at www.berninausa.com. Go to Sewing Studio > Basic Training > Stitch Conversion Chart.

Stitch Recipe: Elegant Tradition

BY JILL DANKLEFSEN

The tradition of the Entredeux stitch is an important part of the BERNINA® heritage as the founder of the company, Karl Friedrich Gegauf, invented the first Hemstitching machine in 1893. Combine simple piecing, appliqué and a wing needle with the Entredeux stitch to create a recipe that can be applied to many projects including home decorating projects, garments, craft items, and quilts.

ELEGANT TRADITION

DIRECTIONS

1. Cut strips as shown in the diagram (cut width is indicated, length will be as desired).
2. Sew strips together using an 80/12 Microtex, Patchwork Foot #37 and ¼" seams.
3. Place strip section on top of "background" fabric (linen used in the sample). Pin or secure in place using temporary spray adhesive.
4. Stitch in place along the seams and outer edges using a Blanket stitch and Open Embroidery Foot #20/20C. Move the needle position to far right and place the inside edge of the right toe of the foot along the seam. The blanket stitching will be in the perfect place!



5. Frame the piecework with decorative stitches using the width of the presser foot for spacing.
 - a. Attach Clear Embroidery Foot #39/39C.
 - b. Select a decorative stitch as shown or as desired.

- c. Place stabilizer underneath the stitching area to support the decorative stitch.
- d. Insert the 100/16 Wing needle; thread machine with Mettler Poly Sheen Multi.
- e. Select the Entredeux stitch.
- f. Depending on the fabric, you may need stabilizer underneath the Entredeux stitch; stitch samples to determine if your fabric looks better sewn using stabilizer.

STITCH

Machine/Model	Blanket Stitch	Decorative Stitch	Entredeux stitch
ALL <i>artista</i> models	#329 	#403 	#701 
<i>aurora</i> 440QE	#45	#91	#147
<i>aurora</i> 430	#50	#68	#118
<i>activa</i> 240	#41	#50	#76
<i>activa</i> 230PE	#25	#43	#59
<i>activa</i> 220	#28	#30	#41

Note: For a complete listing of stitch numbers for all current BERNINA® models, go to www.bernausa.com > sewing studio > basic training

For a project made with a variation of this Stitch Recipe, see the Serpentine Table Runner on page 34.

SUPPLIES

- Background fabric (at least 8" wide) as desired (natural linen was used for sample). *Note: When working with a Wing needle, select a natural fiber fabric for best results.*
- Fabric strips – "In the Manor" collection by Kaye England for Benartex
- OESD Light Weight Tear-Away stabilizer
- Mettler Poly Sheen Multi – Color #9934
- Mettler 50/3 Silk Finish cotton thread for piecing and blanket stitching
- Patchwork Foot #37
- Open Embroidery Foot #20/20C
- Clear Embroidery Foot #39/39C
- 80/12 Microtex needle
- 100/16 Wing needle

Stitch Recipe: Beaded Garden Flowers

BY JILL DANKLEFSEN

Created on the aurora Anniversary machine, this stitch recipe features the 9mm stitching capability of this machine as well as one of the new cross stitch patterns, Stitch #59. This machine is just perfect for decorative stitch combinations!

SUPPLIES

- Linen/cotton fabric
- Armo® Weft fusible interfacing
- OESD Lightweight Tear-Away stabilizer
- Clear Embroidery Foot #39/39C
- 80/12 Microtex Sharp needle
- 30 weight thread – rayon or cotton (rayon was used in the sample shown)
- Washout marking pen
- Elegance Beads collections in Yellow, Purple, and Rose colorations
- On the Surface – Little Charmers Fancy Beads
- Hand sewing needle

Beaded Garden Flowers

PREPARING THE FABRIC

Fuse interfacing to the wrong side of fabric; place a layer of OESD Lightweight Tear-away stabilizer behind the fabric.

Mark fabric with a center stitching line and "start to stitch" line. The center line indicates where the first row of stitching will be and the horizontal line indicates the beginning of each row.

CREATING THE CENTER STITCH COMBINATION

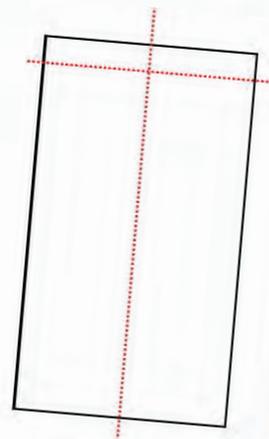
1. On the **aurora** Anniversary Edition, access the memory by pressing the mem button.
2. Access stitch #101 and press mem↔ to enter the stitch in memory.
3. Access stitch #101 again and engage the Left/Right Mirror Image function; touch mem↔.

