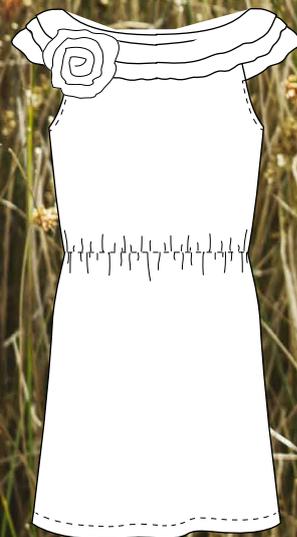


BERNINA
530

Sewing instructions



Summer dress with a flower brooch

Sizes 34 - 42

Ingredients:

- 1.30 m satin fabric, blue (150 cm wide)
- 0.70 - 0.80 m fine netting/mesh fabric (90 cm wide)
- Various satin fabrics and chiffons for the flower
- 2 m elastic thread
- Remnant of firm fusible interfacing
- Jewelry pin back
- Blue feathers for the flower and belt
- Sewing thread to match the fabric
- BERNINA 530
- Walking Foot #50 with triple soles
- Braiding Foot #21

Recommended fabric: Crepe-back Satin fabric or other gently draping material

Cutting:

Seam allowances: 1.5 cm for the seams, 4 cm for the hem. Cut the flower and belt without seam allowances.

Blue satin fabric:

- 1 1 x front piece on the fold
- 2 1 x back piece on the fold
- 3 2 x sleeves
2 x bias tape for the armhole, 4.5 x 20 - 25 cm (including seam allowance)
1 x bias tape for the neck rounding, 4.5 x 80 - 90 cm (including seam allowance)

Dark blue mesh fabric:

The bottom edges are not finished so no hem allowance is necessary.

- 4 2 x mid-length sleeves
- 5 2 x short sleeves
- 6 1 x front long yoke on the fold
- 7 1 x back long yoke on the fold
- 8 1 x front short yoke on the fold
- 9 1 x back short yoke on the fold

Different blue and green fabrics:

- Cut 12 cm wide strips across the width of the fabric for the flower. Cut these lengthwise in the middle in a wave-like manner.
- In the same manner as for the flower, cut a strip from one of the finer materials (e.g. chiffon) for the ruffles at the neckline.
- Cut a circle with a diameter of 10 cm from one of the sturdy materials for the base of the flower.
- Cut four 2 cm wide strips across the width of the fabric for the belt.

Instructions:

Sew in the sleeves, side seams:

1. Finish the lower edges of the satin sleeves with Vari-Overlock Stitch #3 using Overlock Foot #2. Turn under for a narrow hem and stitch in place. (Alternatively: Using a BERNINA Serger, serge a rolled hem finish.)
2. Lay the mesh sleeves flush on the upper edge of the satin sleeves and machine baste the layers together. Similarly, lay the mesh fabrics for the front and back neckline edge on top of each other and machine baste the layers together.
3. Sew the sleeves to the front and back piece and at the same time sew in the mesh fabric. Close the side seams.

Neck rounding:

1. Lay the chiffon strips (or other fine fabric strips) for the neckline on top of each other and gather into a 30 cm long ruffled strip. Stitch this to the left neckline edge. From the bias tape for the neckline, turn under the seam allowance at the short ends and top-stitch in place. With the right sides together, sew the bias tape to the neckline. Turn back the bias tape to the wrong side of the garment along the stitching line enclosing the seam allowance. Top-stitch the bias tape in place moving the mesh fabric upward and only sewing the bias tape to the satin fabric so that the seam is not visible from the front. (If needed, run elastic thread through the neck binding to create a closer fit.)
2. With the right sides together, sew the bias tape to the lower armholes. Turn back the bias tape to the wrong side of the garment along the stitching line enclosing the seam allowance. Top-stitch in place.
3. Sew the elastic thread into the waistline using the Braiding Foot #21 and the Universal Stitch. Adjust the elastic to size and tie the elastic at an appropriate length.
4. Seam the dress.

