

# Texture and Railroad Tracks

## Project Tailor Tack Foot #7



### Materials List

- 25cm (10") of Home Furnishing Fabric or similar fabric.
- 25cm (10") of interfacing (not need if the fabric is very firm).
- 1 x Cushion Insert 35cm x 55cm (14' x 21" )
- Thread to match fabric (construction thread)
- 1 x (Large) Variegated Decorative Embroidery thread contrasting with the fabric.
- 1x Plain Decorative Embroidery thread
- 18" Zipper to match fabric
- Bernina Feet #1,7,40C,5
- Pencil or Chalk, Quilters Ruler, Rotary Cutter, and Board.

### Texture,Texture,Texture.

The Tailor Tack foot was originally designed to eliminate the tedious job of marking seam lines and darts onto pattern pieces of garments.

The foot #7 has a ¼" tall metal ridge in the centre of the foot which allows, with the help of a zigzag stitch, to form, loops on the top of the fabric. By Making slight variations to the machine settings you can create Surface Texture and some fun ladder stitches that can be use in many different ways.

### Method

#### Cushion Front

Cut from the fabric a rectangle approx. 41cm x 61 (16" x 24") This allows for the reduction of fabric after the surface texture has been completed. Crease a line down the centre front. Draw a line 9cm (3 1/2") either side of the centre front. Draw the next line 1.5cm (1/2") from that exciting line. Draw the next line 5cm (2") and another line 4cm (1 1/2") from that previous line as per the diagram. 1.

#### Creating Texture on the Front of the Cushion.

Thread the machine with Variegated thread, plain coloured thread on the bobbin. Select the presser foot icon on the machine (if applicable) #7.

Diagram 1

Finished Cushion size 35cm x 55cm (14" x 21")

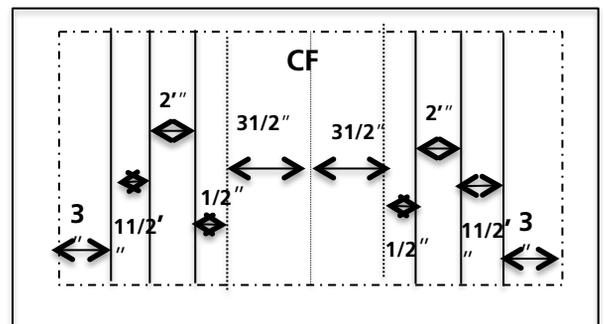


Diagram 2



### Machine Setting

Select stitch #15 or #1363: or select a stitch that will lock off both sides of the stitch. This will make the Looping more stable.

**Note:** Please check that the stitch you select does not stitch into the centre but swings over the bar of the #7 foot.

Other stitches that can be used are 429,742,753.

### Machine Settings

Stitch Width approx. 5mm  
Stich Length 1.

On each of the side of the centre front, stitch the rows of loops, adjusting the length and width to what is pleasing to your eye. Continue until all the area is fill with wonderful textured loops.

### The unique ladder stitch with foot #7.

Using the next line (1/2") from the Texture loops.

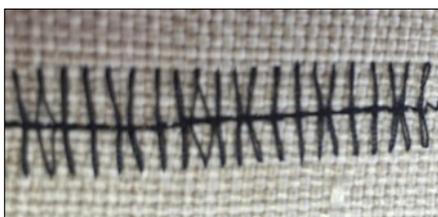
### Machine set up

Top and Bobbin thread – Plain coloured thread  
Presser Foot #7  
Stitch #2 Zig Zag.  
Stitch Width - 4.8  
Stich length - 1.5

Fold the fabric wrong sides together. Place the fold of the fabric under the inside leg of the presser foot. While stitching, guide the fabric along the fold, making sure to stitch on the fabric as this will produce a 3D effect when the fabric is pressed flat. Carefully release the thread off the foot and tie off. Press open! you have a fantastic ladder stitch.

### Diagram 5

If you wish to add your own touch, try stitching down the centre of the ladder stitch with one of the triple straight stitches #6. This bundles the stitches together and give you a different look.



Complete all four ladder lines on each side of the cushion front.



Diagram 3 Texture fabric



Diagram 4  
Place the fold of the fabric under the inside leg of the presser foot

### Diagram 5

The Unique Ladder stitch with foot #7.



