



Whimsical Wildflowers Quilt

Embroidery and Construction Instructions

OESD's Whimsical Wildflowers Collection #009 and Quilting Whimsy #006 were used to design the blocks used in this fresh, fun, and fanciful quilt. The blocks are designed for the BERNINA 830 Jumbo Hoop, but can be stitched on any embroidery system by using the Multi-Hoop feature to break the design into smaller pieces. Instructions for composing the designs in BERNINA Embroidery Software are included in *Through the Needle ONLINE* Issue 3, available at www.throughtheneedle.com. The nine-block quilt was designed in the Quilter program included with BERNINA Embroidery Software.

By Judy Hahner

Finished size = 45" x 45"

Fabric

Refer to Fabric Legend on page 2 for yardage and cutting instructions for blocks, borders, backing, and binding.

Reference Materials

- ✦ "Double Bind," *Through the Needle Magazine* #22 (print edition), page 24
- ✦ The Quilt Show BERNINA Video "Machine Quilting with Pizzazz" with Nina McVeigh and Susan Beck, July 6, 2008 (www.thequiltshow.com)



Supply List

- ✦ Sewing and embroidery machines
- ✦ BERNINA Embroidery Software 6
- ✦ OESD Whimsical Wildflowers Collection #009
- ✦ OESD Quilting Whimsy Collection #007
- ✦ Jumbo Hoop (or your largest hoop)
- ✦ Master Hooper
- ✦ 65" x 65" square of batting
- ✦ OESD Ultra Clean & Tear Stabilizer, 15" x 10 yards
- ✦ 505 Temporary Adhesive Spray
- ✦ 101 Quilt Basting Spray
- ✦ Isacord Embroidery Thread
- ✦ Superior Threads Bottom Thread for bobbin
- ✦ Masterpiece Quilting Thread
- ✦ Size 80/12 Organ Titanium Embroidery needles
- ✦ Size 75/11 Quilting needles
- ✦ Pinking Shear
- ✦ Edgestitch Foot #10/10C/10D
- ✦ Patchwork Foot #37/37D
- ✦ Patchwork Foot with Guide #57/57D
- ✦ BERNINA Stitch Regulator # 42 OR Freehand Quilting Foot #29/29C
- ✦ Dual Sole Walking Foot #50
- ✦ Binder Attachment #88 with Foot #95C OR Binder Attachment #84 with Foot #94
- ✦ Quilting gloves
- ✦ Supreme Slide
- ✦ Nifty Notions Binding Clips
- ✦ Brass quilting pins
- ✦ Point turner
- ✦ Rotary cutter, mat, and ruler
- ✦ Iron and ironing surface
- ✦ Mary Ellen's Best Pressed starch alternative



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Fabric Yardage & Cutting Chart

Benartex Fabric Collection, Style #, Color	Cutting Instructions
Blocks	
Arianna 2 yards Sponge, style #0258597B	Cut five 15" x 22" rectangles Cut four 6½" x 6½" squares
Arianna ¾ yard Sponge, Pale Gold, #0259531B	Cut twelve 6½" x 6½" squares Plus one 5" x 5" square for flower appliqué
Brooklyn Heights 1 yard Line Texture, Turquoise, #0447486B	Cut four 4" x 4" squares
Inner Border	
Brooklyn Heights: ¼ yard Line Texture, Turquoise, #0447486B	Cut five 1½" x (width of fabric) strips
Outer Border	
Arianna 2 yards Damask Trellis, #259187B	Cut six 4½" x (width of fabric) strips
Binding	
Brooklyn Heights ½ yard Line Texture, Turquoise, #0447486B	Cut six 2½" x (width of fabric) strips (see page 7)
Brooklyn Heights ¾ yard Line Texture, Citron, #0447542B	Cut bias strips 1⅛" wide (see page 7)
Backing	
Arianna 3 yards Sunburst Olive, Gold, #0259343B	