Flower brooch:

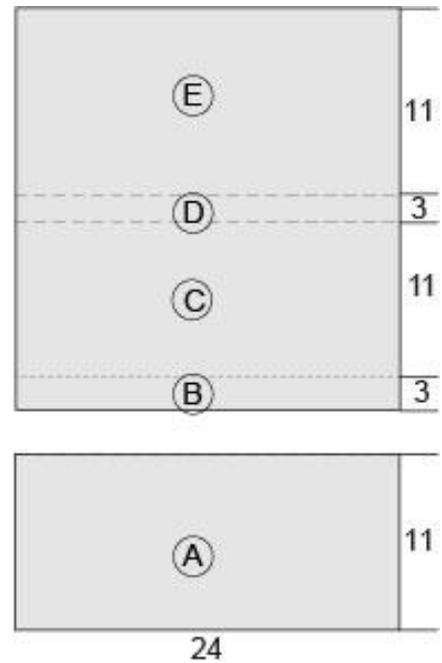
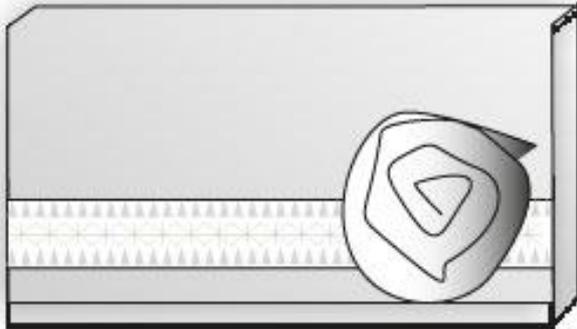
1. For the flower, fold each fabric strip in half lengthwise (wrong sides together) and sew the edges together using the longest stitch length. Gather each strip by gently pulling the lower (bobbin) thread, adjusting the gathers to produce a uniform ruffled strip.
2. Combine all of the strips spirally into a flower and adjust until it reaches a diameter of approximately 13 cm. Sew the strips to the back piece by hand. Slide the feathers between the fabric layers and sew together or secure with some glue.
3. Fuse the circle for the base with a firm fusible interfacing. Turn the fused circle base under 1 cm all around and top-stitch in place. Sew the circle onto the jewelry pin back in the upper area.

Belt:

1. Knot the 4 strips together at one end and braid into a long band to achieve a double-wrap belt. If needed for length, braid a second set of strips weaving the ends into the first set of strips.
2. Make knots at the desired length and let the strips hang loosely.
3. Sew some feathers to the ends.

Ruffled Clutch

Size 24 x 11 x 3 cm



Ingredients:

- 0.5 m satin fabric, blue (150 cm wide)
- Remnants of dark blue netting/mesh and dark blue silk fabric for ornamental strips
- Various green, purple and blue fabrics for flowers
- 2 magnetic closures
- Fusible fleece
- Pelmet insert such as FiberForm by OESD
- Cut-away embroidery stabilizer (e.g. from OESD)
- Spray adhesive
- Sewing thread to match the fabric
- Embroidery thread in various colors
- BERNINA 530
- Clear Foot #34

Recommended fabric: Satin fabric or material that is somewhat sturdy

Cutting: Cut pelmet insert for the lining around 3mm smaller.

Cut:

Seam allowances are not included and must be added.

- A: Flap
- B: Cover
- C: Back
- D: Base
- E: Underlay

Satin fabric:

1 x flap 24 x 11 cm

1 x back with underlay 24 x 28 cm

2 side parts 3 x 22 cm

Mesh and dark blue silk:

1 rectangle for ornamental strips 24 x 4 cm in

Lining:

1 x rectangle 24 x 39 cm

Cut inside pockets at your own discretion and preference.

Fusible Fleece and Pelmet Inserts:

Cut the back with underlay and flap additionally from the fusible fleece. Cut the lining from the pelmet insert (around 3 mm smaller than the tailored lining).

Instructions:

Iron the inserts:

Fuse the lining with the pelmet insert and fuse the back and underlay with the fusible fleece.

Sew on the ornamental strips:

1. Lay the mesh strips on the silk fabric. Spray the embroidery stabilizer with a small amount of spray adhesive and place under both fabric layers. Decorate the strips lengthwise with ornamental stitches in various colors. Turn under the seam allowances lengthwise.
2. Stitch on the strips 2 cm from the lower flap bottom lengthwise using an edge-stitch.

Sew together the outside pocket and lining:

1. Sew and top-stitch the flap to the back. Attach the magnetic closures into the lining part approximately 2 cm from the corners of the flap. If desired, stitch on the inside pocket. With right sides together, stitch the lining to the clutch unit sewing the sides and flap edge. Leave the underlay edge open. Turn right side out.
2. Fold the side pieces laterally along the fold lines and stitch the sides together. Tuck in the bottom edge and sew the bottom of the side pieces to the clutch bottom. Determine the location for the other half of the magnetic closures and attach them. Turn in the open upper edges of the underlay and edge-stitch them together from the right side.

Frilly flower:

See instructions for summer dress. Place the flowers on the ornamental strips and sew them on by hand.