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## Be My Valentine



## Method

Roses are **RED**, **BERNINA** is too. I LOVE my BERNINA How about you!



- 1 x second hand men's shirt
- Wire
- Florist tape
- Hand sewing needle
- Thread to match
- Quick unpick
- Green organza or florist leaves
- Sewing machine
- Zipper foot #4
- Open toe embroidery foot #20 to create leaves
- 2 x pieces of green organza
- Green thread to match
- Darning Foot #9
- Applique Foot #6
- Thin wire



- No matter what colour shirt you choose, your rose will look amazing.
- Unpick the collar and detach it from the shirt.
- Thread up machine with matching thread.
- Attach foot #20 and move needle position to far left.
- Stitch collar together along the same stitching line that was unpicked.

• Sew another row of stitching, this time making a pleat approx. every 3cm.





- Attach foot #4
- Fold the left point of the collar on a diagonal



- Insert the wire along folded edge
- With needle position still in the far left position, stitch as close to the wire as possible.





• Trim away excess fabric but keep for later



- Thread up hand sewing needle with thread.
- Start wrapping the collar around the stem to create the bud.
- Hand stitch the base of the collar as you go.
- Continue wrapping and stitching till you get to the end.
- Secure thread.





- For the leaves, you can either use ones purchased from a florist supplier or you can create your own out of two layers of green organza and a piece of wash away stabilizer.
- Draw the leaf design onto your wash away with a pencil. Set machine for free motion.
- Straight stitch, drop feed dogs and attach Foot # 9
- Free motion along the drawn lines several times over for strength and texture.
- Trim away excess fabric.
- Soak in water to remove wash away.
- Leave it to dry on a towel.

Attaching Wire

- Attach Foot #6
- Insert fine wire through hole in the centre of the foot.
- Set machine for fine zig-zag
- Attach wire down the centre of the main leaf to give body.
- Place leaf into position and wrap base of rose with florist tape. Continue all the way down the stem.



- You can fold back the edges of the rose for a softer look.
- Buds can also be created using the point of the collar that was cut off at the beginning.
- Create bud the same way as you did with the rose.
- Present this memorable keepsake to someone you love.











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Use white letters on black shreds

Pins and shred are grouped. Ungroup to move pins.









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