Benartex Arienne



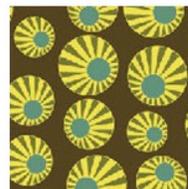
Sponge Cream
Item #: 0259507B



Sponge Pale Gold
Item #: 0259531B

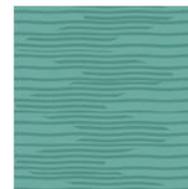


Damask Trellis
Cream/Turquoise
Item #: 0259187B



Sunburst Olive Gold
Item #: 0259343B

Benartex Brooklyn Heights



Line Texture Turquoise
Item #: 0447586B



Line Texture Citron
Item #: 0447542B

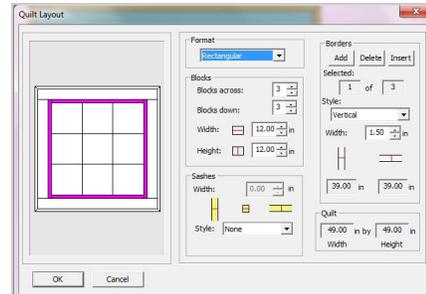


Whimsical Wildflowers Quilt

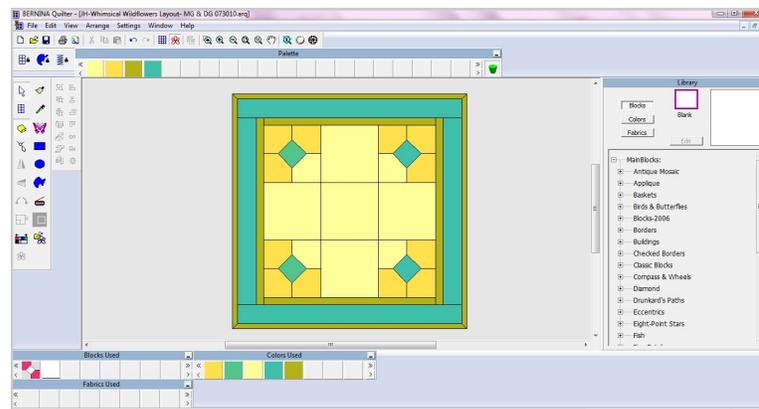
Embroidery and Construction Instructions

Design the Quilt

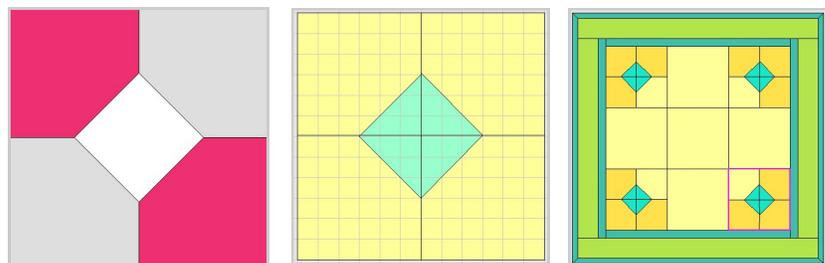
- ✦ Open the BERNINA Embroidery Software.
- ✦ Click on the Quilter icon.
- ✦ Select the Quilt Layout tool; select
 - ◇ Rectangular layout
 - ◇ 3 blocks across, 3 blocks down
 - ◇ Block size = 12"
 - ◇ Inner border > Horizontal > 1.5"
 - ◇ Outer border > Horizontal > 4"
 - ◇ Outer border (representing the binding) = 1"



- ✦ Select the Library icon.
- ✦ Select Block Library > Simple Blocks > Bow Tie.
- ✦ Select the Paintbrush tool. Click inside each block to fill them one at a time, or hold down the Control key (Ctrl) and click in an empty block to fill all the blocks at one time.
- ✦ Select Color Library > Light Colors. Add a light cream and a pale yellow to the Palette by clicking on a color and selecting To Palette.
- ✦ Select Mid Colors. Add a turquoise and a bright green (for the border) to the Palette.
- ✦ Select the Paintbrush tool. Select a color from the Palette and click inside a quilt piece to assign the color. Repeat for all blocks.
- ✦ Save the file as Whimsical Wildflowers.ARQ.



Note: The center on-point square of the bow tie blocks will be pieced as a triangle unit. The Block Editor feature of DesignerPlus 6 allows editing and drawing of blocks.





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Embroidery and Construction Instructions

Embroider the Blocks

The large square blocks are embroidered prior to piecing the top together. Once embroidered, they are trimmed to size.

The Bow Tie corners are pieced before embroidering to provide an area large enough to embroider.

Large Square Blocks

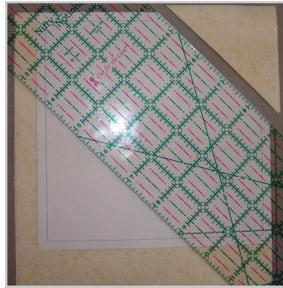
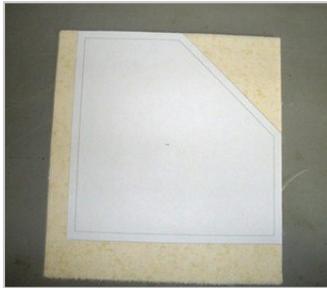
- Paisley Wildflower in Pot*
- Three Potted Posies*
- Wildflower Wreath*
- Paisley Medallion*
- Paisley Flower Medallion*

- ✦ Layer batting under a 15" x 22" rectangle of cream fabric. Hoop with two layers of Ultra Clean & Tear stabilizer, adhering the layers with 505 Temporary Adhesive Spray.
- ✦ Embroider the blocks using the Jumbo Hoop or split the blocks and embroider them in the Mega or Large Oval Hoops.
- ✦ On the BERNINA 830, select the Color Resequence icon to combine some of the color changes.
- ✦ Select the Basting option and baste around the perimeter of the embroidery design.
- ✦ Stitch one of the five large blocks.
- ✦ Repeat for the remaining large blocks.
- ✦ Trim the completed blocks to 12½" x 12½" squares.