### Diagram 6

#### Creating the Double Zigzag Stitching either side of the 1 1/2" line.

Thread colour same as previously

#### The Machine set up

Select stitch #2 Zigzag

Stitch width 3

Stitch Length 1.50

Fold the fabric with the wrong sides together to create the double row of stitching. Place the fold of the fabric under the presser foot guiding the fold along the inside leg of the presser foot. Carefully release the thread and tie off. Press and flatten out the fabric, now you have two rows of zigzag stitching.

Diagram 6



Double stitching with foot #7

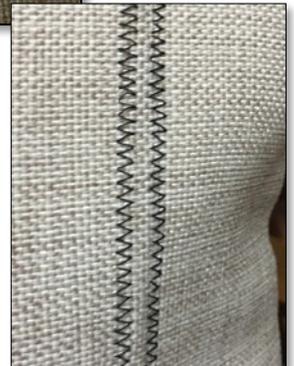


Diagram 7



### Diagram 7

Decorative Stitch - #512

Change the presser foot to #40 or #39  
Stitch between the ladders in the 5cm (2") space.

Note: I have used one of the directional feed stitches.

How ever, use a stitch that is pleasing to your eye from your embroidery stitches.



### Finishing

#### Front of Cushion

Measure and mark 35cm x 55cm (14" x 16") finished size of cushion onto the front of the cushion add 6mm (1/4") seam allowance to all sides.

#### Machine Setup

##### Presser foot #1C or 1D

Select Straight Stitch

Polyester thread to match the fabric.

Change the presser foot to 1C or 1D.

Sew around the entire area with a small zigzag stitch, just outside the marked line.

This will stabilise the front cushion decorative work.

Cut away any excess fabric.

### Back of Cushion

Cut one back top section of the cushions 16cm x 54.5cm (6 1/4" x 21 1/2")  
Add 6mm (1/4") seam allowance and 2.5cm (1") where the zipper will be inserted).

Cut one lower back section 26cm x 54.5cm (10 1/4" x 21 1/2"). Add 6mm (1/4") seam allowance and 2.5cm (1") where the zipper will be inserted.

Mark the fabric top and lower section.

### Inserting the Zipper

There are many different way to insert a zipper into a cushion. I like the look of a lap zipper.

### Method

Fold down the 2.5cm (1") seam allowance on both the top and lower sections of the back. Press across the length, this is where the zipper will sit.

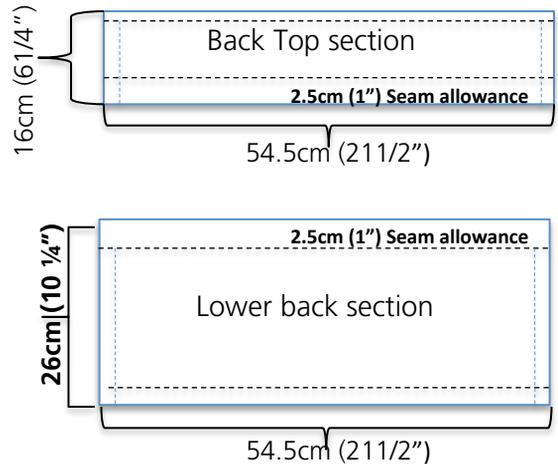
Place the zipper evenly over this area of the cushion. Mark the start and end point of the zipper on the wrong side of the fabric. With the right sides together, stitch the lower edge of the top section and the top edge of the lower section together from the raw edge up until the marked starting point of the zipper. Stich from the ending point of the zipper to the raw edge.

### Machine set up

Zipper Foot #4 (remember to change the needle position).

Open out the 2.5cm (1") seam allowance on the right hand side of the lower section and stitch the zipper teeth in place along fold line. Only catch the seam allowance . Move zipper head out of the way if necessary.

On the upper section, stitch the opposite side of the zipper tape to the seam allowance. Slightly overlap the lower zipper teeth and stitch the lap into place. I find the seam guide very helpful for this application.



### Assembling the Cushion

Change to presser foot #1 or #1D  
With right sides together, place the front and back together. Trim off any excess fabric,

Straight stitch around the entire cushion.

**Note:** remembering to pull the zipper head to the centre so that you can turn through the cushion.

Overlock all raw edges.

Turn through and insert the cushion filler.