Your combination is complete. (If you are using a different machine model, refer to your owner's manual for the proper Stitch combination/memory steps.)

STITCHING THE COMBINATION

Insert an 80/12 Microtex sharp needle and attach Clear Embroidery Foot #39/39C.

Stitch the combination, following the marked center line and beginning at the starting line.



Beaded Garden Flowers

Select Stitch #115. Use the stitch as is or adjust as follows: Stitch Width = 6.0mm, Stitch Length = 3.40mm, and move the Needle Position to where it is easiest for you to sew. Sew next to the previous rows of stitching as shown. Select Stitch #65. Mirror image and adjust Needle Position as needed. Stitch next to the previous rows of stitching.

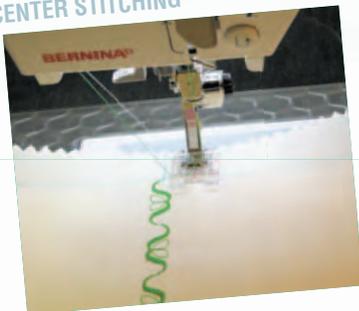
ADDING FINISHING TOUCHES

Remove remaining tear-away stabilizer.

The memory combination at the center of the stitch recipe reminded me of flower leaves, so I applied flower beads from Elegance Beads. Hand stitch in place and watch your stitch garden bloom!

FRAMING THE CENTER STITCHING

Select Stitch #59 and engage the Left/Right Mirror Image function. Align the edge of the presser foot with the right edge of the first stitch combination and move the Needle Position to the far right; stitch.



For the left edge of the stitch combination, disengage the Mirror Image function and move the Needle Position to the far left; stitch.

The following stitches from the **aurora** Anniversary Edition machine are used in this stitch recipe.



To find similar or alternate stitches for your machine model, refer to the Stitch Conversion Chart found on the BERNINA website. (www.berninausa.com > Sewing Studio > Basic Training > Stitch Conversion Chart).



Stitch Recipe: Metro Quilting

BY JILL DANKLEFSEN

Add subtle visual interest to your quilting by using decorative stitches instead of the traditional straight stitch. The wide variety of BERNINA® decorative stitches available are great for quilting, especially when working with the richly patterned Retro Landscape from the Metro Fabric Collection by Benartex. Choose your favorite stitches, machine-quilting thread, attach Walking Foot #50 and you're ready to quilt!

METRO QUILTING

SUPPLIES

- Metro Fabric – Retro Landscape and Parallel Lines – fat quarter of each
- Low-loft batting – fat quarter size
- Backing fabric – fat quarter
- Machine Quilting Thread (YLI #V71 – Rio de Janeiro is shown)
- 80/12 Topstitching needle
- Bead Gravy – Rich Paprika color (#BDGR-4) (optional)
- Elegance Ribbon – Picot Ombré, (optional)
- Walking Foot #50 – use the open sole if available
- BERNINA® Magnifier Set (optional)

Directions

Piece fabrics as desired; the sample shown has two fabrics from the Metro collection: Retro Landscape pieced with Parallel Lines cut on the bias. As an embellishment, the diagonal seam is covered with a bit of Elegance Ribbon to divide the 2 fabric pieces.

Easy Stitching Tips

- “Scale” (adjust stitch length and width) stitches to match the size or scale of the print.
- Engage the Pattern Begin function, if available, when beginning a new row of stitching
- Make pivoting and maneuvering the printed shapes easier by engaging the Needle Stop Down feature, if available
- Use the FHS (Free Hand System), if available, for pivoting and maneuvering around the motifs – remember it speeds your sewing by 20%!
- As you quilt, following the lines of the print fabrics, you may need help - check out the BERNINA® Magnifier set. You'll see things that you've never seen before!

METRO QUILTING

Make a “quilt sandwich” by adding a backing fabric with low-loft batting between the two fabric layers. Insert a topstitching needle. Thread the machine (needle and bobbin) with machine quilting thread.



Attach Walking Foot #50 to the machine. This foot moves the layers of the quilt under the needle at the same rate, keeping the fabric from shifting as you stitch along the gentle curves of the printed design. Note: This is **not** a “straight-stitch only” foot! Use with any stitch on your machine with the exception of Sideways Motion stitches found on top-of-the-line models.

Select stitches as desired and quilt the layers together, following the print of the fabrics. Retro Landscape has great lines to follow and the decorative stitches define the shapes and give

definition to the pattern. Parallel Lines offers a simple layout for repetitive rows of decorative stitching. If you like embellishment touches, add beads as desired using the Bead Gravy assortment.