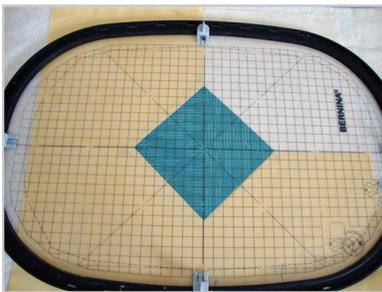


Bow Tie Corner Blocks 1-4

- ✦ Print the quilt block templates from the Quilter program for cutting the components of the Bow Tie Blocks.
- ✦ Piece the Bow Tie blocks together using Patchwork Foot #37/37D or Patchwork Foot with Guide #57/57D.



- ✦ Layer batting under the pieced blocks. Hoop with two layers of Ultra Clean & Tear stabilizer, adhering the layers with 505 Temporary Adhesive Spray. Use the printed templates as an aid in hooping the blocks.
- ✦ Embroider the blocks using the Jumbo Hoop or split the blocks and embroider them in the Mega or Large Oval Hoops.
- ✦ On the BERNINA 830, select the Color Resequene icon to combine some of the color changes.
- ✦ Select the Basting option and baste around the perimeter of the embroidery design.
- ✦ Stitch one of the four corner blocks.



- ✦ Repeat for the remaining corner blocks.
- ✦ Trim the completed blocks to 12½" x 12½" squares.



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Embroidery and Construction Instructions

Assemble the Quilt Top

When all nine blocks are pieced and embroidered it is time to piece the top.

- ✦ Stitch the blocks together right sides together, using the photo on page 1 as a guide. Assemble the rows first, then join the rows together to form a large square. On the BERNINA 830 use Patchwork Foot with Guide #57D and engage the BERNINA Dual Feed feature. On other models use Walking Foot #50. Press the seam allowances open.



Add the Borders

- ✦ Stitch the inner border strips to the outer border strips. Press the seam allowances open.
- ✦ Cut batting pieces for the border, larger than the seamed border units. Spray the batting with 101 Quilt Basting Spray and lay the borders wrong side down on the batting.
- ✦ Sew the top and bottom borders to the quilt top, right sides together, using Patchwork Foot #57/57D and a ¼" seam allowance. Press seam allowances open. Trim the border ends if necessary.
- ✦ Sew the side borders to the quilt top, right sides together. Press seam allowances open. Trim the border ends if necessary.

Tip: To achieve a quilt top that lays flat, always measure the length needed for the borders by folding the quilt in half and measuring through the center of the quilt to determine the lengths of the horizontal and vertical borders.

Quilt the Layers

- ✦ Make a "quilt sandwich," layering the batting between the pieced top and the backing, wrong sides to the batting. Adhere the layers using 101 Quilt Basting Spray and a few safety pins.
- ✦ Thread the sewing machine with Masterpiece Quilting Thread in the needle and bobbin. Attach Walking Foot #50 and stitch-in-the-ditch of the seams to quilt the layers together.
- ✦ Add some free-motion quilting using BERNINA Stitch Regulator #42 or Freehand Quilting Foot #29/29C. The BERNINA 830 will automatically lower the feed dog when the BERNINA Stitch Regulator is attached; for all other models, manually lower the feed dog for free-motion work. Quilt as desired.
- ✦ Square the quilt before adding the binding.





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Bind the Quilt

The binding is created using a simple double-binding technique that adds an accent of color to the quilt binding and leave people wondering “How did they do that?”

- ✦ Cut six 2½" x (width of fabric) strips on the crosswise grain – enough to bind all four sides of the quilt, plus extra for mitering the corners, plus about 10". Join the strips together end to end with diagonal seams and press the seam allowances to one side. Note: The diagonal seams reduce the bulk of the binding at the seamlines.
- ✦ Fold the bias strip in half lengthwise; press and starch.
- ✦ Prepare the accent fabric by pressing and starching. Cut 1⅛"-wide bias strips from the starched fabric; cut enough to match the length of the binding strip. Join the strips together with diagonal seams. Trim the seam allowances with pinking shears to reduce the bulk.
- ✦ Attach the Binder Attachment and Foot to the machine.
- ✦ Cut one end of the bias accent on the diagonal and feed it into the binding attachment. Pull it through to the back of the foot, then take a few stitches to get started. Check to see if the needle is stitching through both folds; it may be necessary to move the needle position 2-3 steps to the right and adjust the stitch length.
- ✦ Feed the folded edge of the binding strip inside the folded accent strip. Stitch, attaching the bias accent to the folded edge of the binding.
- ✦ Attach Walking Foot #50 to the machine. (Return the needle to the center position.)
- ✦ Stitch the accented binding strip to the outer edges of the wrong side of the quilt, mitering the corners. Press the binding away from the quilt, then fold it over the edge of the quilt to the front.
- ✦ Attach Edgestitch Foot #10/10C/10D to the machine. Move the needle 2 steps to the right.
- ✦ Stitching along the inside folded edge, sew the binding to the quilt.



Tip: Try a decorative stitch for an additional accent when attaching binding to the front of a quilt.

- ✦ If desired, add a sleeve for hanging. Don't forget to add a quilt label!